

**ART-THERAPY AS A TOOL OF
PSYCHOLOGICAL
CORRECTION OF
DISTURBANCE OF
EMOTIONAL STATE OF
PRESCHOOLER CHILDREN**

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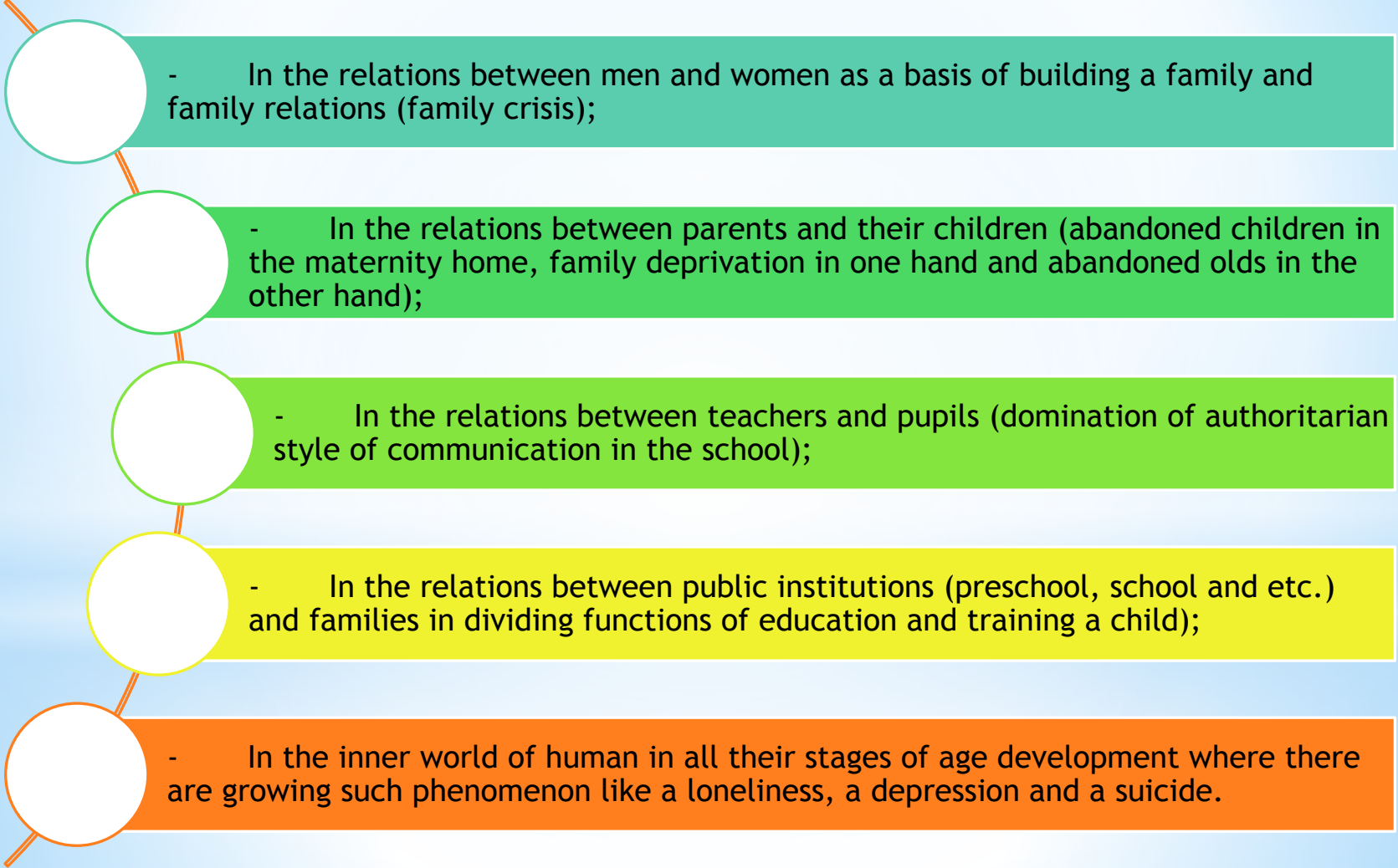
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A lack of the attention and a lack of the demand of some educational problems concerning certain sides of emotional life of children in the national pedagogy we can explain with some social reasons of our country, and one of them is an existence of a totalitarian regime in the society and general idealization of human life. All of them made a pressure on the emotional-sensual part of human consciousness and their emotional feelings

In the modern conditions emotional atmosphere of the society is not stable. High senses, ideals, moral values as an important aims of the education were pushed back with regard of new market relations.

*** All of these peculiarities of emotional state of the society were appeared as a phenomenon of emotional exclusion. This problem is shown in different spheres:**



- In the relations between men and women as a basis of building a family and family relations (family crisis);

- In the relations between parents and their children (abandoned children in the maternity home, family deprivation in one hand and abandoned olds in the other hand);

- In the relations between teachers and pupils (domination of authoritarian style of communication in the school);

- In the relations between public institutions (preschool, school and etc.) and families in dividing functions of education and training a child);

- In the inner world of human in all their stages of age development where there are growing such phenomenon like a loneliness, a depression and a suicide.

Art-therapy is used in social, pedagogical and psychological works as a tool of harmonization and development of human psychology through his art work and belongs to the psychological impact by the art. For a long time art have been indentifying as a tool of esthetic development and formation of children.

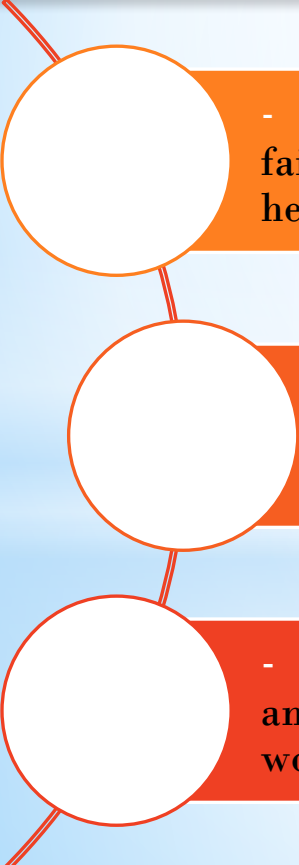
Nowadays there is a necessity of identifying an art not only as a factor of development and formation of a child personality, but as an effective tool of prevention and correction of the disturbances, conservation of children' health, protection their psychology from aggressive affect of the environment. A possibility of renewing a content of the educational process of the art work is a phenomenon of pedagogical art-therapy and its scientific basis was defined by L.A.Ametova, Zelenina and L.D.Lebedeva.

Furthermore, one of the main characteristics of art-therapy impact of the participants is an experience of positive cooperative activity, a development of communicative activity, an actualization of the roles “viewer-painter”.

Researching this **problem** we should understand that current state of the education and furthermore, preschool education does not allow getting the objectives of conservation of children’ psychological health and requires scientific development of new techniques of this problem.

A relevance of this research is an using art-therapy, furthermore, painting in the educational-training process of preschool in order to prevention and correction of negative emotional state of preschooler.

***That's why there are some contradictions between a possibility of practical using a painting as a tool of psychological correction of disturbance of emotional state of preschooler children and a failure of theoretical basis of this method. An analysis of literary resources concerning these problems allowed us to define some contradictions between:**



- **A necessity of the modern society in psychologically healthy people and a failure possibility of social institutes to educate and develop psychologically healthy personality in the existing social-economic and politic conditions;**

- **An availability of practical using a painting as a tool of the development a psychologically healthy personality on the beginning stages of the ontogeny;**

- **A requirement of the art-therapy as a self-direction in the correction work and a failure of practical possibilities of using art-therapy in the process of working with preschooler children who have disturbances of emotional state.**

The aim
of the
research:

- to study and to use art-therapy as a tool of psychological correction of disturbance of emotional state of preschooler children

Object of
the
research:

- emotional states and their disturbances of preschooler children.

A subject
of the
research:

psychological-pedagogical conditions of effective psychological correction of disturbances of emotional state of preschooler children with the help of art-therapy.

Hypothesis: art-therapy as a tool of psychological correction of disturbances of emotional state of preschooler children with the tools of the art-therapy will be effective if:

- In the process of the psychological-pedagogical activity there were created specific conditions: facilitating environment that includes art relationship, understanding child need's, using special techniques that help to destroy emotional voltage of child;

- Chosen art-therapy techniques in the process of the psychological correction contribute a positive changes of the main characteristics of the disturbances of the emotional sphere of preschooler children;

- Art-therapy as a tool of psychological correction contributes an extension of the preschooler children' view about emotions, changing of the negative emotional state;