

Traditional English Cuisine



Breakfast is the first meal of the day. It is at about 8 o'clock in the morning. And consists of porridge with milk and salt or sugar, eggs – boiled or fried, bread and butter with marmalade or jam. Some people like to drink tea, but others prefer coffee.



Lunch. The usual time for lunch is 1 o'clock. This meal starts with soup or juice. Then follows some meat or poultry with potatoes.



ENGLISH LUNCH!

SANDWICHES:

- MORTADELLA SANDWICH
- CHEESE SANDWICH
- SAUSAGE SANDWICH
- HAM SANDWICH



FRUIT:

APPLE



BANANA



DRINKS:

ORANGE JUICE



WATER



Tea is the third meal of the day. It between 4 or 5 o'clock. On the table there is tea, milk or cream, sugar, bread, cakes and jam.



Dinner is the fourth meal of the day. The usual time is about 7 o'clock. Dinner usually consists of soup, fish or meat and vegetables.



MAIN MEAL DISHES IN ENGLAND

Roast Beef

Yorkshire Pudding

Toad-in-the-Hole

Roast Meats

Fish and Chips

Ploughman's Lunch

Cottage Pie

Shepherd's Pie

Gammon Steak with egg

Lancashire Hotpot

Bubble and Squeak

English Breakfast

Bangers and Mash

Black Pudding

Bacon Roly-Poly

Cumberland Sausage

Pie and Mash with parsley liquor



Toad-in-the-hole



Black pudding



Bacon roly-poly



Pie and Mash with parsley liquor

THANK YOU FOR ATTENTION!

