

Use Less Stuff!

ELIMINATE WASTE & PROTECT THE ENVIRONMENT





Environmental protection

Environment - how can you help protect
it?



Choose to reuse

1. Think about how you can reuse something before you throw it away.
2. Don't throw away empty jars and bottles; rinse (прополоскать) them out and use them to store other things.



Step into a smaller carbon footprint
one leg at a time

Turn it down or switch it off

1. Always switch off the lights when you leave an empty room.
2. Turn down the heating and put on warmer clothes if you are cold.
3. Use light bulbs (лампа) that save energy.



Save on paper

1. Try to cut down on the amount of paper you use.
2. Use both sides of the paper and then recycle it.
3. Remember that telephone calls and email messages don't create paper waste.



Get others involved

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Help Save the Environment
&
thanks for your attention

