In order to EVOLVE as women in the workplace, we need to be addressing our WHOLE SELVES

We will not reach the highest potential that we can without looking at everything that makes us who we are

This means- physical health, mental health, career support and mentorship, building relationships and connections, enjoying life, giving back, sharing with others about the important things/people in our lives, and getting EMPOWERED and EQUIPPED in our careers and personal lives

We can be healthy, whole women by:



- Guardrails/timing
 - Would like to make this cohesive with WOWS Logo
 - Conference is Sept 25- in hand by early Sept?
- Copy on prior page is flexible
- Conference topics/events will include
 - THEME: EVOLVE
 - Mentorship/Sponsorship
 - Unconscious Bias
 - Male Advocacy
 - Mental Health and Work Life Integration
 - Professional Boundaries
 - Security Training
 - Vitality Event
 - Affirmation Wall
 - Meal time and breaks for relationship building
 - Recharge Room
 - Donation to charity
 - (add others)

