## **TOPIC:**

For personal injury first aid in case of burns and frostbite injuries

## PLAN

- 1 First aid. First aid methods.
- 2. first aid ofchilblain
- 3. medical care at the time of the first call of burn

- First aid sudden danger to life or health of a person in order to save his life or simple measures to reduce the harmful effects of the accident.
- Among the various accident injuries, fractures, dislocation, poisoning, drowning, burns, frostbite, electric shock, etc. .

## BASIC FIRST AID MEASURES:

•апатқа түскен адамды апат әсерінен құтқару (өрттен, судан шығару);

•апаттың зиянды әсерін тоқтату (адамды жылыту, иіс тисе таза ауа жұтқызу);

•қан тоқтату, жараны байлау, сынған аяқтың немесе қолдың қозғалысын тежеу;

• жасанды дем алдыру, жүрекке жабық массаж жасау, апатқа түскен адамды тезірек емдеу мекемесіне жеткізу немесе жедел медициналық көмек көрсететін дәрігерлер тобын шақыру.

The incidence of tissue damage due to the low temperature of the body in some part of the damage (to burn). Mostly incidence of frostbite during the cold winter ambient temperature -10oS - -20o C. In the spring and fall when the air temperature is below zero for a long time, especially when the weather is very humid and strong winds will be exposed to frostbite. The

That burns hot liquids, acid-alkali, flame radiation hot overheated breakthrough products, electric shock or under the influence of electromagnetic radiation on the skin and the underlying tissues of the human body have a harmful activity. With a temperature of 50 ° C makes the skin burns after 5 minutes.

## precautions

Do not burn in many cases can be prevented in advance. create urindirmawdiñ special measures for children in this situation:

- rebuke closer to the fire of small children;
- candles, matches and keep it away from the eyes of a child.
- The heat in the pan, with a October may not be accessible to the child's ears.