

Coronavirus: True or false?

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It's dangerous to order goods (товары) from
China



False

Scientists say that most viruses like this one do not stay alive for very long on surfaces (на поверхностях). A long trip of your parcel makes it impossible.

A face mask will protect you from COVID-19



False

Certain models of professional respirators (such as the N95) can protect health care workers as they care for infected patients. All the rest don't fit tightly that's why they're not safe.

Cold weather and snow cannot kill coronavirus



True

COVID-19 can live in a human body. The normal temperature remains around 36.5°C to 37°C , regardless of the external temperature or weather.

Eating garlic doesn't prevent infection with COVID-19



True

Eating garlic (as well as taking a hot bath)
doesn't prevent the infection.

Regularly rinsing your
nose with saline
(соляной раствор)
help prevent infection
with the new
coronavirus.



This is, unfortunately, false.

However, regular rinsing your nose with saline can help you quickly recover from common cold (простуда).



Take care
and wash your hands!

Sources of information

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/2019-novel-coronavirus-myth-versus-fact>