




**CONTEMPORARY
LIFESTYLE IN UK
AND US**

British lifestyle








The national character of the English has been very differently described, but most commentators agree over one quality, which they describe as a sense of superiority.

The English are a well-disciplined people and it is probably no exaggeration to say that they have the best manners in the world.



They are all polite; they all know how to hold their knife and fork and how to behave in society. This is not to say that they are never rude.

British families like to live in a detached house with a garden.



The characteristic feature of the English is their love of games. They like playing all of them. They play football and cricket; games are nowhere so popular as in England.

The English are proud of their traditions and carefully keep them up. The English are stay-at-home people. "There is no place like home" they say.

When they don't work, they like to spend their time at home with their families. They like to live in small houses with a small garden behind them. Traditional English house has a fire-place in a living-room. It makes atmosphere comfortable and lovely. People all over the world know the saying "The Englishman's home is his castle".

British people say: «My house is my castle». They like to stay at home.



British people usually have a fire place in the house. They like to drink tea near it.



The English are tea-drinkers. They have it many times a day. Some Englishmen have tea for breakfast, tea in lunch time, tea after dinner, tea at tea time and tea with supper. Some English families have "high tea" or big tea and no supper. Also English people like porridge. Some of them eat porridge with milk and sugar.



They drink tea several times a day. They drink tea with milk or lemon and sugar. They eat bread, butter and cakes with tea.

In England people celebrate a lot of holidays. Some of them are Christmas, the New Year, the 14-th of February, Easter, Halloween and others. Christmas is the Britain's most popular holiday.



British people have many old traditions. Their favourite holidays are: Christmas and Easter.



British weather is very changeable. It can be rainy, sunny, cloudy, snowy, windy, warm, foggy at any time of the year. If it's raining when you get up in the morning, it can be hot and dry by the afternoon. That's why the weather is the main point of discussion for the British. People enjoy discussing snow, complaining about the cold and comparing the weather conditions with previous winter.



The image features a white background with decorative watercolor floral elements in the corners. The top-right and bottom-left corners are adorned with clusters of flowers in shades of purple, pink, and teal, with some leaves and stems extending into the frame. The text is centered and reads:

American lifestyle





Most American families consist of a mother and father with an average of 1-3 children and many times a pet such as a dog or a cat.



In most families, once the child has become a teenager and graduated from high school, he or she leaves the home and leads an independent lifestyle.

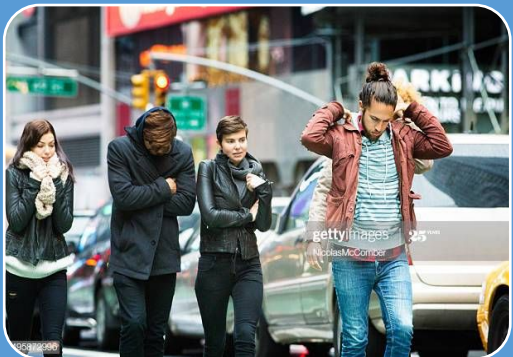
Most families, regardless of where they are located, will all get together to celebrate family occasions such as wedding, reunions, birthdays, Christmas and other holidays.



Baseball, basketball, American football, and ice hockey are the most popular spectator and participation sports, but Americans enjoy an enormous range of activities, including soccer, cycling, racket-ball (a hybrid of squash and handball), tennis, swimming, golf, bowling, martial arts, walking, jogging, and aerobic exercise.



Most Americans spend a large amount of their leisure time socializing or watching television.



Other leisure activities include going to the cinema or concerts, picnicking, and traveling.

Eating styles and habits vary between people of different backgrounds, but Americans generally eat with the fork in the hand with which they write. A knife is used for cutting and spreading; otherwise, it is laid on the plate or table. Fast foods, such as chips, fried chicken, hamburgers, pizza, and tacos, tend to be eaten with the fingers. In general, table manners are casual, although it is traditionally considered impolite to rest elbows on the table. There is a significant difference between what people may do at home or in a fast-food restaurant, and how they act in a more formal restaurant. Because both parents often work outside the home, some Americans are less likely to sit down as a family to eat once the children are older and able to prepare their own food or serve themselves.



Thank you for your attention!

