



# Vitamin K

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Plays a significant role in the metabolism of bone and connective tissue, as well as in a healthy work of the kidneys.

There are in the leaves of  
lettuce...





# Green tomatoes.



all species of cabbage



# Olive oil...





# Broccoli...



# Walnuts...





Milk...



fish oils...



# Eggs...





# Dogrose...



pork liver



# History



In 1929, the Danish scientist Henrik Givé investigated the consequences of the lack of cholesterol in chicken, which were on devoid of cholesterol diet. It turned out that the healing effect have cereal grains and other plant foods.



# Vocabulary

Significant- значительную

Metabolism of bone – Обмен веществ

Kidneys-Почки

Scientist-Учёный

Investigated-Исследуемый

Cholesterol-Холлестерин

Healing-Исцеление

Pictures are taken from the Internet  
The text is taken:

[http://ru.wikipedia.org/wiki/%C2%E8%F2%E0%EC%E8%ED\\_K](http://ru.wikipedia.org/wiki/%C2%E8%F2%E0%EC%E8%ED_K)

<http://www.inflora.ru/directory/vitamins-and-minerals/vitamin-k.html>

## 1 СЛАЙД

[http://images.yandex.ru/yandsearch?text=%D0%B2%D0%B8%D1%82%D0%B0%D0%BC%D0%B8%D0%BD%20%D0%9A&img\\_url=http%3A%2F%2Fotvetin.ru%2Fuploads%2Fposts%2F2009-11%2F1257537373\\_k.jpg&pos=0&rpt=simage&lr=213&noask=1&source=wjz](http://images.yandex.ru/yandsearch?text=%D0%B2%D0%B8%D1%82%D0%B0%D0%BC%D0%B8%D0%BD%20%D0%9A&img_url=http%3A%2F%2Fotvetin.ru%2Fuploads%2Fposts%2F2009-11%2F1257537373_k.jpg&pos=0&rpt=simage&lr=213&noask=1&source=wjz)

[http://images.yandex.ru/yandsearch?p=5&text=%D0%B2%D0%B8%D1%82%D0%B0%D0%BC%D0%B8%D0%BD%20%D0%BA&pos=155&uinfo=sw-1263-sh-911-fw-1038-fh-598-pd-1&rpt=simage&img\\_url=http%3A%2F%2Furbanext.illinois.edu%2Fvegqies%2Fimages%2Fbroccoli.jpg](http://images.yandex.ru/yandsearch?p=5&text=%D0%B2%D0%B8%D1%82%D0%B0%D0%BC%D0%B8%D0%BD%20%D0%BA&pos=155&uinfo=sw-1263-sh-911-fw-1038-fh-598-pd-1&rpt=simage&img_url=http%3A%2F%2Furbanext.illinois.edu%2Fvegqies%2Fimages%2Fbroccoli.jpg)

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## 1 слайд

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## 3 слайд

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## 4 слайд

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[http://images.yandex.ru/yandsearch?p=1&text=Green%20tomatoes&pos=32&uinfo=sw-1263-sh-911-fw-1038-fh-598-pd-1&rpt=simage&img\\_url=http%3A%2F%2Fbirdworms.com%2Fwp-content%2Fuploads%2F2010%2F07%2Fgreen-tomatoes.jpg](http://images.yandex.ru/yandsearch?p=1&text=Green%20tomatoes&pos=32&uinfo=sw-1263-sh-911-fw-1038-fh-598-pd-1&rpt=simage&img_url=http%3A%2F%2Fbirdworms.com%2Fwp-content%2Fuploads%2F2010%2F07%2Fgreen-tomatoes.jpg)

## 5 СЛАЙД

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## 6 слайд

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## 7 слайд

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## 9 слайд

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## 11 слайд

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## 13 слайд

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## 14 слайд

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