

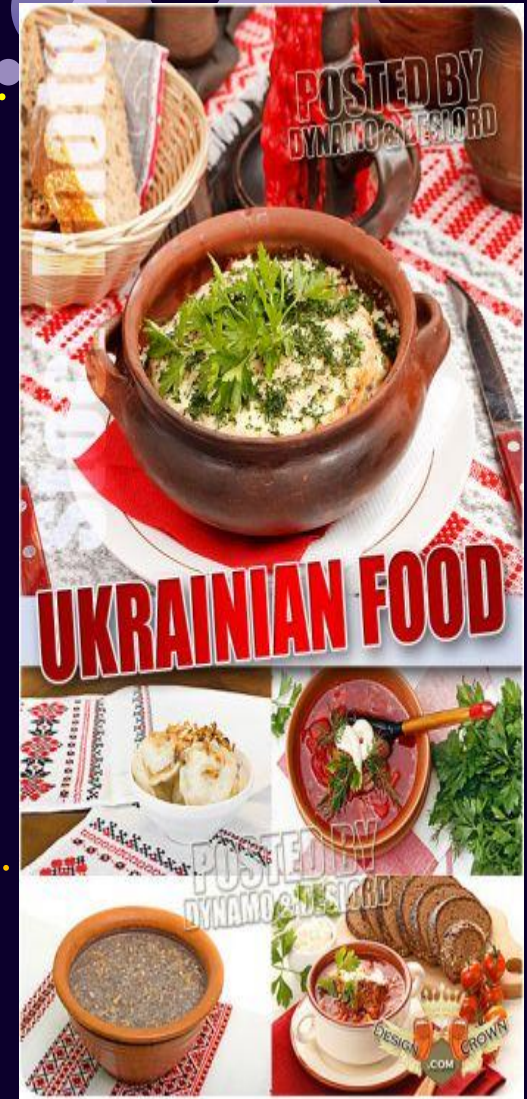
Ukrainian traditional food!



Food is an important part of Ukrainian culture. **Ukrainian cuisine** /kwi'zi:n/ has developed over many centuries.

People in Ukraine like to eat good and tasty food cooked of fresh product. Fast food is not very popular in Ukraine as Ukrainian women prefer to cook at home. And many of them are real masters at cooking.

Since old time Ukrainian national cooking has been famous for great variety of tasty and useful dishes. Ukrainian women always collected recipes of cooking different dishes. This tradition is kept nowadays as well.









UKRAINIAN DISHES

Borshch –CABBAGE AND BEETS
BASED SOUP WITH MEAT, SERVED
WITH ICE-CREAM.



UKHA – FISH SOUP TYPICALLY WITH
CARP.



Hybivka – mushroom soup.



Vinigret – beetroot salad made
with beans, peas and onions.



SALO



Varenyky – boiled dumplings stuffed with fruit, potatoes, cheese and cabbage.



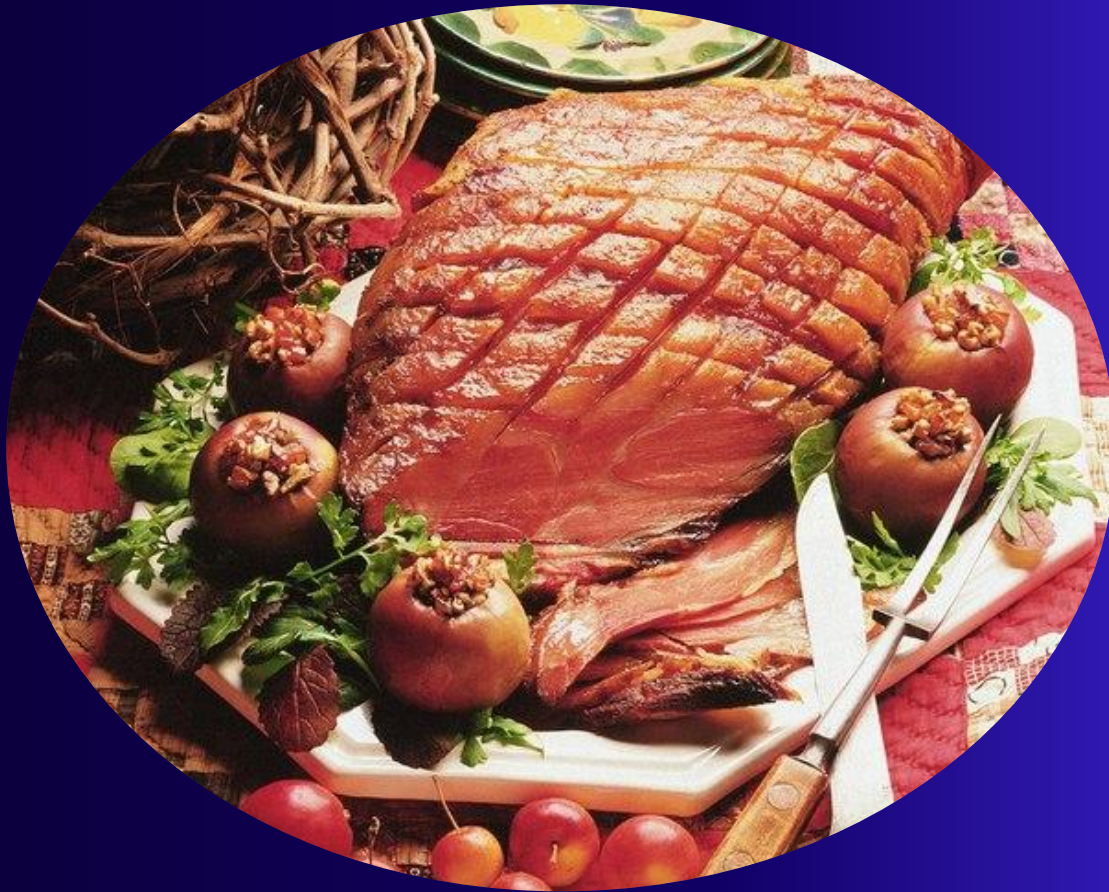
Holubtsi – cabbage rolls stuffed
with millet or minced meat with
rice.



Blyntsi – crepes served with
meat, cheese, fruit or caviar.



Pechenya – roast pork, lamb, beef
or veal.



Deruny – potato fritters served with sour cream or cottage cheese.



Studynets – jellied meat or fish.



Pampushky – fried dough, similar to doughnuts.



Korovai – braided bread used in wedding celebrations



Kutia – a Christmas dessert with honey, nuts, poppy seeds and wheat.



Paska – Easter bread.



As for the alcoholic beverages one should try mead, samogon and Ukrainian horilka (vodka).



FOOD IDIOMS

bring home the bacon – ЗАРОБЛЯТИ НА ЖИТТЯ

bread and butter – ЇЖА

bad egg - НЕГІДНИК

big cheese – НАЧАЛЬНИК

the cream of the crop – НАЙКРАЩИЙ

one smart cookie – РОЗУМНА ЛЮДИНА



hot potatoes – ПРОБЛЕМНІ ЗАПИТАНН

his cup of tea – ТИП ЛЮДЕЙ, ЯКІ ПОДОБАЮТЬСЯ

is nuts about – ДУЖЕ ПОДОБАТИСЯ

out to lunch - ТРИШКИ БОЖЕВІЛЬНИЙ

in a nutshell – ВЦІЛОМУ

a piece of cake – ДУЖЕ ЛЕГКО



Ukrainian cuisine is famous for its variety, high nutritional qualities and delicious taste.

