# Вариант 4

Прочитайте текст вслух.

У вас есть **полторы минуты** на подготовку и **полторы минуты**, чтобы прочитать текст вслух.

The earth's soil is home to large populations of natural agents that help promote the environment. While mushrooms have the ability to support Mother Nature, they are also capable of promoting our own health, from helping strengthen our immune system to preventing some diseases. One study showed that substituting red meat with mushrooms may support a healthy weight. So, adding more mushrooms to your diet may help improve diet quality.

What is more, many medications are derived from mushrooms. Studies show that mushrooms have cancer-fighting properties.

At the same time, not all mushrooms may be good for our health. Some species are toxic and can cause serious health problems. We should avoid eating these harmful varieties of mushrooms at all costs.

# Start speaking

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Выберите фотографию и опишите человека на ней. У вас есть полторы минуты на подготовку и не более двух минут для ответа. У вас должен получиться связный рассказ (7–8 предложений).

#### План ответа поможет вам:

- the place
- the action
- the person's appearance
- whether you like the picture or not
- why

**Choose a photo** 

Start with: "I'd like to describe picture № .... The picture shows ..."







Photo 2



Photo 3

План ответа поможет вам:

- the place
- the action
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Photo 1

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Photo 3