



EXTREME

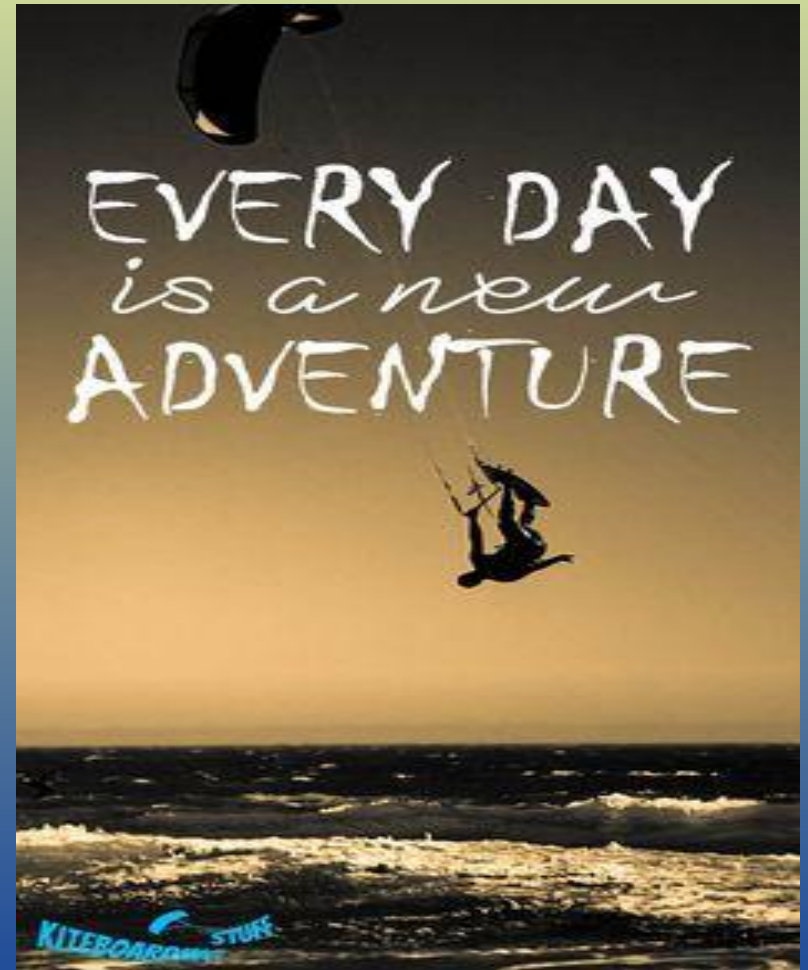


SPORTS



Quiz

Are You a Thrill-Seeker?



Succeed or fail, it's about getting outside of your comfort zone. The only way to go forward is to be willing to take that next step.

Danny Harf, an extreme rider

Bungee Jumping



Paragliding



Cliff Diving



Canoeing



Windsurfing



SKI JUMPING



Scuba Diving



Rock Climbing



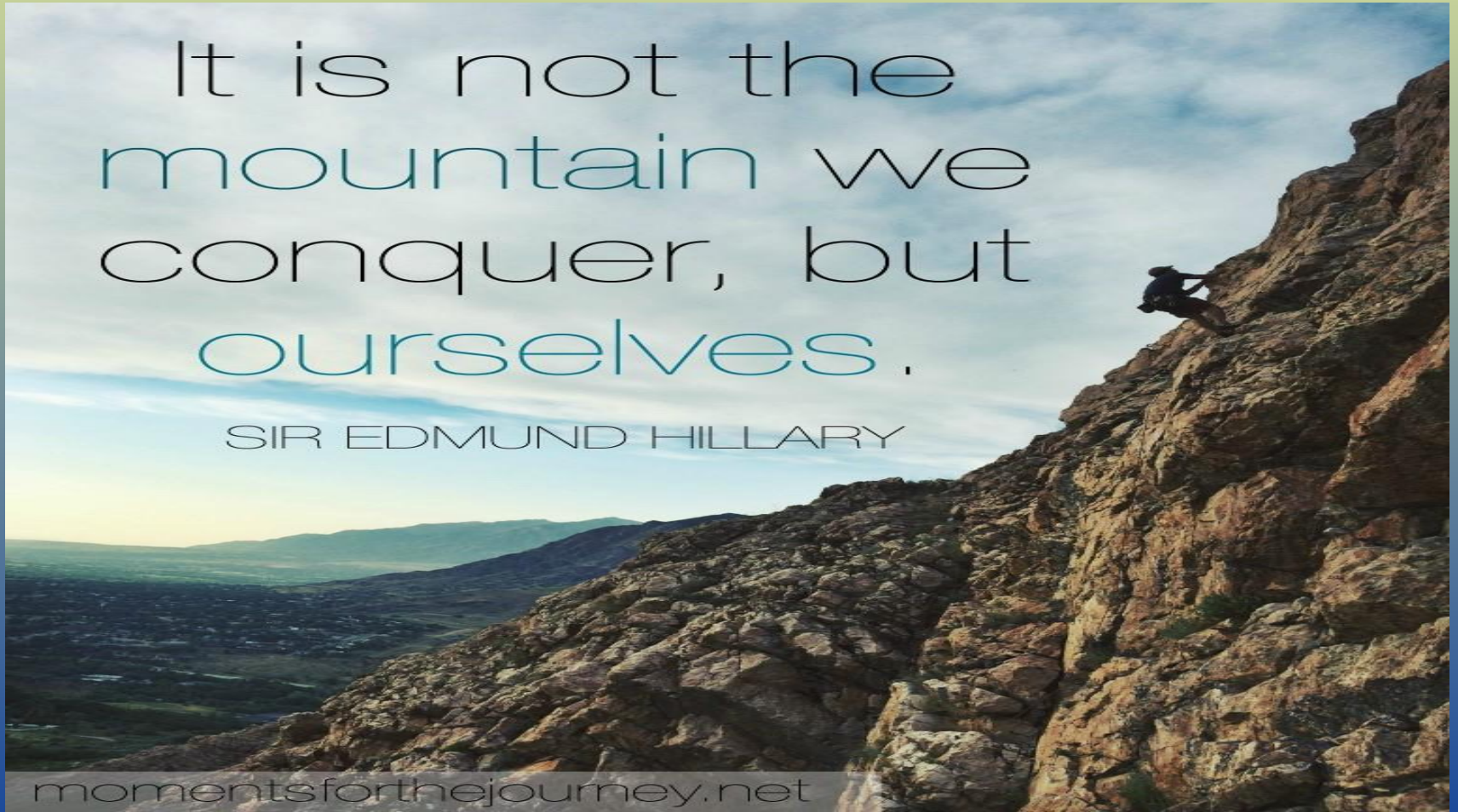
Wing –Suit Flying



Why Do People Do Extreme Sports?

It is not the
mountain we
conquer, but
ourselves.

SIR EDMUND HILLARY



A person is riding a bicycle on a curved asphalt ramp, silhouetted against a bright sky. The ramp curves upwards and then downwards. The background shows some dark hills or structures.

**DON'T
LIMIT YOUR
CHALLENGES.**

**CHALLENGE
YOUR LIMITS.**

Bruce Lee



- There are no limits. There are plateaus, but you must not stay there, you must go beyond them.

Make Your Choice..

Extreme Sports...

- *The riskier, the better.*
- *Let's go on an adventure*
- *Challenge yourself.*
- *I am not into extreme sports or something. I just live a quiet life.*

