

BAD HABITS



- The health of a person is the main value in the life



- It cannot be bought with any money! There is no price for it. Being the sick person, you cannot realize all your dreams and be successful in the modern world.

But how to be healthy, when there are a lot of fatal temptations around us?

Don` t begin! Don` t make the first cigar inhalation, the first sip of alcohol! Everything begins so simply, but comes to the end with a trouble.



- It was said so much about the harm of smoking. For a long time it has been proved, that smoking is not only reflected on the budget of a family, pollutes air, but also ruins our health. But, in spite of all that the number of smoking people is not diminished. And what is more grievous, not only the teens but also the junior schoolboys begin to smoke.



- ◉ In addition to smoking, we can name the other fatal habit: the drinking of alcohol. Unfortunately, very often they combine with each other. Alcohol is a poison!



- And the usage of drugs ... They ruin all human organs, so the drug addicts die young. Few of them live longer than several years after they have started taking drugs.



- So, I consider that there is no place to these habits in our life. To my mind, only healthy people should live on our planet and then our Earth will be brighter and more beautiful, because only the healthy person will provide its further development and prosperity.



THANK YOU FOR
YOUR ATTENTION