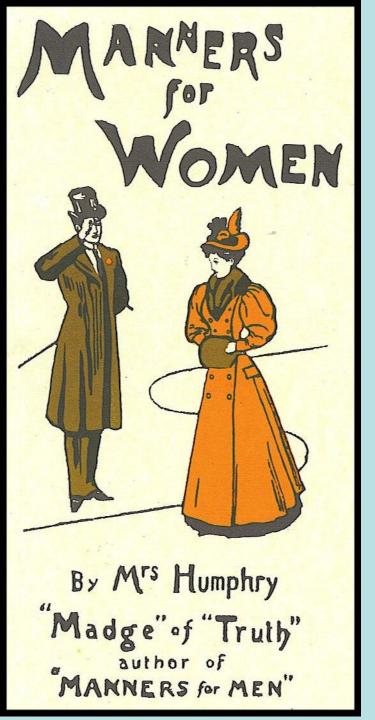


 They are also said to be conservative, reserved and cool. Indeed, the British are not very open or spontaneous. They do not kiss or embrace by way of greeting so as not to allow familiarity.

They always keep a certain distance and are not willing to manifest their feelings and emotions. It is not easy to make friends with them but once you have made a friend, it is a friend for life.





# Manners are Important DOs and DON'TS (Taboos) in England

#### DOS

Do stand in line Do take your hat off when you go indoors (men only) Do say "Excuse Me" Do say "Please" and "Thank you" Do cover your Mouth Do Shake Hands Do say sorry Do Smile Do Drive on the left side of the road

Do open doors for other people

#### DON'TS

Do not greet people with a kiss

Avoid talking loudly in public

It is impolite to stare at anyone in public.

Do not ask a lady her age

Do not pick your nose in public

Avoid doing gestures such as backslapping and hugging

Do not spit.

Do not burp in public

It is impolite speak with your mouth full of food

Do not ask personal or intimate questions

Never eat off a knife when having a meal.

# English culture and traditions

## English festivals - Christmas

The most important festival of the year

- A carol service
- Houses are decorated
- Christmas tree
- Giving presents
- Father Christmas and
- a long sock at the end of the bed
- Christmas Day 25th December







# English festivals

- *Boxing Day* 26th December, a public holiday
- New Year's Eve celebrating of coming of the year at midnight on 31st December
- St. Valentine's Day 14th February, sending cards, flowers and chocolates to someone you love



- Ash Wednesday the day in February, the Christian period of Lent begins
- Pancake Tuesday the day before Ash Wednesday, people eats lots of pancakes

# English festivals

Easter – Easter Sunday - chocolate eggs,
 a new birth, Good Friday – hot cross-buns,
 Easter Monday – a holiday



- April Fools Day a day of fun and jokes
- *St. George's Day* 23rd April is a national day in England, St. George is a patron of England, people do not celebrate it much
- May Day 1st May, celebration of the end of the winter, connected with dancing
- Ascension Day a christian holiday, it is the 40th day after Easter Sunday

### English festivals (4)

- *Pentecost* (Whitsunday) 10 days after Ascension Day, the coming of holly spirit
- *Harvest festival* Thanksgiving ceremonies and celebrations for a successful harvest, usually in September
- *Halloween* 31st October holly evening, connected with witches and ghosts, strange costumes, pumpkin latern
- *All Saints Day* 1st November
- All Souls Day 2nd November
- Bonfire Night 5th November, the anniversary of the Gunpowder plot, huge fireworks, burning an effigy







#### CUSTOMS AND TRADITIONS IN THE UK

Britain is full of culture and traditions which have existed for hundreds of years.

British customs and traditions are famous all over the world.

When people think of Britain they often think of: people drinking tea,

eating fish and chips and

wearing hats, but...

THERE ARE MORE THINGS.

#### Traditional costumes and clothes

- England has no national dress
- Some people think men
  in England wear suits and
  bowler hat but it isn't true
- English customs and traditions involve a variety of costumes –
   Beefeaters (the nearest thing to English national costume)



"Typical Englishman"



Beefeater

## English food

- traditionally based on beef, lamb, pork, chicken and fish
- generally served with potatoes and one other vegetable
- no national food, but the most common and typical foods include fish and chips, sandwiches, pies and puddings
- a selection of Indian, Italian, Chinese and Greek restaurants
- take-away meals



Fish and chips

## English food

- Three main meals a day: breakfast, lunch and dinner (sometimes called supper)
- Dinner is usually the main meal of the day
- A typical English *breakfast* a bowl of cereals, a slice of toast, orange juice and a cup of coffee
- A 'packed lunch' this typically consists of a sandwich,
   a packet of crisps, a piece of fruit and a drink
- A typical British meal for *dinner* is meat and usually the vegetables (one of the vegetables is almost always potatoes)

### **Food and Drink**







#### **BRITISH TRADITIONAL FOODS**

British food has traditionally been based on beef, lamb, pork, chicken and fish and generally served with potatoes.

Roast Pork



# What is a typical English Breakfast?



# What is the traditional English Breakfast?



HP (brown) sauce "english breakfast" tea

toast

potatoes

sausages baked beans

fried

tomatoes

A typical English breakfast consists of eggs, bacon, sausages, fried bread, mushrooms, baked beans and a cup of coffee.

However, a typical English breakfast is more likely to be a bowl of cereals, a slice of toast, orange juice and a cup of coffee.



# LUNCH



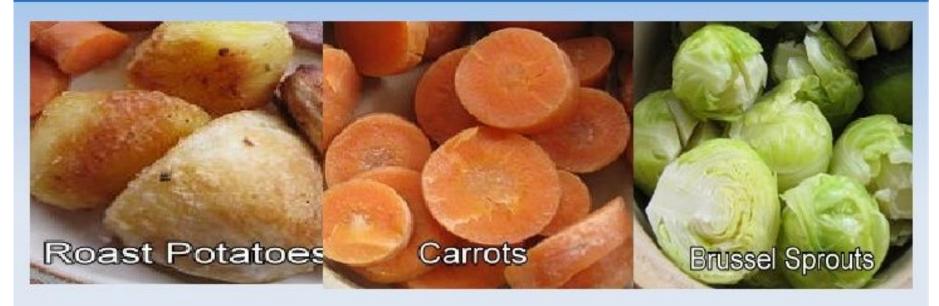
#### What is a typical British lunch?

Many children at school and adults at work will have a 'packed lunch'. This typically consists of a sandwich, a packet of crisps, a piece of fruit and a drink.



#### DINNER

The evening meal is usually called 'tea', 'dinner' or 'supper'.

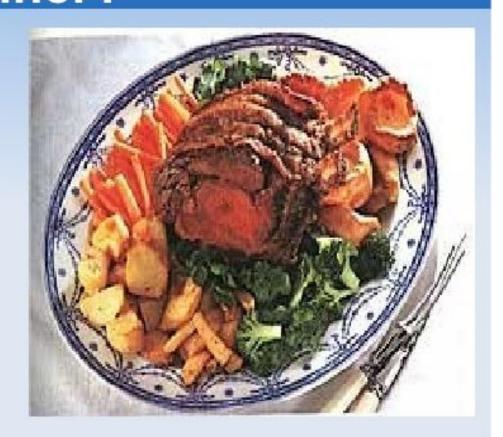


# What is a traditional British Dinner?

A typical British meal for dinner is "meat and two veg".

One of the vegetables is almost always potatoes.

Vegetables grown in England, like potatoes, carrots, peas, cabbages and onions, are very popular.



#### **FISH AND CHIPS**



Fish and chips is the classic English takeaway food and is the traditional national food of England.

The fish is deep fried in flour batter and is eaten with chips.