



Exchange Program 2018 Republic of Macedonia

WELCOME MESSAGE – Macedonian Medical Student's Association

Dear students and young doctors, we are more then happy to welcome you in our beautiful and small but rich with heritage and history land, Macedonia.

We are looking for bright, open minded, flexible young people who are willing to move outside their comfort zones and who want to learn about the world and themselves and in meantime learn more about medicine on one new level with our wonderful mentors.

Being an exchange student in a challenging, rewarding and fun experience. You will not be a tourist, nor a normal guest, you will become a member of our warm and welcoming family and you will feel like a member of the community



Exchange Program 2018 Republic of Macedonia

We would like to invite you to the Macedonia summer exchange 2018 – Skopje and Ohrid

Exchanges are one of our most important activities. The National Exchange Officer is the one responsible for the exchange program and fulfill one of the most essential tasks in order to provide every student with the best possible exchange experience!

In order to get connected and meet personally, work together to solve common problems and develop our programs even further and to honor the hard work you all do and have fun together, we made step forward and went on next step only for one aim: THE BEST EXCHANGE EVER!

We are really looking forward to connect all levels of exchanges from the international to the local level, get to know to everyone of you, work with you for a better learning and fun of course and experience the IFMSA spirit together!



Exchange Program 2017 Useful info and contact

Macedonian Medical Student's Association – www.mmsa.mk
Association of Young Doctors of Macedonia – www.asml.org.mk
Address: Ulica Vodnjanska 17, 1000 Skopje – Center

Facebook fan-page: https://www.facebook.com/mmsaofficial/

E-mail: neo macedonia@yahoo.com

National Exchange Officer e-mail:

Contact person & National Exchange Officer: Sonja Grazdani

Telephone number: +389 70 000 111

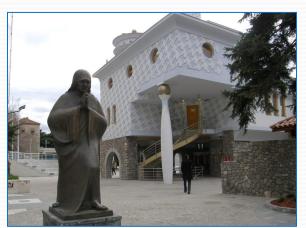
WELCOME TO MACEDONIA



- BIBLICAL LAND
- HOMELAND OF MOTHER TERESA & ALEXANDER THE GREAT
- OLDEST SURVIVING NAME OF A COUNTRY IN EUROPE
- BIRTHPLACE OF THE "CYRILLIC" ALPHABET







Homeland of Saint Mother Teresa

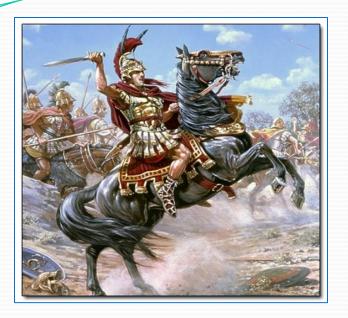
Skopje, the capital city of Macedonia is the birthplace of the famous Mother Teresa which is now officially a saint!

August 26th, 1910, Mother Teresa was born in Skopje and after having lived in Macedonia until the age of 18, she moved to Ireland and India where she lived most of her life. She began the mission of charity further on.

In the downtown of the capital, a memorial house (modern museum) is built to honor her work and the museum is designed to look the same as the place where she was living. Her clothes, notes and personal belongings are all located in the museum.

Distance from dormitory: 1 kilometer, 7-8 minute walk

Cost of ticket to museum: FREE





Alexander the Great & Macedonian Empire

The downtown and the city center of Skopje, is flourished with the beauty of the fountain and monument of the greatest warrior in the world's history, **Alexander the Great** of Macedonia.

Alexander is the only one warrior that never lost a battle, but unfortunately dies due to sickness. The Macedonian Empire is the second largest empire in the history of the world, starting from the Balkan region through the Middle-east and all the way to India and Asia with conquered lands in Egypt and other parts of Africa.

Distance from dormitory: 1 kilometer Fountain show every night.





CYRILLIC ALPHABET

The **Cyrillic Alphabet** is one of the 5 world alphabets (Latin, Greek, Chinese, Arabic, Cyrillic). Today, the Cyrillic alphabet is used by more then 400 million people including a big countries like Russia, Ukraine, Belarus, to countries like Macedonia, Serbia, Bulgaria and others.

The origins of this alphabet come from the city of Ohrid made and created by the famous Ss. Cyril and Methodius. Therefore, the city of Ohrid is the birthplace of the Cyrillic alphabet.

Distance from Skopje: 176 kilometers

Hours of travel by bus: 2,5 hours

Cost of return ticket: 9,5 euro

Biblical Land



Macedonia is the oldest surviving name of a country in the region of Europe. The name Macedonia is mentioned many times in the bible and is one of the few existing countries today that dates since the early biblical era. Macedonia has some of the first Christian Churches in Europe.

With more than 4000 archeological sites, Macedonia is one of the best destinations for history lovers.

Distance from Skopje: 176 kilometers

Hours of travel by bus: 2,5 hours

Cost of return ticket: 9,5 euro

MORE INFO ABOUT Macedonia, the cities, tourist guide, social program and other will be available at the end of the presentation





EXCHANGE PROGRAM 2018





SCOPE Professional Exchange

SCORE
Research Exchange

Working Conditions

The working conditions in Republic of Macedonia are suitable for all international students. The program is done only on English language and a good knowledge of the English language is required.

The Clerkship type is both Clinical and Pre-Clinical. The duration of our clerkship is 4 weeks. Working hours are 6 hours per day, but upon request you can extend or shorten the time of your stay in the Hospital.



The program includes clerkship from Monday to Friday, but also upon request, with our help and contacts, we can extend your clerkship for the weekends also. 24 hour shifts are also available if you are interested.

Working Conditions



The dress code is casual and in the hospital you will need to bring you White Coat and Stethoscope. Also, surgical scrubs/clothes can be useful if the department has a surgical field of work included. All other items can be found and borrowed from the hospital.

For obtaining a certificate, a minimum 80% attendance of the clerkship is required.

Clerkship duration: 4 weeks

Hours a day: 6 hours Days per week: 5 days Nightshifts: available

Notes: any other thing like free time or re-scheduling practice can be modified with your mentors.



University and Clinical Center



University: "Ss. Cyril and Methodius" - Republic of Macedonia

Web-page: <u>www.ukim.edu.mk</u> – English version available

Clinical Center & Faculty of Medicine – Skopje: www.medf.ukim.edu.mk

University and Clinical Center



The University of "Ss. Cyril and Methodius" is the biggest University in Republic of Macedonia and one of the highest ranked Universities in the Balkan Region. It offers the student's the best of educational potential of our country.

Our clerkship is done in the clinics and the faculties under the University of "Ss. Cyril and Methodius". Those clinics include the "Mother Teresa" Clinical Center in the city center of Skopje, less than 1 kilometer from the downtown and less than 2 km or 10 minutes walk from the dormitories.









General info

Pocket money and meals: Not available.

Boarding: Hospital, Flats, Students' Dormitory

The Hospital boarding is only available in Ohrid. In Skopje, we offer either Student dormitories or private apartments in the city center with maximum of 2 kilometer distance (10 minutes walk) from the Clinical Center of the clerkship.

We accept couple, group of friends, people with disabilities and all other wishes but we need to be informed on time.

For VISA issues, we do offer a **notary stamp** invitation letter which is a 99% guarantee for your visa approval if you need one.

Available cities

1. SKOPJE – 350€

available spots – 15 in July, 15 in August

• 2.OHRID - 350€

available spots – 10 in July, 10 in August

3. BITOLA - 300€

available spots – 5 in July, 5 in August

Prices

CITIES	Early applying – till 1 st April	Late applying – till 31 st May
SKOPJE	350€	450€
OHRID	350€	450€
BITOLA	300€	400€

Departments availability



- Allergy and Clinical Immunology
- Immunology
- Anesthesia
- Infectious diseases

Departments availability



- Ambulatory care and prevention
- Emergency medicine

- Intensive and Critical care
- Primary care



Departments availability - SURGERY



- Surgery-Cardiothoracic Surgery
- Surgery-Cardiovascular Surgery
- Surgery-Gastrointestinal Surgery
- Surgery-General
- Surgery-Hand Surgery
- Surgery-Head and Neck Surgery



Departments availability - SURGERY



- Surgery-Neurosurgery
- Surgery-Orthopedics
- Surgery-Plastic Surgery
- Surgery-Thoracic Surgery
- Surgery-Transplantation Surgery
- Surgery-Vascular Surgery
- Traumatology

Departments availability – INTERNAL MEDICINE



TEK JIKA

- Internal Medicine-Cardiology
- Internal Medicine-Endocrinology
- Internal Medicine-Gastroenterology
- Internal Medicine-General
- Internal Medicine-Hematology

Departments availability – INTERNAL MEDICINE





- Internal Medicine-Invasive Cardiology
- Internal Medicine-Nephrology
- Internal Medicine-Noninvasive Cardiology
- Internal Medicine-Pulmonary
- Internal Medicine-Rheumatology

Departments availability

- Anatomy
- Pathophysiology



- Biophysics
- Physiology
- Genetics
- Biochemistry
- Histology
- Pharmacology
 Microbiology





Departments availability

OTHER Departments

- Forensic Medicine, Pathology
- Physical Medicine and Rehabilitation
- Radiology
- Dermatology,
- Urology,
- Gynecology and Obstetrics
- Hematology
- Family Medicine, Hygiene, Epidemiology
- Neonatal Perinatal Medicine
- Neurology
- Nuclear Medicine
- Oncology
- Ophthalmology
- Otorhinolaryngology
- Pediatrics







Accommodation & Dormitory in Skopje

Name: Dormitory "Pelagonija"

Address: Bozhidar Adzia

The accommodation is in a student dormitory.

The dormitory called "Pelagonija" is

Located 15min walking, from the center of the city

Around 15 minutes walk to the main Clinical

Center – the University Clinic "Mother Teresa".



This dorm has recently went through renovation process, which is still going on. So the conditions in this dorm are being improved, constantly.

Near the dormitory, there are 24/7 available shops and supermarkets. All the bars and restaurants for young people and the most crowded area during the days and nights is surrounding the dormitory within a radius of 2 kilometers – walk able area.

Accommodation & Dormitory

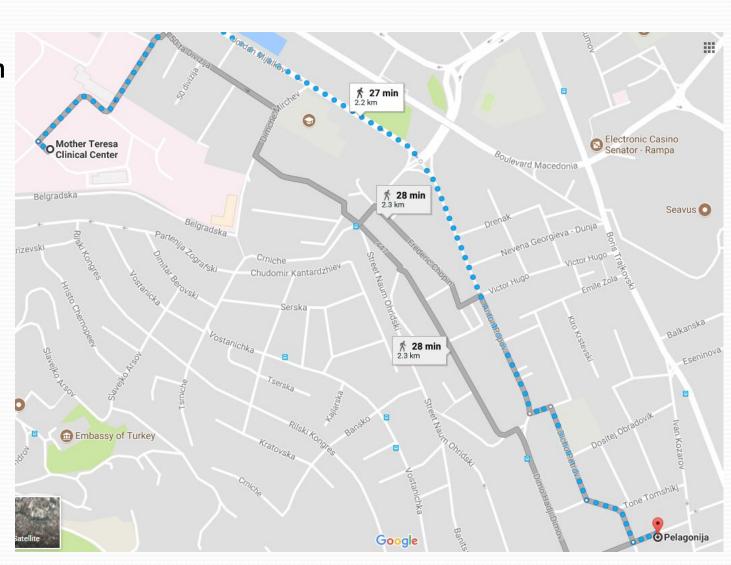
Dormitory Location (down right)

Bozhidar Adzia

Clinical Center (up left)

Distance

2 km 17 minutes walking Taxi = 1,5 euro

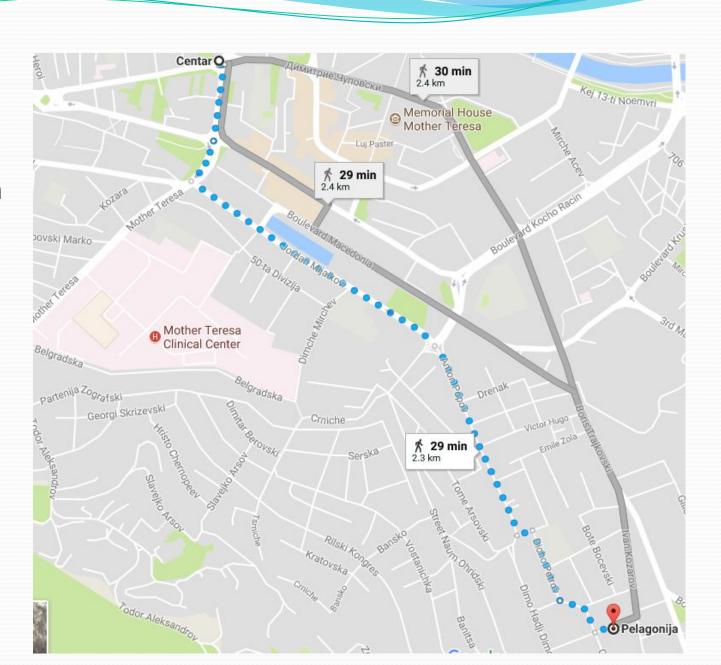


Down right

Student Dormitory

Up right

City Center – downtown (square Macedonia)



Transport prices

BUS – public transport

1 month free and unlimited ticket with unlimited amount of entries to public transport (buses) for 20 euro.

Public buses connect each and every part of the city and offer transport to all cultural and historical important places.



TAXI

Taxi cars in all cities in Macedonia are available almost on every street and by free call. The price for the first kilometer is 1 euro, then each other kilometer is 0,5 euro.



To go from the far east point of Skopje (as the biggest city) to the far west end of the city, the taxi price will be not more than 10-12 euro in total!

Food and Drink

Bar / Market

Bar / Market



3-4 euro / 0,5-1 euro



1-1,5 euro / 0,2 euro



2-3 euro / 1-1,5 euro



1,7 - 2,8 euro / 0,8 euro



1 euro / 0,5 euro



2 – 3,5 euro (only in bars available)

Social Program

There are a lot of things to do and places to visit in Macedonia! During the summer there are parties every night and also many other places to visit if you are into something else!



We are at your service to make a reservation at any place you want! Also, we are organizing a welcoming party as well as tours to the cities and places you'd like to visit.



Social Program & Sight Seen



OHRID





Travel Opportunities

Travel to Greece for 1 day swimming. Return ticket for only 15 euro!!!!



Pick up: 5:00 am local time

Arrival: 10:30 am local time (+1 hour from

Macedonia CET)

Time of travel: 3,5 hours

Distance: 320 kilometer



Extended weekends can be organized within the range of **90 – 130 euro** including Transport and Hotel Stay in Greece, Halkidiki region.

1 week vacation to islands like Zakyntos, Corfu and IOS available for **180 – 260 euro**.

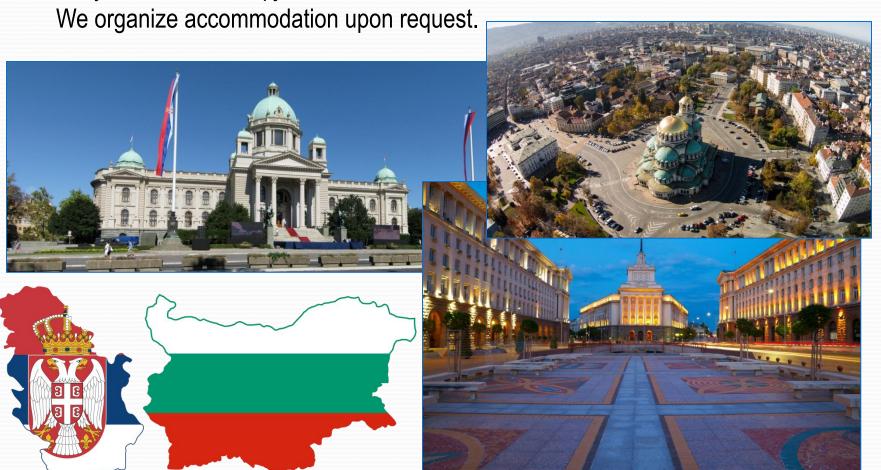


Travel Opportunities

Travel to Belgrade, Serbia and Sofia, Bulgaria for 35 euro!

Daily buses from Skopje to Belgrade – **35 euro** return ticket.

Daily buses from Skopje to Sofia – **30 euro** return ticket.



What other students say about Macedonia?

- Alba Bohm from Catalonia:
 - -"I had an amazing time in Macedonia! The people there are very hospitable. Ohrid has some great beaches by the warm lake, where we would spend our time after our working hours. I can't wait to come back again. I loved it!"
- Jose Tamaral from Portugal:
 - -"I will never forget my experience in Skopje! We did different activities every day. We went swimming, diving, partying (they have amazing night clubs), mounting climbing and there are a lot of mountains in Macedonia for that. What I liked else, was the cheap prices, we would in eat in good restaurants almost all the time, since prices were not high. I will never forget my experience in Macedonia!"

And if you want to see more of our country, visit the link attached bellow to see a video of Macedonia:



