



# The Duke of Edinburgh's Award

# TAKE THE CHALLENGE



## Award History

The award began in 1956, The Duke of Edinburgh's Award has been dedicated to the personal development of young people from all backgrounds.



H.R.H. Prince Philip
The Duke of Edinburgh

275,000 young people undertake inspiring DofE programmes to achieve Bronze, Silver or Gold Duke of Edinburgh's Awards every year.

# The Duke of Edinburgh's Award aims are:



"The Duke of Edinburgh's Award aims to provide for young people an enjoyable, challenging and rewarding programme of personal development, which is of the highest quality and the widest reach."

#### What is

#### The Duke of Edinburgh Award Scheme?

The Duke of Edinburgh's Award Scheme is a voluntary, non-competitive

programme of practical, cultural and adventurous activities for young people aged 14-25.



## Why Do The Award

The Award is widely recognised by employers as it helps demonstrate that award holders are:



- -Keen to take on new challenges
- -Have high levels of self confidence
- -Willingness to try new things
- -Able to work well in a team
- -Willing to play a leadership role
- -Reliable

## How you benefit from the Award

In 2007, the DofE Award (funded by the Pears Foundation) undertook research into the impact that DofE has on young people and their futures. The results were

- 84% had totally new experiences
- 81% were generally more motivated
- 69% found new interests and hobbies
- 80% gained a better understanding of their strengths and weaknesses
- 71% increased their self-belief
- 93% felt they'd improved their teamwork skills
- 69% felt less bored as a result of DofE
- 84% improved their decision-making skills
- 76% stated that they were now better at sticking to tasks and seeing them through
- 75% said they'd gained new friends

## Why Do The Award

- Good fun
- Make some good memories
- Develops friendships
- Looks great on your CV
- Earns extra UCAS points at Gold Level



# What Does The Award Program Consist Of?

The Award programme consists of three levels, Bronze, Silver and Gold



Bronze Award



Silver Award



Gold Award

Each have differing criteria for entry and the level of achievement necessary to complete each award

#### Different Sections

• Each award is broken down into 4 sections (5 for gold) which participants must complete successfully to receive their award. These are:



(5) Gold only



# The 4 Sections (5 Gold)

# Volunteering Helping others in the local community.



"This is all about making a difference to other people's lives.

Getting off your sofa and taking time out to change things for the better. It can be great fun."













## Volunteering

- After School clubs in primary schools
- Work with the elderly,
- Helping in the library
- Working in charity shops
- Cat rescue centres
- Helping with Brownies or Cubs
- Environmental or parish council projects

In fact almost anything that involves voluntary work in the Community!

## The 4 Sections (5 Gold)

# Physical Recreation Sport, dance and fitness.

"Fancy yourself as the next
Wayne Rooney, Kelly Holmes?
Well now's your chance to prove
it!
This part of your DofE programme
is all about getting active.
Whether you're into sports, dance
or general fitness it doesn't
matter – you can choose to do
something you're interested in."















## Physical Recreation

- After School Sports Clubs
- Sports Clubs organised in local villages or in the city.
- Fitness clubs, or martial arts classes offered in sports centres.





## Physical Recreation

- Rowing
- Horse riding
- Martial arts
- Dance classes
- Yoga
- Cycling club
- Dry slope skiing club
- Swimming club
- Windsurfing or sailing

## The 4 Sections (5 Gold)

#### Skills

Demonstrate ability in almost any hobby, skill or interest



"Ever wanted to have a go at something completely different? Or get recognised for the time and effort you put into your favourite hobby? This is what the Skills section is all about."













### Skills

- After school Drama group
- Music lessons
- After school art club
- Pottery after school
- Computer club
- Cookery
- Air pistol shooting
- Bell ringing
- Caring for horses or pets

Do not get your skill mixed up with a Physical Activity



## The 4 Sections (5 Gold)

#### **Expeditions**

Training for, and planning of a journey.





## **Expedition**



"To encourage a spirit of adventure and discovery by preparing for and carrying out an adventurous journey as part of a team."



### Where?

#### **BRONZE EXPEDITIONS**



#### **SILVER EXPEDITIONS**





## **Exactly where?**



BRONZE EXPEDITION
South Downs

**Practice Expedition** 

South Downs (2 days - 1 night)

**Assessed Expedition** 

South Downs (2 days - 1 night)



## **Exactly where?**



SILVER EXPEDITION

New Forest

#### **Practice Expedition**

New Forest (3 days - 2 night)

New this year: Training day added on to expedition

#### **Assessed Expedition**

New Forest (3 days – 2 nights)

New this year: Training day added on to expedition



## **Exactly where?**



**GOLD EXPEDITION Students Choice** 

#### **Practice Expedition**

Designated Wilderness Area (4 days – 3 night)

#### **Assessed Expedition**

Designated Wilderness Area (4 days – 3 night)



#### When?



#### **BRONZE EXPEDITIONS**

**South Downs** 

Two Expeditions:

One Practice Expedition

&

One Assessed Expedition

Practice Expedition: 19th to 20th May

Assessed Expedition: 28th to 29<sup>th</sup> June

on confirmation of campsite bookings





#### When?



# SILVER EXPEDITION New Forest

Two Expeditions, but only one assessed:



Practice
Expedition:
31<sup>st</sup> March to 3<sup>rd</sup>
April

Assessed Expedition:
5th to 8<sup>th</sup> July

Includes training day added to expedition dates



## **Training Days**



A number of training days will be held at the school to prepare students for the expeditions



## **Dates for Training**

#### **BRONZE TRAINING**

For - South Downs

#### Four Training days held in School

- Sat 1
- Sat 2
- Sat 3
- Sat 4
- Sat 5

Date will be given in cover letter





#### **SILVER TRAINING**

**For - New Forest** 

Only two days training

- Extra day added to Practice Expedition
- Extra day added to Assessment Expedition



## **Project**

#### Each venture MUST have a purpose

#### Possible ideas include:

- A diary of highs and lows over the expedition
- A slide show about the --New Forest from photos you've taken
- Wildlife of the area
- Exploring teamwork by --nominating a different leader each day
- Studying insect life on the --South Downs
- Considering the impact of --tourism on the flora and fauna in the New Forest
- Creating a photographic guide --to the Countryside Code round the South Downs for other DofE participants

### Cost 2011 - 12

#### Breakdown of Cost

BRONZE						
1	Registration	£20				
2	Expedition Fee	£230				
	Total	£250				

SILVER							
1	Registrat	ion		£23			
2	Expedition	n Fee		£250			
			Total	£273			



## **Expedition Kit**









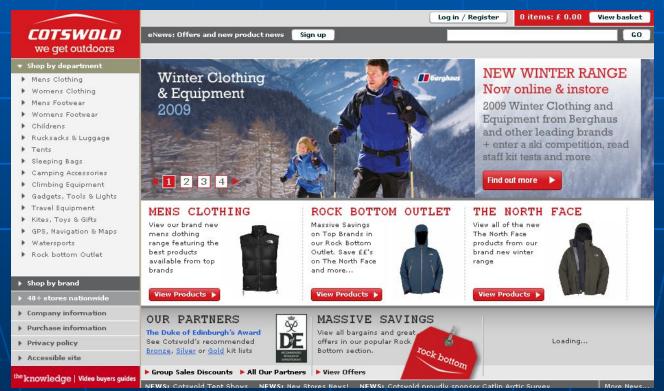




## Suppliers

#### 15% Discount Card





www.cotswoldoutdoor.com

## **Expedition Gear Presentation**

Thursday 3<sup>rd</sup> November 7.00pm































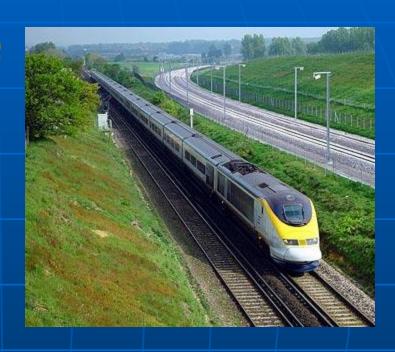




## **Expedition Transportation**

#### Bronze

To and from expedition by Train





## Silver

To and from expedition by coach



# The 5th Section (Gold Award Only)

### **Residential Project**



Residential children's centres for those participants working towards achieving their Gold DofE Award.

Usernam	e: [	johnsmith9						
Password	ı: [	•••••						
Forgot your password? Sign in								
System s	System status							
<b>⊘</b> eDof	eDofE is currently fully functional.							
impr	As with all good software systems, we occasionally need to make improvements and updates. Any pending downtime in the future will be notified on this sign in page.							
Welcome	e to tl	ne DofE!	THE DURE OF BY A TUNE AWARD					
	1		oing your DofE you will discover f					
		"There are many worthwhile activities from which choice and I hope that those which you decide to do will give you pleasure and increase your knowledge of the world and yourself."						
1 6		HRH The Prince Philip, The Duke of Edinburgh KG KT						
Welcome! We're delighted that you've chosen to do your DofE and use eDofE to record your progress along the way.								
My basic information								
Before you get started we need to ask you a few questions to get your eDofE account up and running - this should only take a couple of minutes								
* = required Field  Sign out without saving								
Contact details Address								
Type in your house number/name and postcode and click on 'Find my address' to find and select your address, which will automatically fill in the required fields.								
* House no/name:								
* Postcode:								
			Find my address					
Activate Your Account								
You can add or edit your information at any time in eDofE by clicking on 'View/Edit My								

Save & enter eDofE

Profile' next to your picture.

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of use and privacy policy

I have read and agree to the above terms

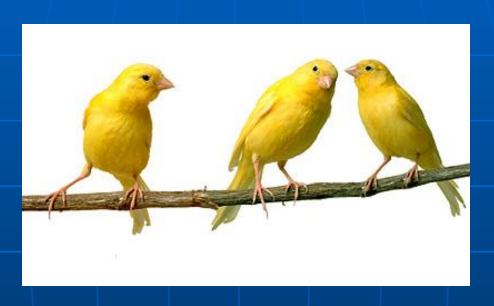
#### e DofE

Registration and record keeping have all moved into the 21<sup>st</sup> century



eDofE enables students to record their intended aims, track their progress and upload evidence of their achievements.

## Communication



All communication will be channelled through the students.
We will not communicate direct to parents about expedition arrangements

"Personal Development"

## Support on Offer



- Regular support and guidance throughout the process
- Regular meetings
- Drop in sessions
- Encouragement to sign off sections



#### Keeping Track and Recording Evidence



http://www.dofe.org/

### More Information

**Tony Liddon (Wilderness Expertise)** 

Email: dofe1@tiffingirls.rbksch.org

DofE Website: www.dofe.org

Please visit the website for more information on the Duke of Edinburgh Award