Sensation (not feeling)

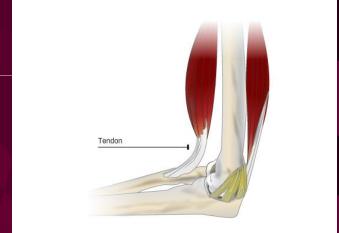
• This is a reflection of the <u>individual sensory quality</u>, reaction of the nervous system to a stimulus

External

Types of sensation:

- Visual
- Auditory
- Tactile
- Taste
- Olfactory

+



• Internal (from muscles, joints, tendons, internal organs)

Perception

• This is a reflection of the objects and phenomena of reality currently affecting our senses with all the complex of their various features and parts

Characteristics of perception:

- Objectivity
- Integrity
- Structurality
- Constancy
- Meaningfulness
- Apperception

Forms of perception:

- Simple
- Complex (space, time, movement, color)

Structurality



Constancy







Apperception

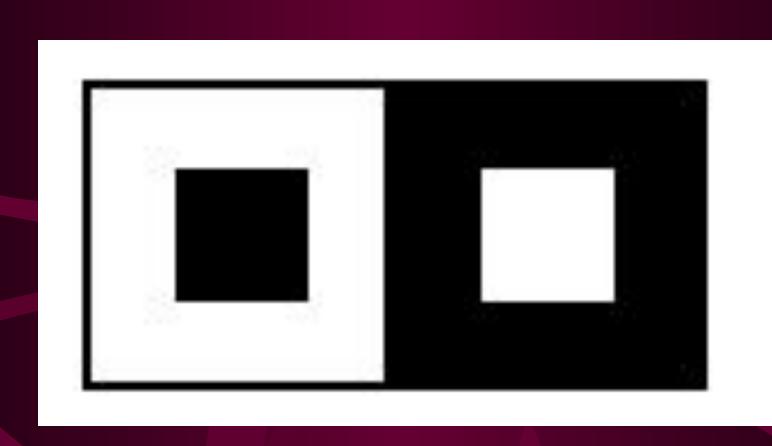


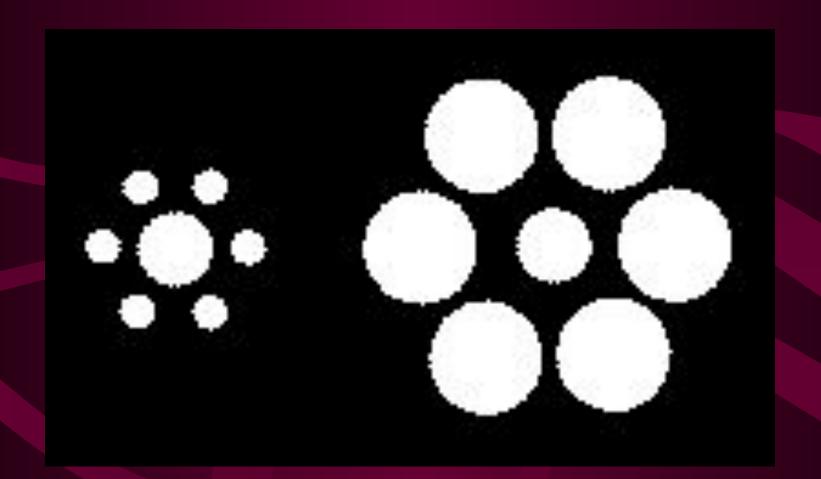
что видит обычный человек

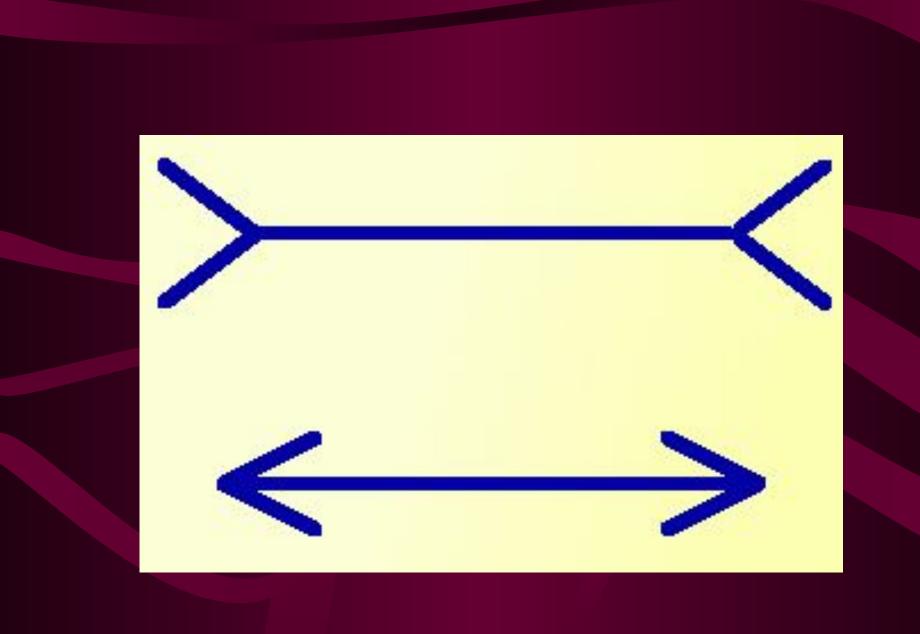
что видит сварщик

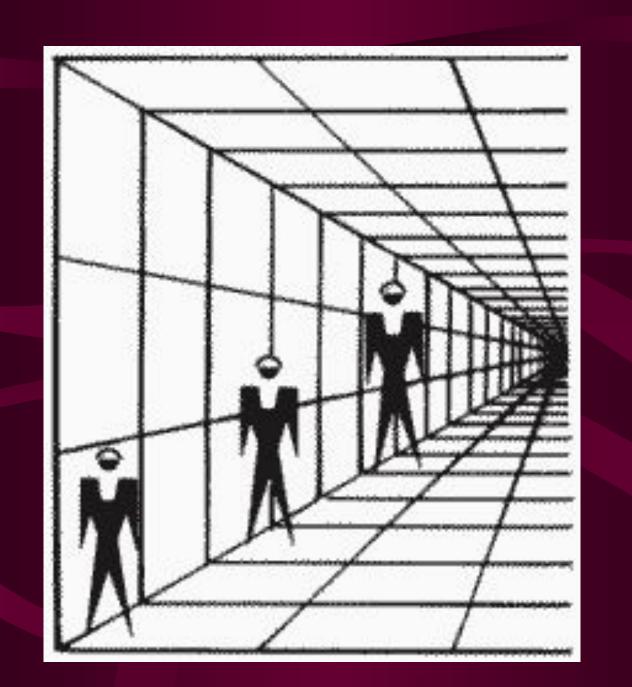


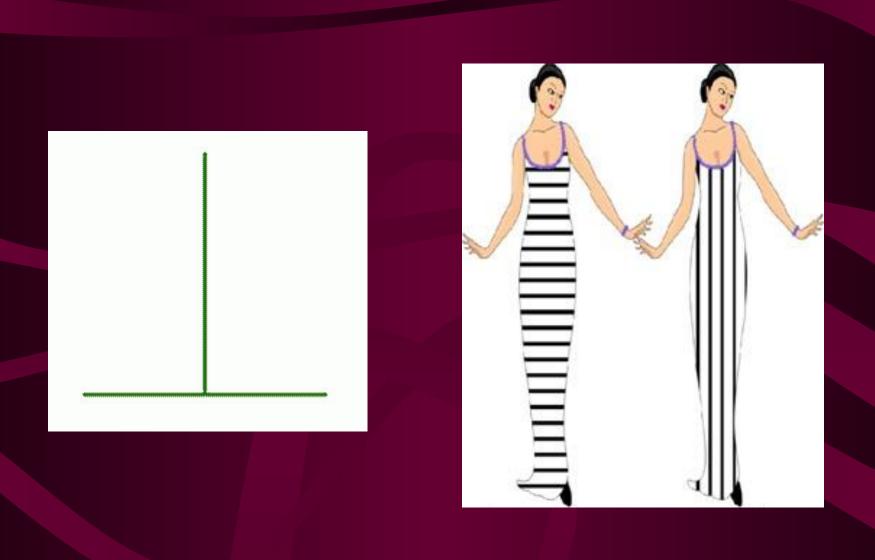
Illusions of perception

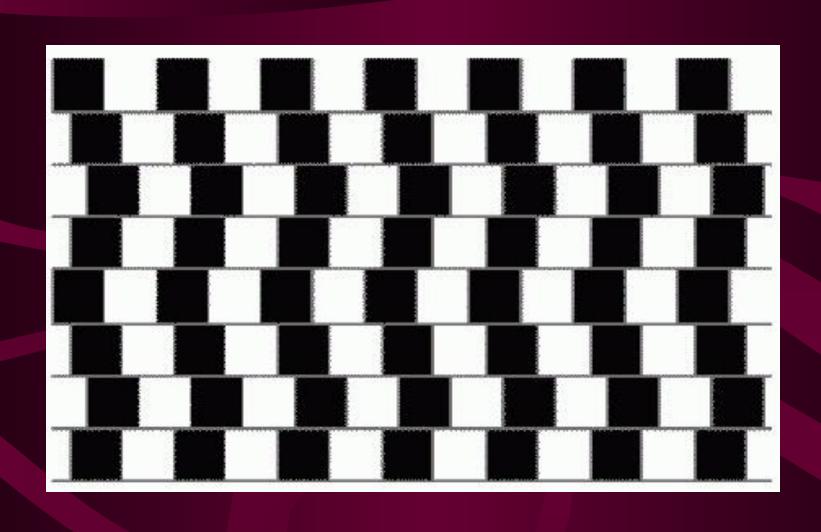


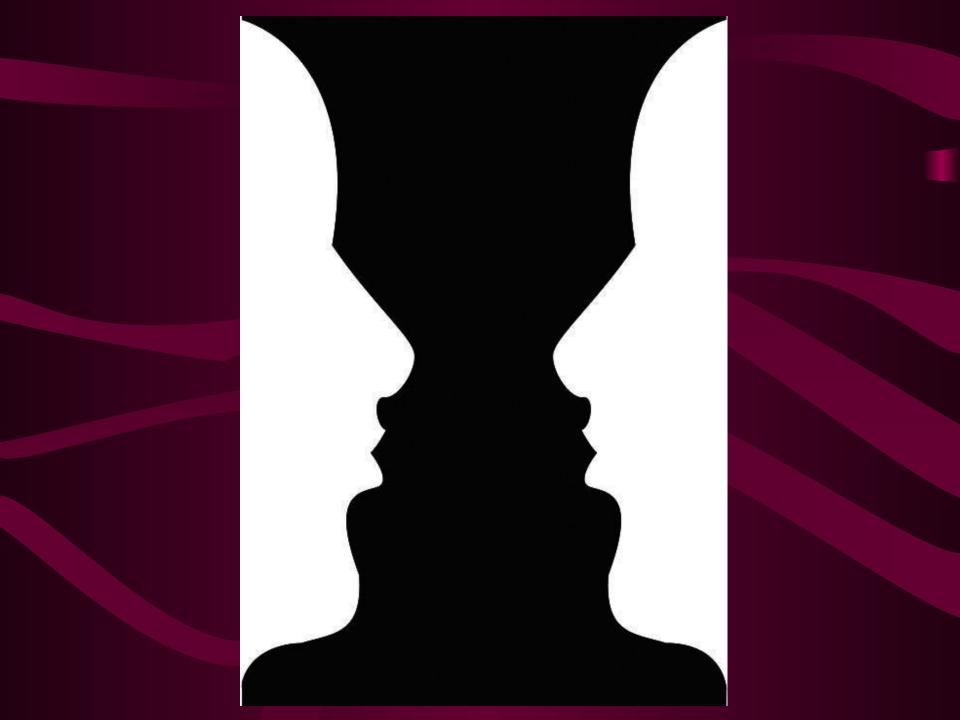


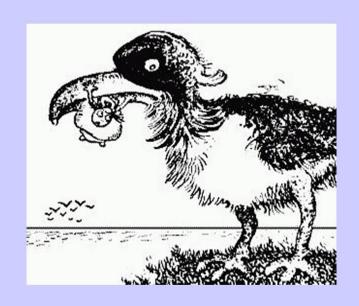


















Representation

• It is a process of mental reconstruction of images of objects and phenomena, which are not currently affecting our senses

Types of representation:

- Visual
- Auditory
- Kinesthetic (tactile)



Auditory learners make up 30% of the population.

If you're an auditory learner information comes in best through your ears, from speeches, presentations or audio books. You have a knack for foreign languages and benefit from study groups.



VISUAL

Visual learners make up 65% of the population.

They tend to be neat and tidy, excellent spellers and quick to read charts.
Visual learners also tend to be the fastest talkers.



KINESTHETIC

Kinesthetic make up just 5% of the population.

They are primarily male and love anything hands-on. These learners are often skilled athletes or musicians and are drawn to construction projects, science experiments and field trips.

Attention

 This is the focus of consciousness on any real or ideal object.

Types of attention:

Involuntary Arbitrary Post-arbitrary

Characteristics of attention:

- Sustainability the duration of engagement with the same object
- Concentration the degree of engagement
- Amount the ability to perceive several objects at once
- Switching conscious movement of focus from one object to another
- Distribution subjectively perceived ability to hold the focus of multiple objects simultaneously

M/F, in education

Memory

• It is imprinting, storage, recognition and playback of traces of past experience that allows you to store information, without losing the previous knowledge and skills

Types of memory:

- Involuntary
- Arbitrary

- Motor (movement)
- Shaped (images)
- Emotional
- Verbal and logical

- Direct print of sensory information (0,1-0,5 c)
- Short-term memory
- Operational
- Long-term memory

Memory processes:

Memorization

Storage

Playback

Forgetting

Without repetition

•
$$1 \text{ M} - 58\%$$

•
$$6 \text{ M} - 38\%$$

With repetition

•
$$1 \text{ M} - 70\%$$

•
$$6 \text{ M} - 60\%$$

Imagination

• It is the ability of consciousness to create images, ideas, views, and manipulate them

Types of imagination:

- 1. Productive Reproductive
- 2. Active Passive Intentional

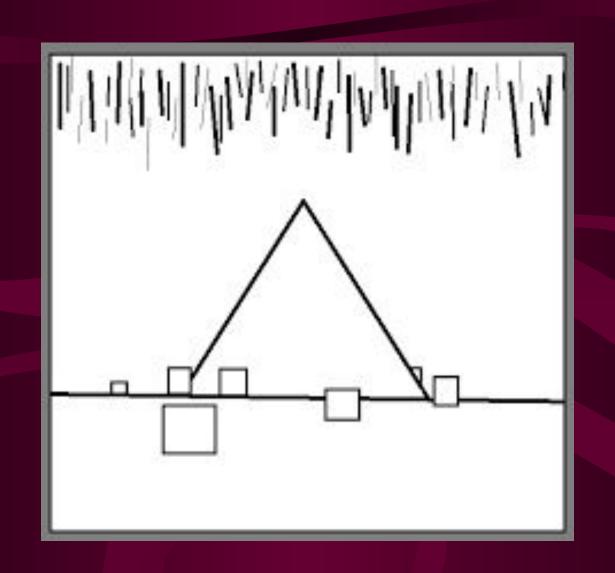
Unintentional

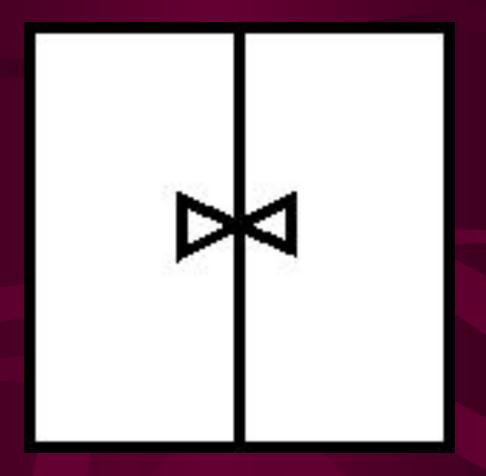
Functions of imagination

- viewing reality in images, as well as creating opportunities to use them while solving problems;
- regulation of emotional states;
- arbitrary regulation of cognitive processes, in particular perception, attention, memory, speech;
- planning activities, evaluating their result and the implementation process.

Thinking

- This is the process of cognitive activity of the individual, characterized by generalized and indirect reflection of reality
- Types of thinking:
- 1. Discursive ← Intuitive →
- 2. Predictive Reproductive
- 3. Theoretical Practical
- 4. Object-operative, visual, verbal and logical





Droodles (Roger Price, 1950-s)

Stimulate development of imagination and creative thinking:

- incomplete situations
- promotion of many questions
- promotion of independence, self-development
- bilingual experience
- positive attention from the adult to the child

Prevent development of imagination and creative thinking:

- imagination disapproval
- rigid gender stereotypes
- separation of games and learning
- readiness to change the viewpoint
- admiration for the authorities
- conformity

Intelligence (IQ)

This is general ability to learn, understand and resolve problems.



EQ & IQ

What's The Difference?

Intelligence Quotient - IQ -

- Measures cognitive intelligence – your ability to learn / skilled use of reason
- Doesn't change, fixed at birth
- Neo cortex or top portion of the brain
- Gets you through school

Emotional Intelligence Quotient - EQ -

- Measures emotional intelligence – your ability to use emotions & cognitive skills
- Flexible skill, can be learned
- Limbic system portion of the brain
- Gets you through life

What is the difference between IQ & EQ

- IQ ensures your success in school
- EQ ensures your success in life
- Suppose you find out about a problem at your office. You know the facts and the reason behind the failure. That is your IQ
- When you use these to motivate your employees, that's your EQ.
- If you know the facts, but are unable to empathize with your employees, berate and de motivate them, you have a low EQ.
- When you try to convince someone by facts alone, it shows your IQ, but when you appeal to his emotions and reason together with the use of facts, that's your EQ!