



MY A B C'S DECREES
POSITIVE AFFIRMATIONS FOR KIDS

TITLE PAGE

“I AM”

MY ABCs DECREES

POSITIVE AFFIRMATIONS FOR KIDS

Proverbs 23:7

For as a man thinketh in his heart, so is he:

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INTRODUCTION

I AM!

MY ABCs DECREES

- Daily use of these DECREES is a powerful way to affirm self-affirmation intended to defy negative self-concept. These ABCs Decrees are encouraging, motivating and positive affirmations for children and can easily become truer than true when said over and over. It is possible that they can become a part of the child's belief. That would inspire personal growth and self-esteem. This book can become a tool for children to embrace and overcome adversity in their young lives. It also can help children create the amazing beautiful mindful visions of self-love and appreciation.
- Let your child be reminded each day that they are worthy, enough, and that they matter in every situation. I believe that when you change your thoughts and change your words it can possibly change your world.

• **A a AMAZING!**

- I am amazing, I can become whatever I want to be. Affirmations I believe guides me.

• **B b BEAUTIFUL!**

- **I am beautiful both inside and out. Blessed is how I feel everyday.**

•Cc CREATIVE!

- I am creative, I have a vibrant imagination. Courage gives me strength to keep on dreaming.**

•D d DETERMINED!

- I am determined, I give whatever I do my utmost excellence. Discipline keeps me grounded.**

- **E e ENERGETIC!**

- I am energetic, I accomplish extreme results. Enthusiasm keeps me moving towards more results.

- **F f FAITHFUL!**

- I am faithful, I am true to living dependable.
Friendly personalities helps toward reliability.

• **G g GIVER!**

- I am a giver, I am generous to others freely.
Gratefulness makes me help willingly.

• **H h HANDSOME!**

- I am handsome, strong both inside and out.
Honesty keeps me radiant with good will.

• I **i** **INSIGHTFUL!**

- I am insightful, I draw inspiration from life and my role models. Intelligence assist me in making the right choices.

• **J j JOYFUL!**

- I am joyful, I have happy thoughts every day. Jubilant feelings rise as I think the right things.

K k KIND!

- I am kind, my heart guides me to be helpful.
Knowledge of generosity keeps me on track.

L I LOVED!

- **I am loved, wonderful and awesome things happen to me. Lighting my path to dreams is affection.**

M m MOTIVATED!

- I am motivated, I play an important role in the world. Masterful energy inspiring others plays a big part in the world.

N n NOBLE!

- I am noble, I take all actions responsibly.
Naturally being kingly or queenly fits well.

O o OPTIMISTIC!

- I am optimistic, I enjoy being cheerful.
Objective is to not to worry but be happy.

P p POSITIVE!

- I am positive, I support others with love and kindness. Purpose led kids will always do the same.

Q q **QUALIFIED!**

- I am qualified, I believe in my God given abilities. Quite a feat to follow your goals and dreams.

R r RELIABLE!

- I am reliable, I take care of all my responsibilities. Reputation is key to keeping up good reliability.

S s STRONG!

- I am strong, I have the courage to be my authentic self. Shaping my future with positive affirmations.

T t THANKFUL!

- I am thankful, I love being who I am.
Teachable moments come and I am grateful to learn.

U u **UNIQUE!**

- I am unique, no changes needed....just the way I am right now. Unapologetically I have the upper hand that there is no one else in this whole wide world like me.

V v VALUED!

- I am valued, I approve of myself just the way I am right this moment. Victory is mine coming to this conclusion.

W w WORTHWHILE!

- I am worthwhile, I accept and love the good in me. Worthy is another word that I know about me.

X x eXCELLENT!

- I am excellent, I make an effort to do my best at anything put in front of me. eXciting things happens when you know you are doing things right.

Y y YOUTHFUL!

- I am youthful, I enjoy being a kid. Yes being young doesn't last long so I'm enjoying this season.

Z z ZEALOUS!

- I am zealous, I am full of energy to live my life. Zero negatives can ever stop my momentum.

ABOUT THE AUTHOR

BACK COVER