



My favourite sportsman

Kashin Ruslan
71104

Sergey Shubenkov:




Personal life:

- **Sergey Vladimirovich Shubenkov** ([Russian](#): Серге́й Владимирович Шубенков; born 4 October 1990) is a neutral (ex-Russian) [track and field](#) athlete who competes in the [110 metres hurdles](#). He is the [2015 World Champion](#), two-time [European Champion \(2014, 2012\)](#) and [2013 World bronze](#) medalist in men's 110 m hurdles. Sergey is the son of [Natalya Shubenkova](#), a former Soviet [heptathlete](#) who ranks among the best of all time in the event. however, Shubenkov only decided at age 16 to make sports his profession with intensive training. He is studying to obtain a degree in law.



Biography:



Shubenkov made a breakthrough by finishing 2nd to Britain's [Lawrence Clarke](#) at the [2009 European Athletics Junior Championships](#) in [Novi Sad, Serbia](#). Shubenkov went on to win the [European under-23](#) title in 2011. His first Worlds competition was at the [2011 IAAF World Championships in Athletics](#) in [Daegu, South Korea](#) where he finished 25th in the heats and did not advanced into the semifinals.

Shubenkov won his first major European title at the [2012 European Championships](#) in 110 m hurdles. As a rising athlete to watch out, Shubenkov debuted in the Olympics at the [2012 Summer Olympics](#) in [London](#), however he did not manage to reach the finals in men's 110 m hurdles.

In 2013, Shubenkov took the bronze in 110 hurdles at the [2013 Summer Universiade](#) in [Kazan](#) and won the gold medal in 60 m hurdles at the [2013 European Indoor Championships](#) in [Göteborg](#). He repeated his success and won his first Worlds medal by winning a bronze at the [2013 World Championships](#) in [Moscow](#).

In 2015 season, Shubenkov won the gold medal at the [2015 World Championships](#) with a Personal Best of 12.98, he edged out Jamaica's Olympic reigning bronze medalist [Hansle Parchment](#) and American Olympic defending champion [Aries Merritt](#) who won the silver and bronze medals respectively. His personal best in the event is 12.98 seconds, which is the current [Russian record](#) and the first [European](#) descent to run sub-13s in the men's 110 m hurdles. On 10 June 2015, he set his personal best in the event at the [2015 European Athletics Championships](#) in [Heusden-Zonderland](#), where he finished 12.98 seconds, which is the current [Russian record](#) and the first [European](#) descent to run sub-13s in the men's 110 m hurdles.



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Medals:

Gold:

[European U23 Championships Ostrava, Czech Republic \(2011\)](#)

[European Championships Helsinki, Finland \(2012\)](#)

[European Indoor Championships Gothenburg, Sweden \(2013\)](#)

[European Championships Zürich, Switzerland \(2014\)](#)

[World Championships Beijing, China \(2015\)](#)

Silver:

[European Junior Championships Novi Sad, Serbia](#)

[World Championships London, United Kingdom \(2017\)](#)



