



## **JAPAN**

Japan - an island country in East Asia, which is the second name - the Land of the Rising Sun.



### **Nutrition**

The water area of this country is inhabited by a variety of fish, crustaceans and mollusks.

Therefore, it is not surprising that fish and seafood are the second most important nutritional component of the Japanese.

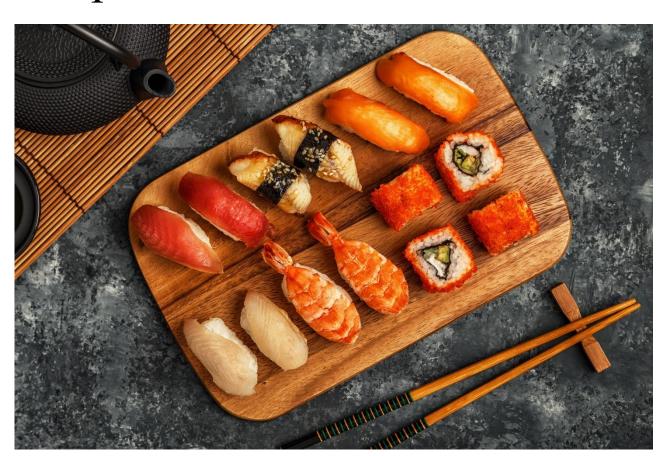


#### Sushi and rolls

Now that Japanese cuisine is so popular, only lazy has not tried it. My favorite Japanese dish is sushi or rolls. Sushi is a pressed piece of rice with a slice of fish. Rolls - is a "roll" cut into 6 - 12 pieces, which consists of: rice, seafood,



I like the combination of the taste of rice with a variety of seafood, dishes that serve food and, of course, what you need to eat with chopsticks.



#### JAPANESE CULTURE

When I go to a sushi bar or restaurants under the theme of Japanese culture, I really like the atmosphere and the interior of such establishments. It feels like being in another

country.



# THANKS FOR ATTENTION

