

# MY IDOL



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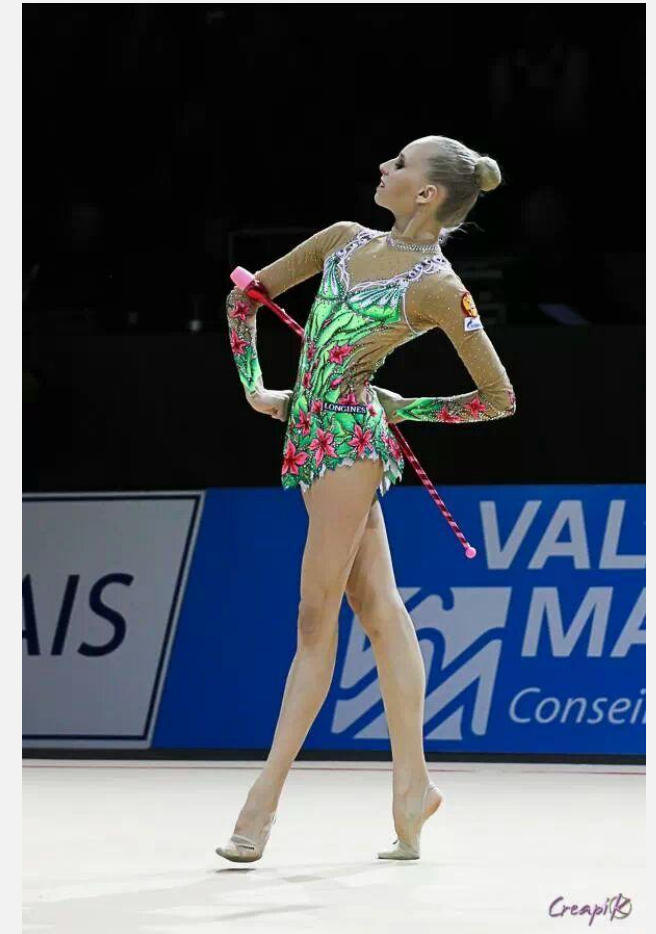
# YANA KUDRYAVTSEVA (B. SEPTEMBER 30, 1997, MOSCOW)

- Jan - daughter of the famous swimmer, Olympic champion Alexei Kudryavtsev in 1992, and his wife Victoria.
- Kudryavtseva at the age of four, started going to the section of the artistic career gymnastiki. Soznatel'naya Kudryavtseva started since 2008: she won the national junior tournaments, including junior championship of Russia in 2009 in Dmitrov, 2011 in Samara and in 2012 in Kazan.





Ian began performing at international competitions in the 2011 season. In Moscow, an international tournament of juniors, held in parallel with the Grand Prix stage When she became the first team with Dina and Arina Averin, as well as exercises with hoop and clubs. She won the Junior World Cup in Pesaro. In 2012, at the European Championship, it became a champion among juniors in the exercise with the ball, and won the "gold" in the team all-around



- **Sports career: 2013**

She took part in the World Cup in Sofia, where she took first place in the all-around and became the first gymnast to win the World Cup in his debut season. At the World Cup in Minsk Jana won its second consecutive gold medal in the all-around.

At the European Championships in Vienna, she was replaced by Alexander Merkulov, and together with her friends on the team, Margarita Mamun and Daria Svatkovsky, won the gold medal in the team mnogobore. Yana became the youngest champion of Europe, as well as Alina Kabaeva, who also won their first European Championship 15 years.

In August of the same year Jan debut at the World Championships in Kiev. In the final of the individual all-around Yana won the "gold", beating Ukrainian gymnast Anna Rizatdinova and Melitina Stanyuta from Belarus and became the youngest absolute world champion in 15 years.







- **Sports career: 2014**

New season 2014 started with Ian's participation in the first tournament Grand Prix in Moscow, becoming the third in overall and second in the finals of the exercises with hoop and clubs.

Already on the following competitions in Thiers Jan excelled in the all-around and two finals - hoop and ball - and took "silver" in the exercise with clubs, and at the World Cup in Stuttgart, has improved its results, winning four gold medals.

In April, at the last championship in Penza Russia Yana Kudryavtseva became the absolute champion in the individual all-around. On the thirtieth anniversary European Championship Kudryavtseva also celebrated the victory as the absolute champion.

Appearances at the World Cup in 2014 in Izmir began with the team all-around, which resulted in the Russian national team (Yana Kudryavtseva and Margarita Mamun Alexander Soldatov) won the gold medal. At the end of the tournament Ian received a special prize from the company Longines for elegance.







- **Sports career: 2015**

Yana Kudryavtseva won the gold medal in the individual all-around at the World Rhythmic Gymnastics Championships in Stuttgart.

Yana also became the first absolute champion of I European Games in 2015.



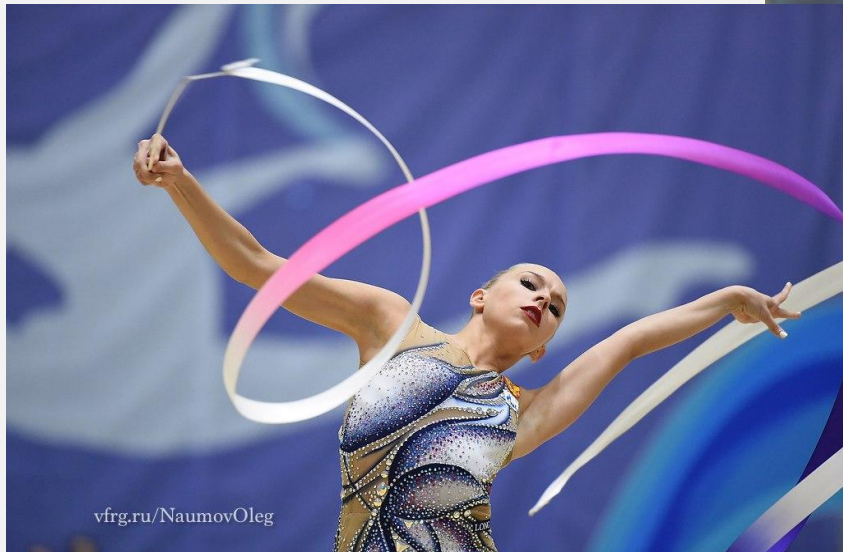
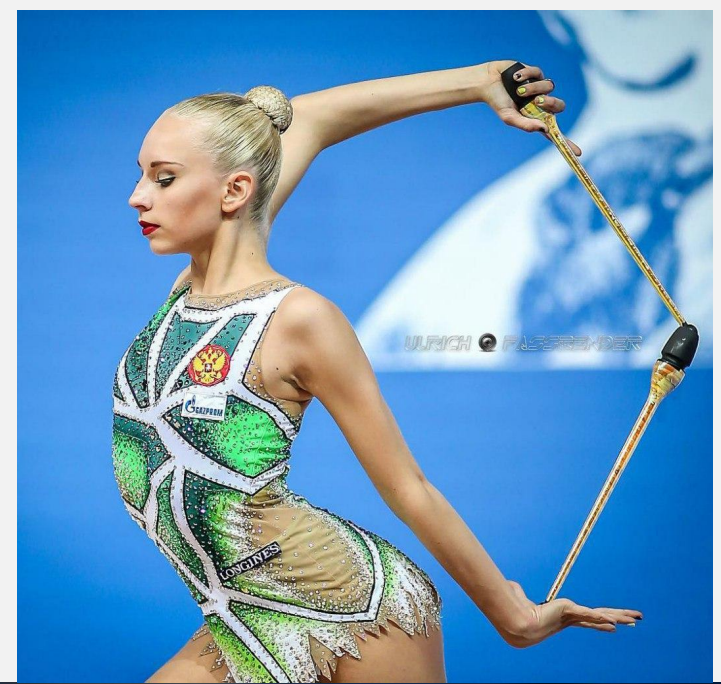


- **Sports career: 2016**

Kudryavtseva Olympic season began with a performance out of competition at the international tournament "Baltic Hoop". The first official start for it was the third World Cup in Pesaro, where she won the all-around.

At the World Cup in Tashkent, she won in all events in Sofia won the "gold" in the all-around and in exercises with ball and ribbon.

At the European Championships in Holon has become an absolute champion in the individual all-around.





# 2016 Olympic Games.

At the Olympic Games in 2016 in Brazil

Jan Kudryavtseva took second place in the individual all-around, allowing a very disappointing loss at the end of the exercise with clubs.

