

The left side of the slide features a decorative vertical bar composed of several parallel lines in varying shades of light blue and grey. To the right of these bars, a series of five dark blue circles of different sizes are arranged in a descending, slightly curved pattern from top to bottom.

FIGURE SKATING

FIGURE SKATING IS A SPEED SKATING SPORT. THE MAIN IDEA IS TO MOVE AN ATHLETE OR A PAIR OF ATHLETES SKATING ON ICE AND PERFORM ADDITIONAL ELEMENTS TO MUSIC.



FIGURE SKATING WAS THE FIRST OF THE WINTER SPORTS INCLUDED IN THE OLYMPIC PROGRAM. SINCE 1924 FIGURE SKATING HAS BEEN INCLUDED IN THE PROGRAM OF THE WINTER OLYMPIC GAMES.



HISTORY OF ORIGIN



- The birthplace of figure skating as a sport is considered to be the Netherlands, where the world's first iron blades for skates appeared.
- The first figure skating competitions were held only among men's singles, female figure skaters got the opportunity to participate in the World Championships only 10 years later.



TYPES OF FIGURE SKATING

Figure skating has types: individual women's and men's, pair figure skating, synchronized skating.



SINGLE SKATING



A figure skater in single skating must demonstrate mastery of all groups of elements - steps, spirals, rotations, jumps. The higher the quality and complexity of the executed elements, the higher the level of the athlete.



PAIR SKATING



The task of athletes in pair skating is to demonstrate mastery of the elements in such a way as to create the impression of unity of action. An important criterion for pair athletes is the synchronicity of the elements.



SYNCHRONIZED SKATING

The synchronized skating team consists of 16 to 20 figure skaters. The team can include women and men. The goal is the performance of the team as a whole. Synchronized skating has its own special mandatory elements, such as: circle, line, wheel, intersections, blocks.



FAMOUS KAZAKH FIGURE SKATERS



Elizabeth Baitakovna Tursynbayeva is a Kazakhstani figure skater who competed in single skating. The first figure skater in history to perform a quadruple jump at adult official competitions. Silver medalist and bronze medalist of many figure skating competitions, four-time champion of Kazakhstan.



Denis Yuryevich Ten is a Kazakhstani figure skater who competed in singles. Honored Master of Sports of the Republic of Kazakhstan. Bronze and silver medalist of many world championships and various international tournaments, five-time champion of Kazakhstan.

