

# Healthy way to life.



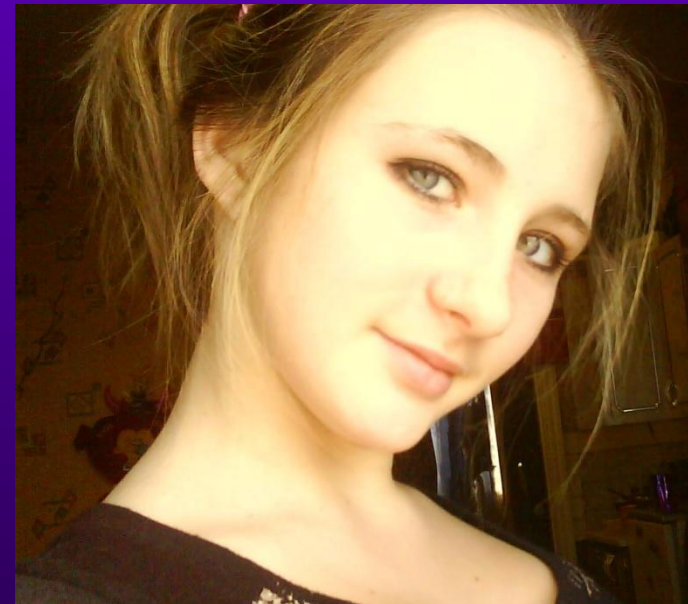
# Isn't health a miracle?

## A. Chekhov

Arslanova Elena



Runaeva Oksana



Venivitina Anna



# Is our generation healthy?

**Hypothesis:** *We think, that presently the majority of people have ceased to care of the health, and about health of people surrounding them*

# The research plan:

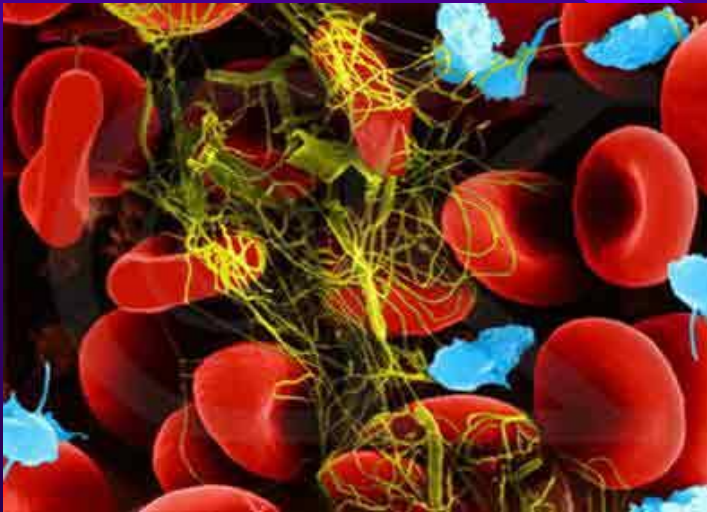
- To spend questioning.
- To learn statistics.
- To give advice

# Bad habits



- Smoking
- Drinking alcohol
- Overeating

# IT IS VERY DANGEROUS FOR:



# Questioning

We have interviewed  
among pupils of 7-11  
classes of school №5



# SMOKING





# Do you smoke?

Class	Result	
7	No: 70%	Yes: 30%
8	60%	40%
9	50%	50%
10-11	60%	40%

# From what age you have started to smoke?

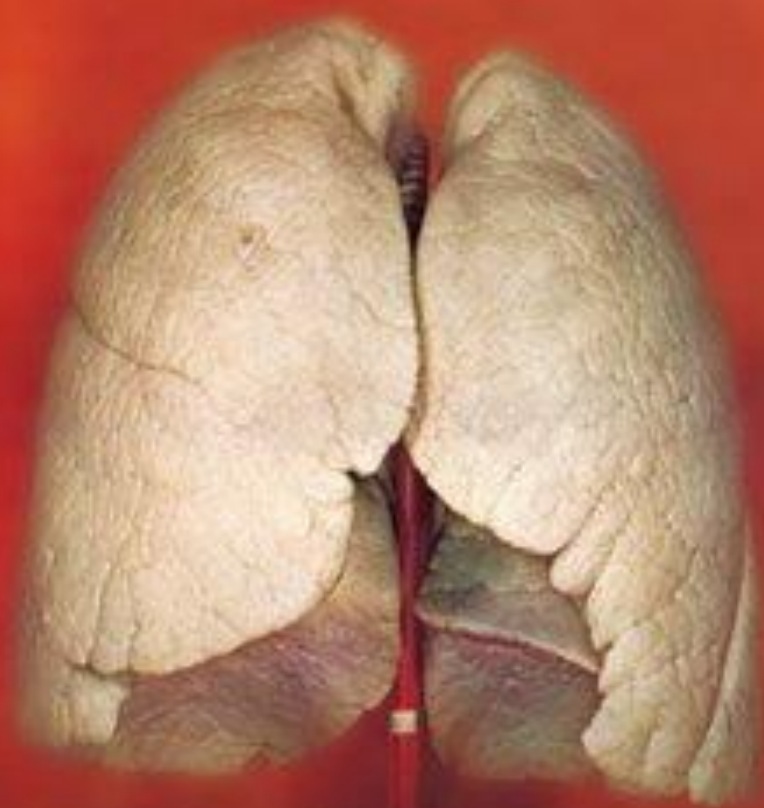
From 1-2 classes	10 %
From 3-5 classes	30 %
From 6-8 classes	50 %
From 9-10 classes	9 %
From 11 class	1 %

# Why do you smoke?

Because I think that it is fashionably	5%
Because my friends smoke	35%
Because it calms me	20%
Because my parents smoke	15%
Because I have wanted to try, and it has become a habit	25%

Look and  
remember!!!!

IT IS VERY BAD AND  
NOT FUN.



**Smoking**  
**causes fatal lung cancer**



**WARNING:**

SMOKING CAUSES MOUTH DISEASES

QUIT: 1800-438-2000



**Smoking especially dangerous  
for expectant mother....**





...is a result







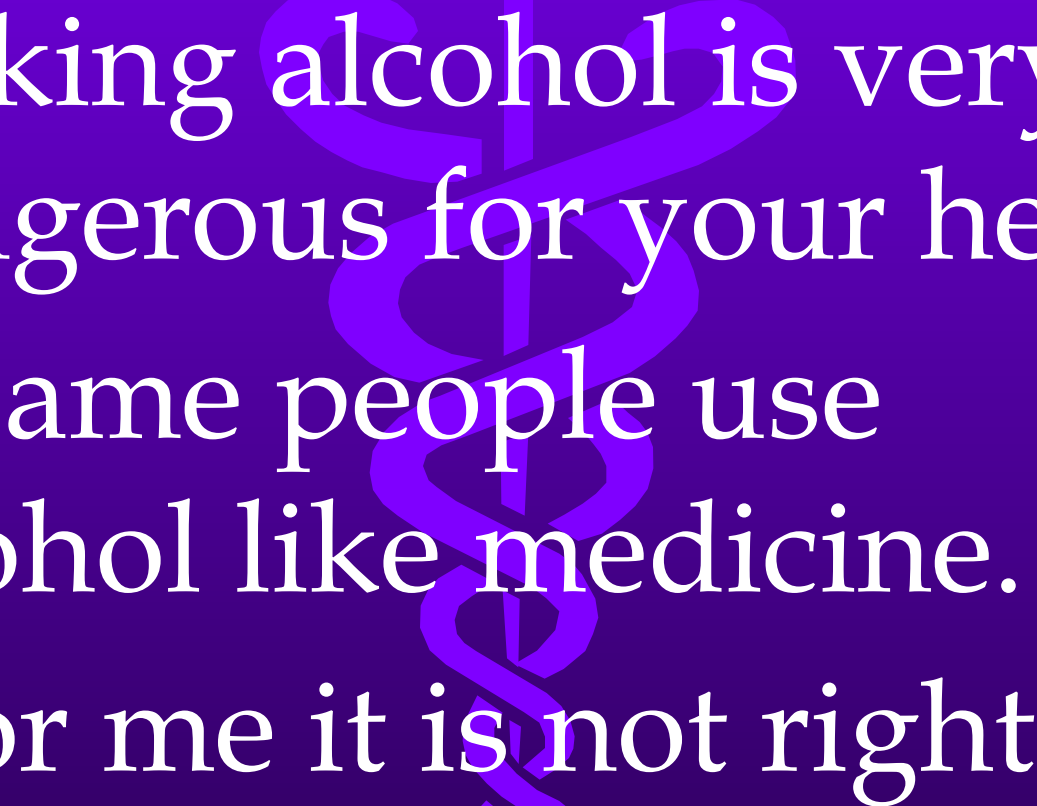


# drinking alcohol



# Did you try to drink alcohol?

Class	Result	
7	No: 60%	Yes: 40%
8	50%	50%
9	30%	70%
10-11	4%	96%



Drinking alcohol is very  
dangerous for your health.  
But same people use  
alcohol like medicine.  
As for me it is not right.

# It leads to .....

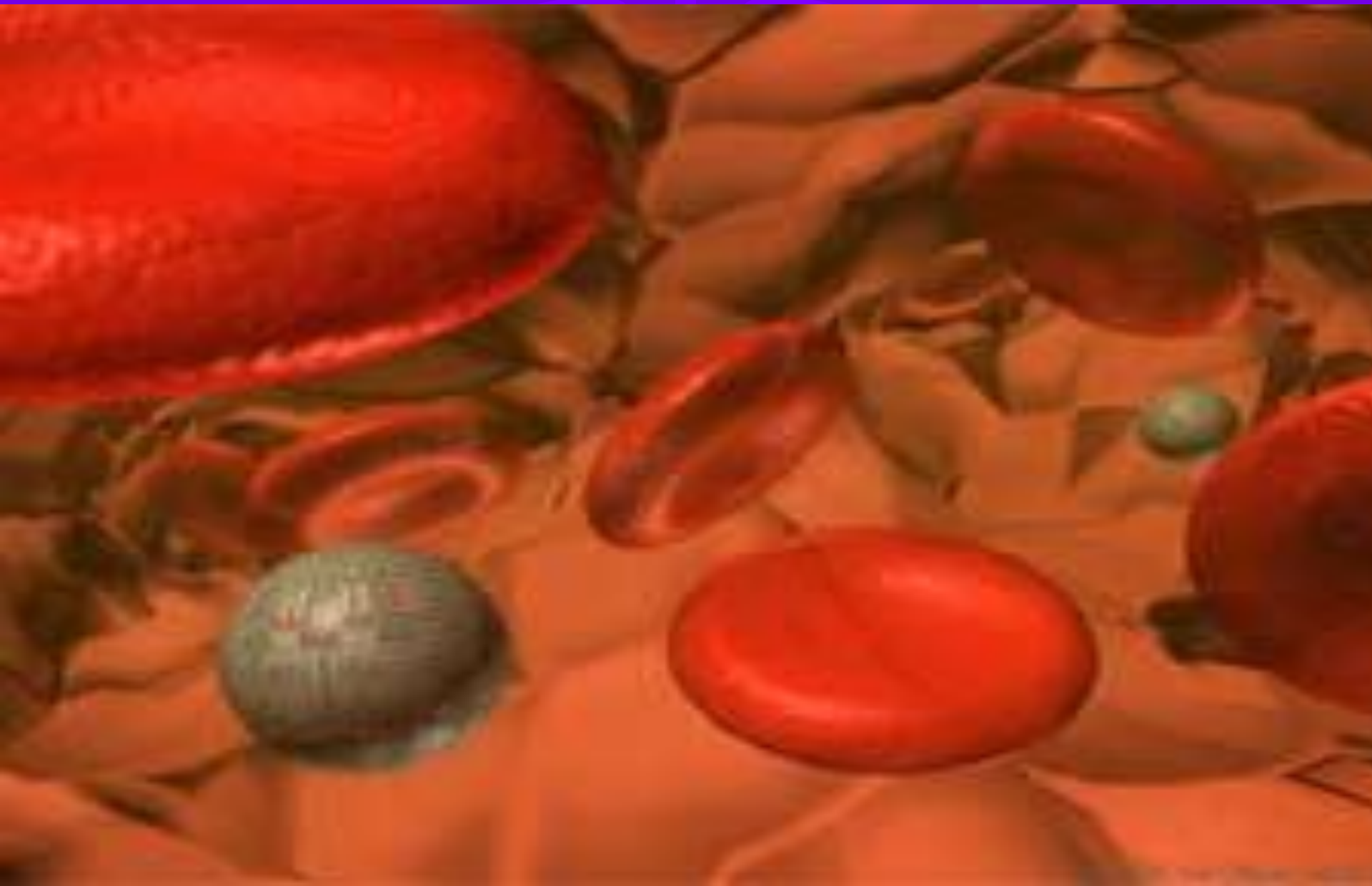
## Brain diseases:

- Slow reaction
- Loss of memory





# Blood disease





# Overeating



# What is fast food for you?

I like fast food!!!	36%
It is very comfortable	44%
It is harm	11%
It is better than a mum's borsch	9%



# Fast food



...is a result



# conclusion

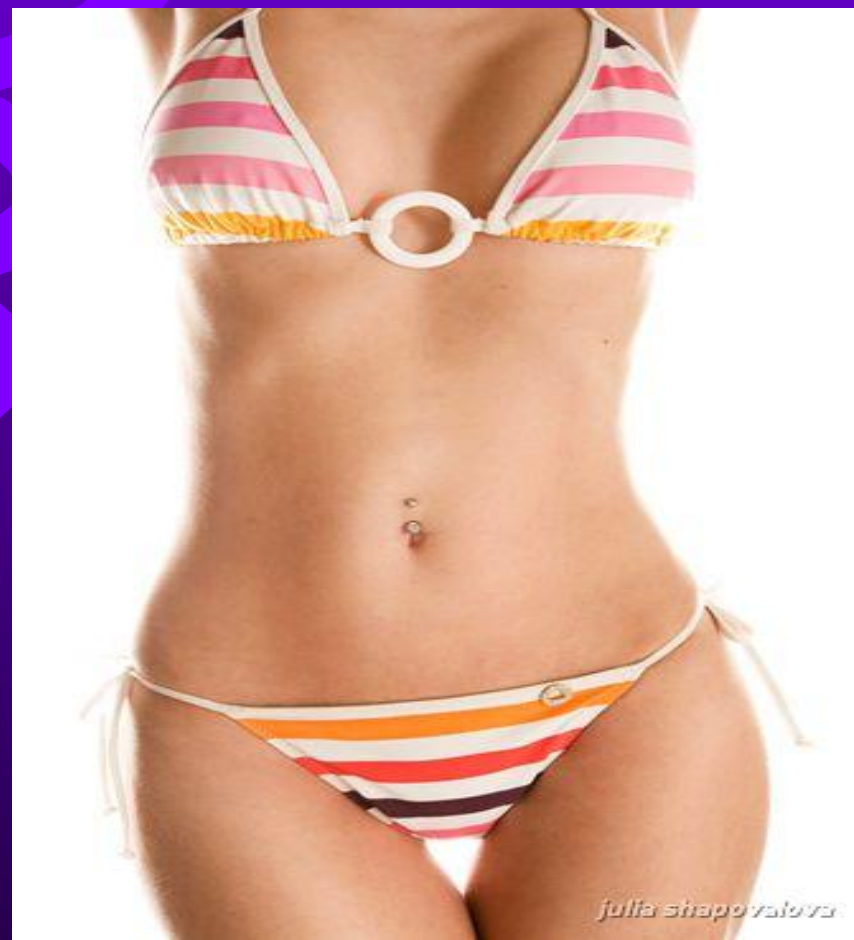
Having interviewed among pupils of 7-11 classes of school №5, we have found out that bad habits have the majority of teenagers, and don't think about the health.





Choice for you





julia shapovalova









# Our sources of the information:

- Pupils of school №5
- Internet
- TV
- Our brains





**Thanks for attention!!!**