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About Us: Dressage Clinic is an educational website offering complete unedited, reality training videos of international dressage trainers, riding and lecturing on their horses in training in the privacy of their own stables or at public educational procedures.

1-604-807-2564 Dressage Training Tips from Experts



These dressage training tips from **Dressage Clinic** will help you make a better connection with your horse in the training rapport.

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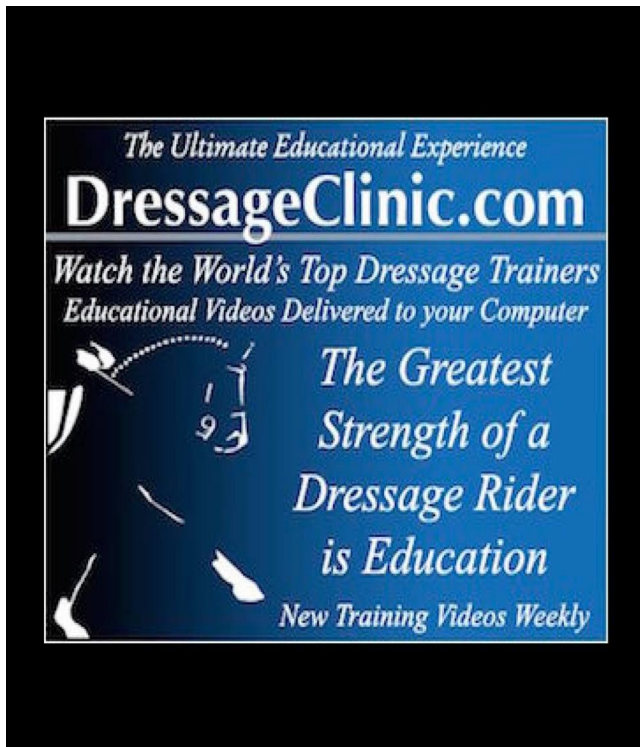
Real [Dressage Training](#) involves the biomechanics of horse and rider connecting and functioning in a way that improves balance and stability with a free flow of movement. However, many dressage riders often don't experience this excellent state due to constrained requirements of precision and control.

Work the Walk – Isabell Werth

But, once a rider experience this state, they will never want anything else from their riding.

Work the Walk – Isabell Werth

Many riders often forget to work in the walk, but there is so much to do with it. Isabell recommends a walk session of “collect and let go, collect and let go” as a warm-up exercise for hotter horses. This walk session will encourage the horse to develop a more honest connection with the rider by reaching to the bit and engaging his whole body.



Every Transition Counts – Carl Hester

For young horses, downward transitions are very crucial as they help in building strength, developing balance, and get the horse off his forehand. If you allow your horse to break down loose in the downward transition completely, it will do the same in the test. Carl says, give your horse plenty of time to find his legs, and then move them accordingly.

Visualize Greatness – Robert Dover

You can use the rubber-band exercise to achieve better thoroughness and straightness. For instance, move your horse from collected trot to medium trot and vice-versa on a circle and around the whole arena. However, for less experienced horses, you can use the rubber band exercise from working trot to lengthened stride.

These are just a few tips on dressage training. However, if you want to know more about dressage training, then take help from dressage competition and [Dressage Videos](#) available on Dressage Clinic. They have a huge collection of videos and training tips.

**For More Information about Dressage
Clinic**

<https://www.dressageclinic.com/>