

Tea in Britain



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4767AN

History of tea in England

- 18 century;
- Anne - wife of the Duke of Bedford;
- Fashionable Tea Rooms were opened for the rich;
- 4 kilos a head
- "If you are cold, tea will warm you, if you are heated it will cool you, if you are depressed it will cheer you, if you are excited it will calm you" - Gladstone, The Prime Minister.



English custom of drinking tea

Afternoon tea

- 15.30-16.30
- tea, butter and jam, cakes and biscuits



High tea

- 17.30-18.30
- ham or tongue and tomatoes and salad with strong tea, bread and butter, followed by fruit, tinned pears, apricots or pineapple with cream and cake.

How to Make the Perfect Cup of British Tea

1. Fill kettle with fresh water and bring to a boil.



2. Warm teapot by swirling a little hot water. Pour out.



3. Add 1 teaspoon tea leaves for each cup water



4. Pour boiling water over tea leaves



5. Infuse for 3 to 4 minutes.



6. Strain into China tea cups



the spruceEats

English custom of drinking tea

- If drinkers sit round the table, they leave tea saucer on the table;
- If guests go around the room or stand the must have tea saucer in the left hand and the cup in the right hand;
- The cup is taken only with two fingers.



Tea recipes

1. “**Gun-fire**” Английский огонь чай.

You need: 1 packet (50 grams) of tea, 1 liter of water , 1 liter of alcohol, 200-250 grams of sugar

2. **Custard** Английский "Яичный чай" (кастерд)

You need : 5-6 spoons of black tea, 100 ml boiled water, 500 ml boiled cream. , 2-3 yolks, sugar

3. **English tea with spices** “Чай по-английски с приправами”

You need: 1 glass of made tea, some cinnamon, 1 teaspoon of cloves, 3 teaspoons of lemon peel.

The 10 Best English Teas

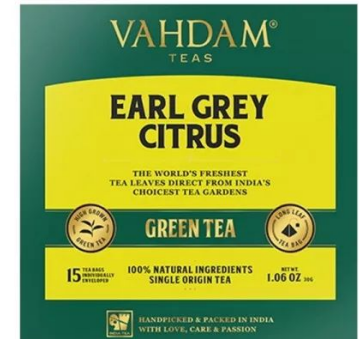
1. Rishi Organic

- loose-leaf tins or a pack of 15 single-serve bags;
- about \$8;



2. Vahdam Single Origin

- around \$25
- for those who care as much about where it comes from as how it tastes



3. U.S. Wellness Naturals

- about \$12
- Its pleasant aroma will wake up your senses, and the caffeine will kickstart your day

4. Twinings of London

- about \$314
- one of the most renowned names in the business

5. Tazo Awake

- about \$18
- a mild, yet refreshing, blend, offered in convenient filter bags and single-serve pods

6. British Breakfast

- about \$12
- sachets are filled with a mixture of regional specialties from Sri Lanka, India and Kenya

7. Taylors of Harrogate

- around \$12
- makes a satisfyingly fragrant complement to a relaxing afternoon tradition



8. Harney & Sons

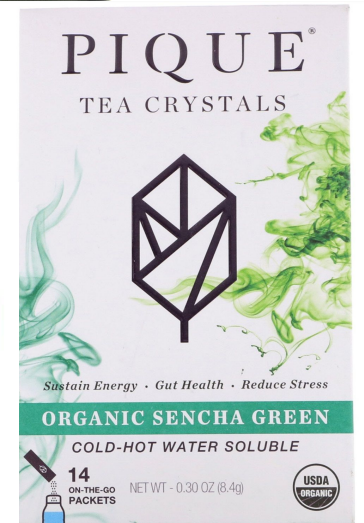
- around \$9

9. Pique Cold Brew

- about \$25
- When time is short, and some cool refreshment is in order, you'll appreciate the convenience of Pique Cold Brew

10. Tea it Yourself Kit

- about \$10
- Mix and match from an assortment of three varieties to come up with your very own signature brew to enjoy and share with friends.



Thanks for attention!

