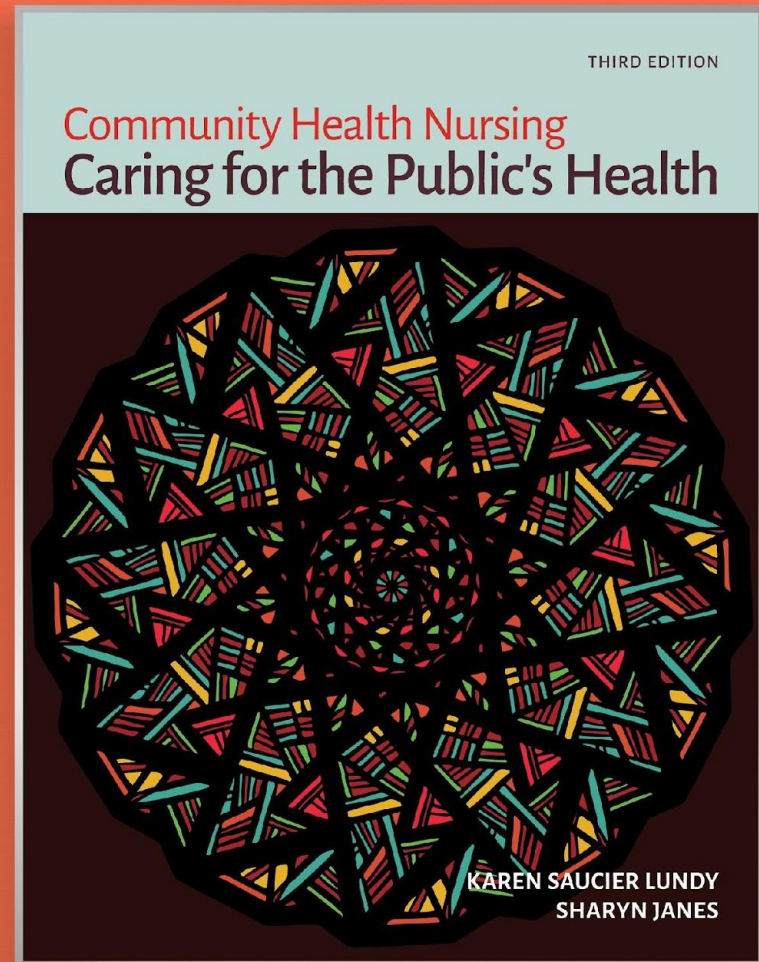


# Chapter 33

## Child and Adolescent Health



# Working with Families

- Preventing mother and infant deaths
- Immunizing children
- Preventing Childhood injuries
- Promoting children's mental health

# Selected Nursing Interventions

- Transition from hospital to home
- Weaving spirituality into nursing interventions
- School-based programs
  - Illness
  - Obesity
- Home-based programs

# Improving Children's Health: Systems of Care

- Core values
  - Being child centered and family focused
  - Being community based so that children can live at home
  - Being culturally competent about racial, ethnic, and cultural differences among families
  - Providing individualized services that build on the strengths of families
  - Providing integrated, coordinated, effective, and efficient services
  - Identifying and treating problems early

# Mental Health

- Mental health is an important factor in the justice, school, healthcare, welfare, and public housing systems
  - Most of the children in the justice system have mental health problems
  - School systems are the largest providers of mental health services for children
  - Mental health problems increase the cost of care for physical health problems
  - School clinics

# Resources

- U.S. Department of Housing and Urban Development (HUD)
- Temporary Assistance to Needy Families (TANF)
- Affordable Care Act (ACA) of 2010

# Contexts for Growth and Development

- Poverty
  - Low birth weight and prematurity
  - Respiratory illnesses
  - Maternal stress
  - Gastroenteritis
  - Poor education
  - Children raised in poverty at a disadvantage from the start
  - Social deprivation
  - Mental retardation
  - Childhood injuries
  - Violence and abuse
  - Poor environment

# Contexts

- Environmental hazards
  - Pollutants
    - Tobacco smoke or nitrous oxide
- Neighborhood contexts
  - Impoverishment
  - High childcare burden to adult ratio
  - High population turnover
  - Female-headed households
  - High child abuse and neglect



# Contexts (cont.)

- Parents' work context
- Childcare context
- Public policy context