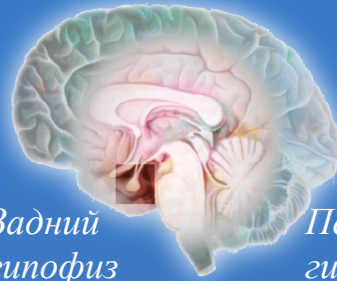


Применение утеротоников
при операции
кесарево сечения:
между
Сциллой и Харибдой

д. м. н. профессор
Е. М. Шифман

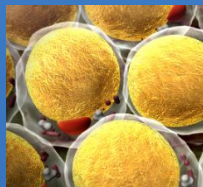


Множественные физиологические функции



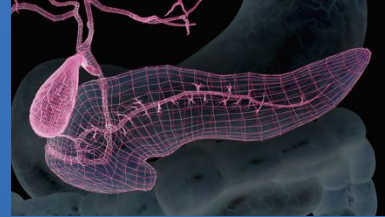
Задний гипофиз Передний гипофиз

ОКСИТОЦИН



Жировая ткань

Поджелудочная железа



Печень
Мышцы



↑ Липолиз и β-окисление Жирной кислоты

Малые адипоциты

↓ Лептин

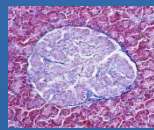
↑ Адипонектин

↑ Липопротеинлипаза
Гормончувствительная

Липаза Fat, Pnpla2

↑ Высвобождение инсулина
Протеинкиназа-с, PI

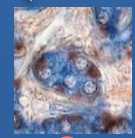
Островок Лангерганса



↑ Чувствительность к инсулину

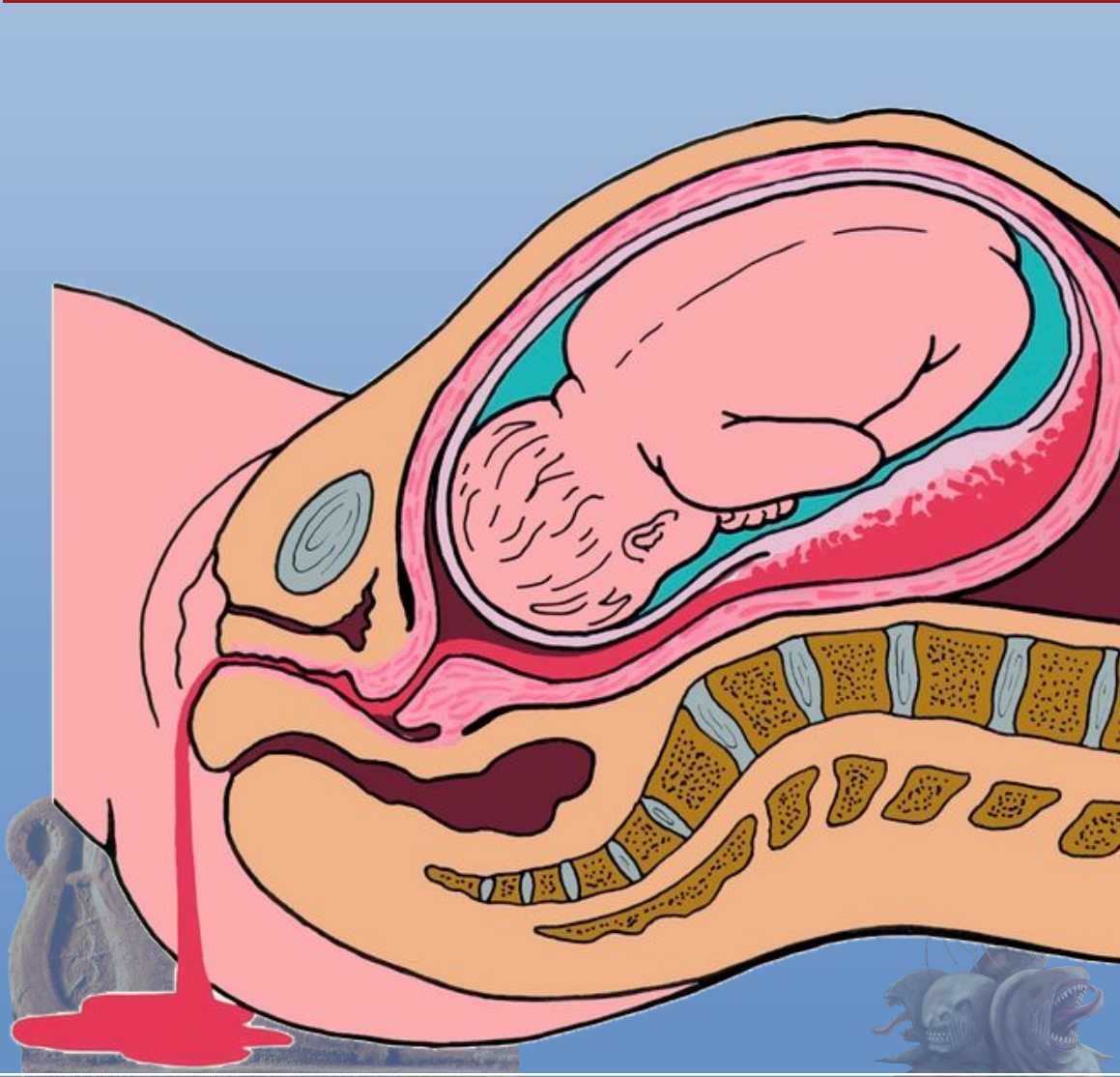
↑ Захват глюкозы

Регенерация β-клеток



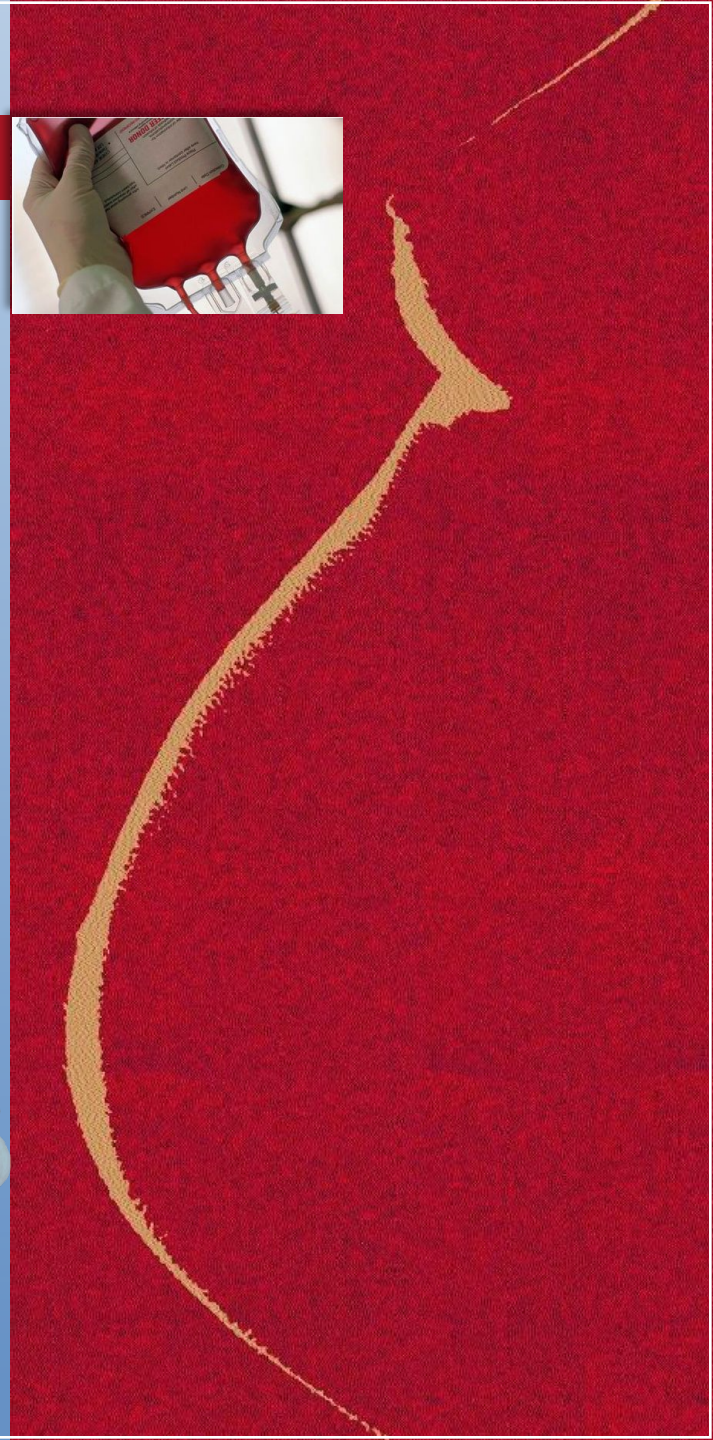
Фосфоинозитид-3 киназа, активированная протеинкиназа Ca CAMKK

**Обязательно запомнить:
в 75–90% случаях
послеродовое кровотечение –
это гипо- или атоническое
маточное кровотечение!!!**



Клинический случай

- Спинальная анестезия для кесарева сечения в связи со слабостью родовой деятельности
- Высокий спинальный блок
- Гипотония
- Placenta accreta – кровопотеря
- Окситоцин 10 ЕД болюсно
- Немедленная остановка сердца
- Безуспешная реанимация



- Смерть от кардиоваскулярных осложнений при введении 10 ЕД окситоцина была зафиксирована в *Confidential Enquiry into Maternal Deaths of the United Kingdom 1997–1999* когда пациентке был введен окситоцин при гиповолемии, вследствие кровопотери при операции кесарево сечение



Thomas TA, Cooper GM. Maternal deaths from anaesthesia. An extract from why mothers die 1997–1999, the confidential enquiries into maternal deaths in the United Kingdom. *Br J Anaesth* 2002;89:499–508.



British Journal of Anaesthesia 89 (3): 499–508 (2002)

BJA

REVIEW ARTICLE

Maternal deaths from anaesthesia. An extract from *Why Mothers Die 1997–1999, the Confidential Enquiries into Maternal Deaths in the United Kingdom*†

T. A. Thomas¹ and G. M. Cooper^{2*}, on behalf of the Editorial Board of the Confidential Enquiries into Maternal Deaths in the United Kingdom‡

¹Department of Anaesthesia, St Michael's Hospital, Southwell Street, Bristol BS2 8EG, UK. ²University of Birmingham, Department of Anaesthesia and Intensive Care, Queen Elizabeth Hospital, Edgbaston, Birmingham B15 2TH, UK

*Corresponding author

This article is reprinted from *Why Mothers Die 1997–1999*, the fifth report of the Confidential Enquiries into Maternal Deaths in the United Kingdom. RCOG Press, 2001: 134–49. Reproduced with permission from the Editorial Board.

Br J Anaesth 2002; 89: 499–508

Keywords: anaesthesia, obstetric; anaesthetic techniques, epidural; anaesthesia, general; complications

The central assessors in anaesthesia reviewed the cases of all the women in this report identified as having received an anaesthetic for this triennium, some 142 cases. In looking at the individual cases the assessors were struck by the high standards of anaesthetic care generally provided, sometimes in difficult circumstances. In most cases the standard of record keeping was also high. However, there are areas of concern about the consistency of anaesthetic services between units. Reviewing the records showed that in some places the quality and quantity of anaesthesia service does not meet the declared standards of the relevant professional bodies.

In deciding the likely cause of death, the evidence had to be weighed up without the benefit of questioning all those involved in a patient's care. Much reliance is placed on the local assessors and their ability to make discreet enquiries. Sometimes, even after coroner's inquests, the cause of death was unclear. It was therefore a matter of judgement assigning a death as being a direct result of anaesthesia, or whether substandard care contributed to the demise. Key points of the cases illustrated here result from the central assessors' judgement, bearing in mind that the purpose of the exercise is to learn from errors and improve patient care in the future.

The challenges presented to the obstetric anaesthetist are increasing in number, complexity and severity. Many sick

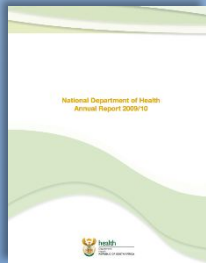
mothers have received anaesthetics safely and anaesthetists are accepting an increasing responsibility for aspects of mother's care that fall naturally within their competence and control. Anaesthetists are trained to recognize and treat major haemorrhage that they encounter in many areas of their professional practice. Obstetric haemorrhage is sometimes more difficult to manage appropriately. Nevertheless it is disappointing to record substandard aspects of anaesthetic care in seven deaths due to haemorrhage.

Conduct of anaesthesia includes preoperative preparation, delivery of anaesthesia, and postoperative recovery. In this triennium, there was one anaesthetic death ascribed as being directly due to the conduct of anaesthesia for Caesarean section, in particular to the administration of oxytocin in a compromised patient. Two other deaths are ascribed to anaesthetics given after prolonged and complex

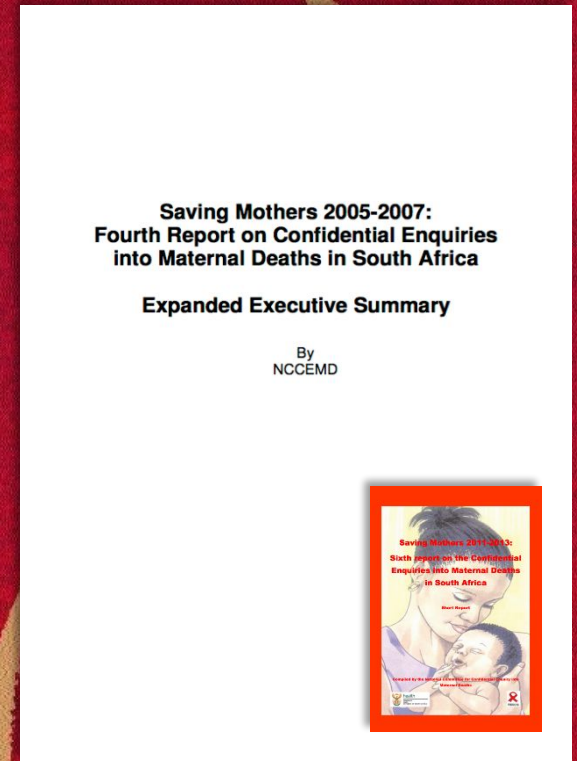
†This article is accompanied by Editorial 1.

‡Editorial Board: Gwyneth Lewis MSc, MRCP, FFPHM, FRCOG, Director and Editor, James Dritz MD, FRCOG, FRCPEd, FRCSEd, Clinical Director, Beverley Botting BSc, Hon MPhM, Christine Carson SRN SRM, PGDip MSc, Griselda Cooper FRCA, Marion Hall MD FRCOG, Catherine McCormick RN RM, James Neilson MD FRCOG, Margaret Ours FRCPsych, Robert Shaw MD FRCSEd, FRCOG, Michael de Swiet MD FRCP, Harry Millward-Sadler FRCPsych, MChM, Trevor Thomas FRCA, William Thompson MD FRCOG, Sheila Willatts MD FRCA FRCP

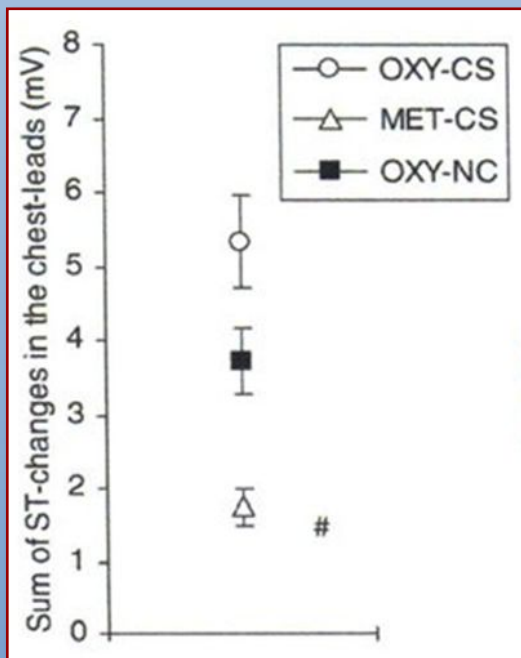
- В отчете *Report on Confidential Enquiries into Maternal Deaths in South Africa for the triennium 2005–2007* было зафиксировано две смерти при введении **10 ЕД** окситоцина при операции кесарево сечения



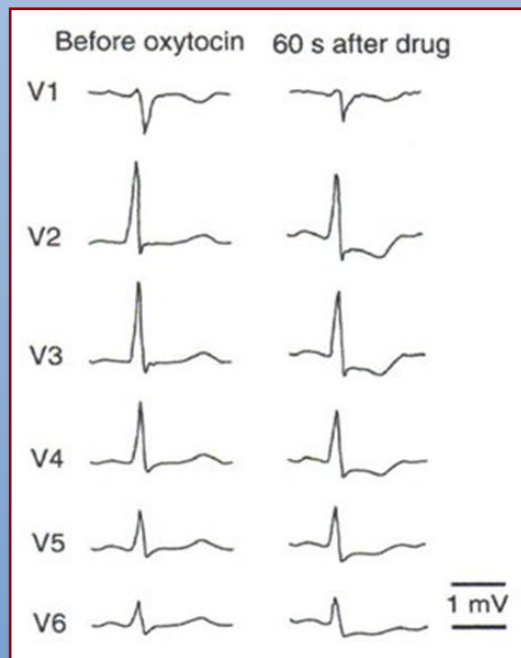
Lamacraft G. Anaesthesia related deaths. In Pattinson RC, ed. *Saving mothers: fourth report on confidential enquiries into maternal deaths in South Africa*. Department of Health, Pretoria, Republic of South Africa 2010: 137.



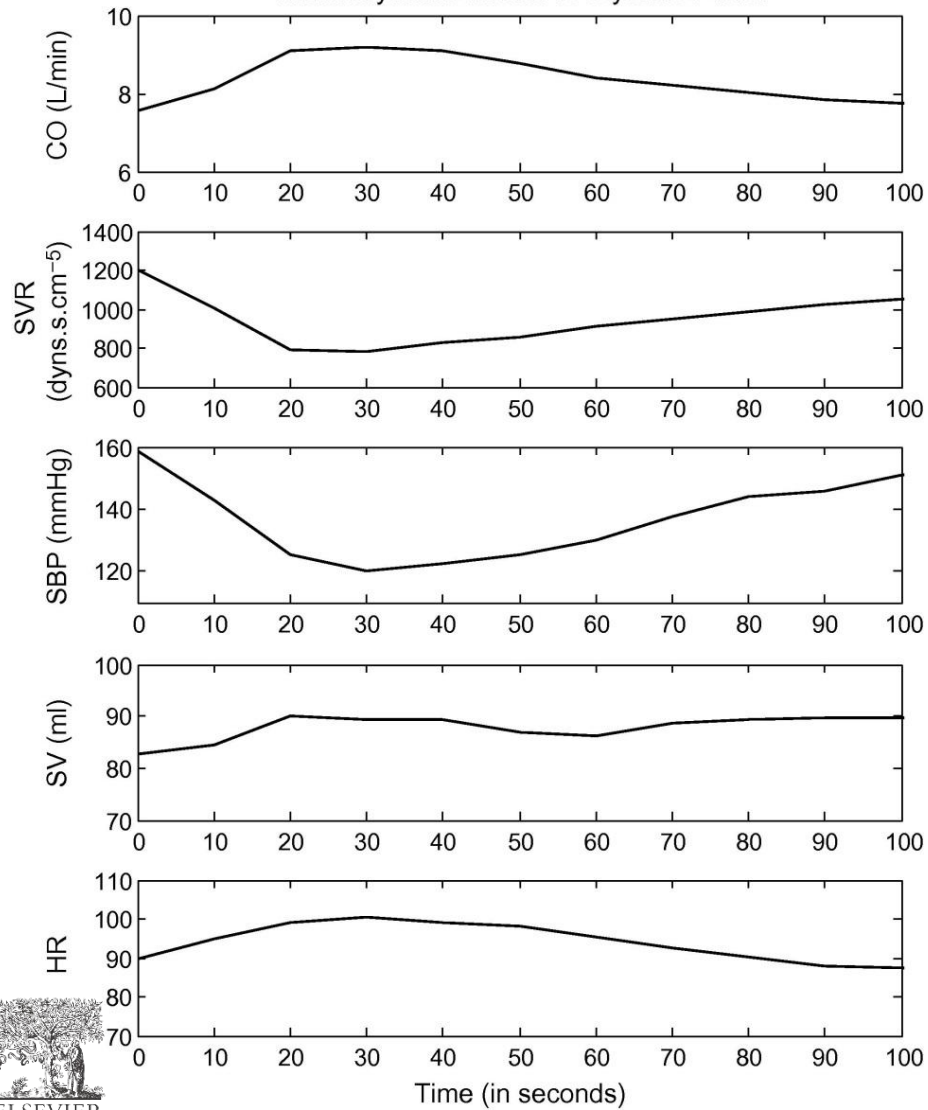
Признаки ишемии миокарда после введения окситоцина: рандомизированное, двойное слепое сравнение окситоцина и метилэргометрина во время кесарева сечения



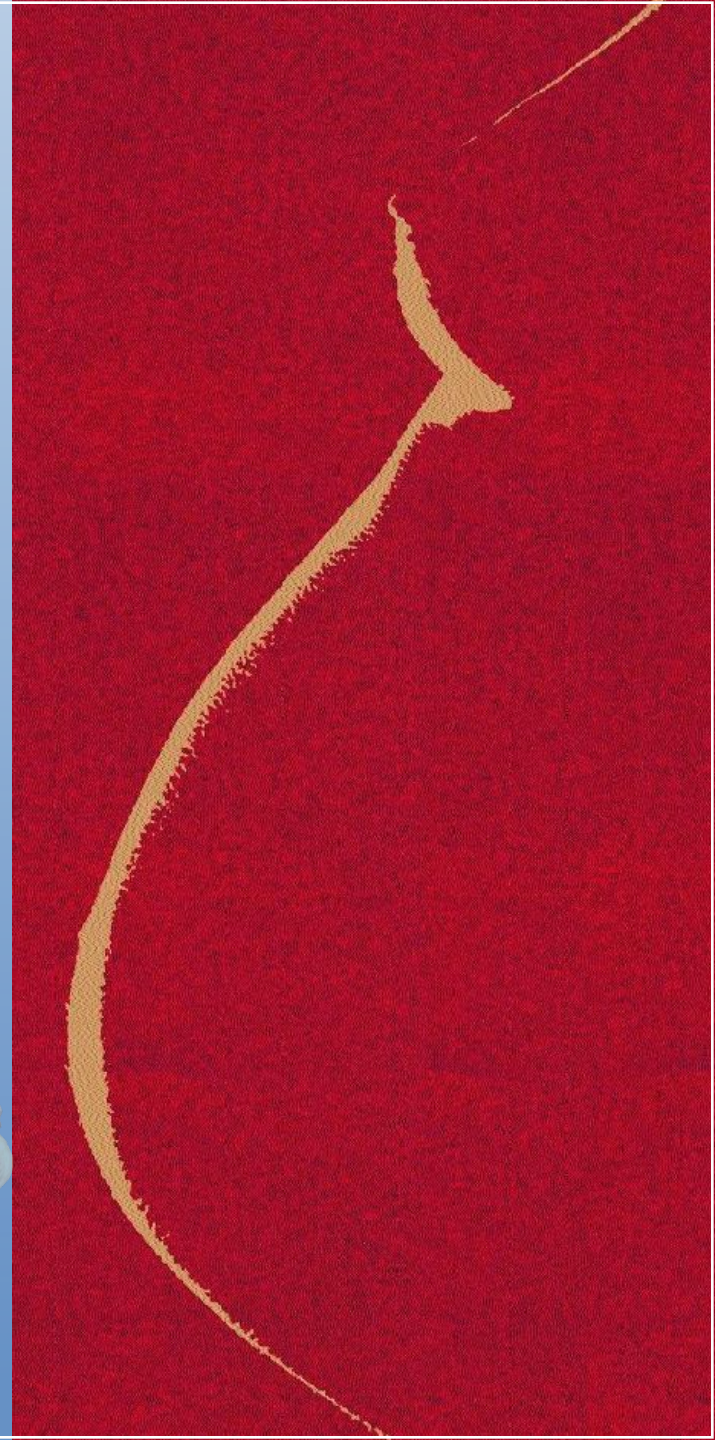
Средняя сумма изменения ST в скалярных грудных отведениях mV.

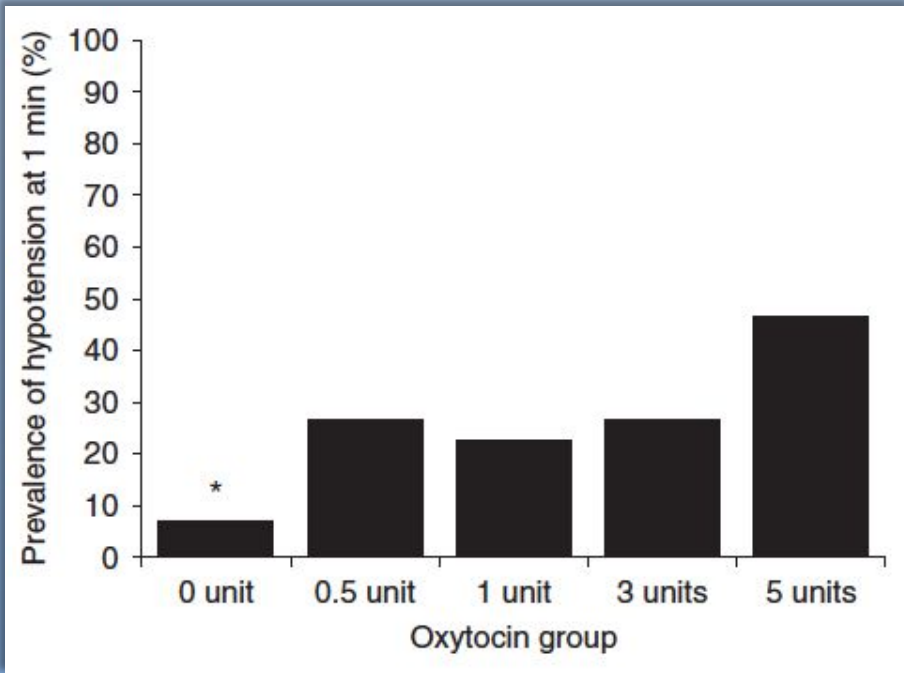


Haemodynamic effects of oxytocin 5 units



ELSEVIER





Butwick AJ, Coleman L, Cohen SE, Riley ET, Carvalho B:
Minimum effective bolus dose of oxytocin during elective caesarean delivery.
Br J Anaesth 2010; 104:338–43.

OBSTETRICS

Minimum effective bolus dose of oxytocin during elective Caesarean delivery

A. J. Butwick*, L. Coleman, S. E. Cohen, E. T. Riley and B. Carvalho

Department of Anaesthesia, Stanford University School of Medicine, Stanford, CA, USA
*Corresponding author: Department of Anaesthesia (MC-5640), Stanford University School of Medicine, 300 Pasteur Drive, Stanford, CA 94305-5640, USA. E-mail: ajbut@stanford.edu

Background. The aim of this study was to determine the lowest effective bolus dose of oxytocin to produce adequate uterine tone (UT) during elective Caesarean delivery (CD).

Methods. Seventy-five pregnant patients undergoing elective CD under spinal anaesthesia were randomized to receive oxytocin (0.5, 1, 3, 5 units) or placebo. UT was assessed by a blinded obstetrician as either adequate or inadequate, and using a verbal numerical scale score (0–10; 0, no UT; 10, optimal UT) at 2, 3, 6, and 9 min after oxytocin administration. Minimum effective doses of oxytocin were analysed (ED₅₀ and ED₉₅) using logistic regression. Oxytocin-related side-effects (including hypotension) were recorded.

Results. There were no significant differences in the prevalence of adequate UT among the study groups at 2 min (73%, 100%, 93%, 100%, and 93% for 0, 0.5, 1, 3, and 5 units oxytocin, respectively). The high prevalence of adequate UT after placebo and low-dose oxytocin precluded determination of the ED₅₀ and ED₉₅. UT scores were significantly lower in patients receiving 0 unit oxytocin at 2 and 3 min compared with 3 and 5 units oxytocin ($P < 0.05$, respectively). The prevalence of hypotension was significantly higher after 5 units oxytocin vs 0 unit at 1 min (47% vs 7%, $P = 0.04$).

Conclusions. The routine use of 5 units oxytocin during elective CD can no longer be recommended, as adequate UT can occur with lower doses of oxytocin (0.5–3 units).

Br J Anaesth 2010; 104: 338–43

Keywords: anaesthesia, obstetric; Caesarean section; drug delivery, bolus; uterus, oxytocin

Accepted for publication: December 15, 2009

Oxytocin is routinely administered during elective Caesarean delivery (CD) to initiate and maintain adequate uterine contractility after placental delivery. The uterine effect of oxytocin is important in reducing blood loss from the site of placental attachment and decreasing the risk of postpartum haemorrhage. However, adverse haemodynamic effects are known to occur after i.v. oxytocin, notably tachycardia, hypotension, and ECG changes.^{1–3} Although many practitioners use 5 units oxytocin during elective CD,⁴ there is limited evidence to substantiate this practice. Smaller bolus doses of oxytocin are associated with reduced frequency of adverse effects,⁵ however, few studies have investigated the dose-related effects of an oxytocin bolus for achieving adequate uterine tone (UT) during elective CD.^{2,5,6}

The aim of this study was to estimate the minimum effective dose of oxytocin required to produce adequate UT at 2 min for 50% (ED₅₀) and 95% (ED₉₅) of patients undergoing elective CD with spinal anaesthesia.

Methods

After obtaining Institutional Review Board approval and written informed consent, 75 healthy term patients (≥37 weeks gestation) undergoing elective CD were enrolled in this randomized, double-blind, placebo-controlled, dose-ranging study. The study was conducted at Lucile Packard Children's Hospital (Stanford, CA, USA), and patients were enrolled over a 10-month period (July 2008–April 2009).

Inclusion criteria were ASA I or II, age between 18 and 40 yr, singleton pregnancies, and elective CD with a Pfannenstiel incision. All enrolled patients received spinal



- Из-за структурной схожести с вазопрессином в больших дозах способен задерживать жидкость, провоцировать судороги и кому



Bergum D, Lonnee H, Hakli TF. Oxytocin infusion: acute hyponatraemia, seizures and coma. Acta Anaesthesiol Scand 2009;53:826–7.



Боли за грудиной и отек легких – встречаются редко и также связаны с быстрым и болюсным введением 10 ЕД окситоцина

International Journal of Obstetric Anesthesia (2008) 17, 247–254
0959-289X/\$ - see front matter © 2008 Elsevier Ltd. All rights reserved.
doi:10.1016/j.ijoa.2008.03.003



www.obstetanesthesia.com

CASE REPORT

The hemodynamics of oxytocin and other vasoactive agents during neuraxial anesthesia for cesarean delivery: findings in six cases

T. L. Archer,* K. Knape, D. Liles, A. S. Wheeler, B. Carter

Department of Anesthesiology, University of Texas Health Science Center, San Antonio, Texas, USA

ABSTRACT

Oxytocin is a commonly used uterotonic that can cause significant and even fatal hypotension, particularly when given as a bolus. The resulting hypotension can be produced by a decrease in systemic vascular resistance or cardiac output through a decrease in venous return. Parturients with normal volume status, heart valves and pulmonary vasculature most often respond to this hypotension with a compensatory increase in heart rate and stroke volume. Oxytocin-induced hypotension at cesarean delivery may be incorrectly attributed to blood loss. Pulse power analysis (also called “pulse contour analysis”) of an arterial pressure wave form allows continuous evaluation of systemic vascular resistance and cardiac output in real time, thereby elucidating the causative factors behind changes in blood pressure. Pulse power analysis was conducted in six cases of cesarean delivery performed under neuraxial anesthesia. Hypotension in response to oxytocin was associated with a decrease in systemic vascular resistance and a compensatory increase in stroke volume, heart rate and cardiac output. Pulse power analysis may be helpful in determining the etiology of and treating hypotension during cesarean delivery under neuraxial anesthesia.

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Keywords: Oxytocin; Obstetrical hemorrhage; Pulse power analysis; Pulse contour analysis; PulseCO; LiDCO; Systemic vascular resistance; Cardiac output; Stroke volume; Hemodynamics of pregnancy

Archer TL, Knape K, Liles D, Wheeler AS, Carter B.

The hemodynamics of oxytocin and other vasoactive agents during neuraxial anesthesia for cesarean delivery: findings in six cases. *Int J Obstet Anesth*

2008;17:247–54

Покраснение лица и груди, тошнота и рвота, головная боль, в том числе и раннем послеоперационном периоде тесно связаны с дозой и кратностью введения окситоцина.



Butwick AJ, Coleman L, Cohen SE, Riley ET, Carvalho B:
Minimum effective bolus dose of oxytocin during elective caesarean delivery.
Br J Anaesth 2010; 104:338–43.

British Journal of Anaesthesia 104 (3): 338–43 (2010)
doi:10.1093/bjaeaaq004

BJA

OBSTETRICS



Minimum effective bolus dose of oxytocin during elective Caesarean delivery

A. J. Butwick*, L. Coleman, S. E. Cohen, E. T. Riley and B. Carvalho

Department of Anaesthesia, Stanford University School of Medicine, Stanford, CA, USA
*Corresponding author: Department of Anaesthesia (MC:5640), Stanford University School of Medicine, 300 Pasteur Drive, Stanford, CA 94305-5640, USA. E-mail: ajbut@stanford.edu

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Многочисленные исследования реакции рожениц на назначение больших доз окситоцина (10 ЕД внутривенно капельно после извлечения плода), показали различные проявления гемодинамических и других эффектов мимикрии с анафилактоидными реакциями. Необходим срочный пересмотр протоколов назначения окситоцина во время операции кесарево сечения.



B. N. Kjær, M. Krøigaard and L. H. Garvey.

Oxytocin use during Caesarean sections in Denmark – are we getting the dose right?//

Acta Anaesthesiologica Scandinavica 60 (2016) 18–25.

ORIGINAL ARTICLE

Oxytocin use during Caesarean sections in Denmark – are we getting the dose right?

B. N. Kjær¹, M. Krøigaard² and L. H. Garvey²

¹Department of Anaesthesia, Aalborg University Hospital, Aalborg, Denmark

²Danish Anaesthesia Allergy Centre, Allergy Clinic, Gentofte Hospital, Hellerup, Denmark

Correspondence

B. N. Kjær, Department of Anaesthesia, Aalborg University Hospital, Hobrovej 18-22, 9100 Aalborg, Denmark
Email: bjame.kjaer@rn.dk

Conflicts of interest

The authors have no conflicts of interest.

Funding

Departmental funding only.

Submitted 14 June 2015; accepted 21 June 2015; submission 12 April 2015.

Citation

Kjær BN, Krøigaard M, Garvey LH. Oxytocin use during Caesarean sections in Denmark – are we getting the dose right? *Acta Anaesthesiologica Scandinavica* 2015

doi: 10.1111/aaas.12603

Background: In Denmark, an iv bolus of 10 IU oxytocin was traditionally given after delivery to prevent atony during caesarean sections. Randomized controlled trials have shown that lower iv bolus doses have same efficacy with fewer side effects and many countries now recommend a 5 IU maximum dose. The aims of this study were to investigate whether patients referred for allergy testing after oxytocin exposure had dose-related side effects to oxytocin rather than true allergic reactions and to investigate whether updated international recommendations on lower bolus doses had been implemented in practice.

Methods: Medical notes of patients tested with oxytocin as part of investigations in the Danish Anaesthesia Allergy Centre from May 2004 to January 2014 were reviewed retrospectively. A telephone survey of on-duty obstetricians at all Danish obstetric departments was performed and most recent online recommendations from the Danish societies of obstetrics and anaesthesia about the use of oxytocin were identified.

Results: In total 30 women were tested with oxytocin as part of investigations. None were allergic to oxytocin but 19 had symptoms consistent with dose-related side effects on iv provocation. The telephone survey revealed that iv doses of 10 IU oxytocin were still used and recommendations on the websites were not updated.

Conclusion: Too high oxytocin doses are still used in Denmark leading to dose-related side effects mimicking allergic reactions. Coordination between obstetricians and anaesthesiologists on producing common updated guidelines on the administration of oxytocin and dissemination of this information to obstetric and anaesthetic departments in Denmark is needed.

Editorial comments: what this article tells us

Major adverse responses to oxytocin in obstetric anaesthesia use were examined in this study in a Danish cohort, with a focus on possible allergic responses. None were found to have demonstrated allergies at later testing. High doses of oxytocin seem to remain common, with predictable adverse effects.



Carvalho et al. В своих исследованиях показали, что ED90 окситоцина составляет 0.35 IU (95% ДИ, 0.18 до 0.52 ДИ).



Carvalho JC, Balki M, Kingdom J, Windrim R:
Oxytocin requirements at elective cesarean delivery:
A dose-finding study. *Obstet Gynecol* 2004; 104 (5 Pt 1):1005–10.



Oxytocin Requirements at Elective Cesarean Delivery: A Dose-Finding Study

José C. A. Carvalho, MD, PhD, Mrinalini Balki, MD, John Kingdom, MD, and Rory Windrim, MD

OBJECTIVE: Oxytocin is frequently used by intravenous bolus and infusion to minimize blood loss and prevent postpartum hemorrhage at cesarean delivery. Current dosing regimens are arbitrary whereas large doses may pose a serious risk to the mother. The purpose of this study was to estimate the minimum effective intravenous bolus dose of oxytocin (ED₅₀) required for adequate uterine contraction at elective cesarean in nonlaboring women.

METHODS: A randomized, single-blinded study was undertaken in 40 healthy term pregnant women presenting for elective cesarean under spinal anesthesia. Oxytocin was administered by bolus according to a biased coin up-and-down sequential allocation scheme with increments or decrements of 0.5 IU. Uterine contraction was assessed by the obstetrician, who was blinded to the dose of oxytocin, as either satisfactory or unsatisfactory. After achieving sustained uterine contraction, an infusion of 40 mU/min of oxytocin was started. Oxytocin-induced adverse effects and intraoperative complications were recorded and blood loss was estimated. Data were interpreted by parametric analysis based on logistic regression model and nonparametric analyses at 95% confidence intervals (CIs).

RESULTS: The ED₅₀ of oxytocin as determined by logistic regression model fitted to the data was estimated to be 0.35 IU (95% CI 0.18–0.52 IU), with nonparametric estimates of 97.1% (95% CI 84.9–99.8%) response rate at 0.5 IU, and 100% (95% CI 92.2–100%) at 1.0 IU. The estimated blood loss was 693 ± 487 mL (mean ± standard deviation).

CONCLUSION: The bolus dose of oxytocin used at elective cesarean deliveries in nonlaboring women can be significantly reduced while maintaining effective uterine contraction. Alteration in practice will likely reduce the potential adverse effects of this drug when given in large bolus doses, but may require modification of the techniques to remove the placenta. (*Obstet Gynecol* 2004;104:1005–10. © 2004 by The American College of Obstetricians and Gynecologists.)

In many institutions, oxytocin is routinely administered by intravenous bolus and infusion at cesarean delivery after delivery of the fetus. Oxytocin promotes uterine contraction, thereby reducing blood loss from the pla-

cental site. However, when given in large doses and as a rapid bolus, oxytocin is associated with various adverse effects, including hypotension, nausea, vomiting, chest pain, headache, flushing, and myocardial ischemia.^{1,2} For these reasons, the manufacturer's instructions do not recommend bolus administration.

A variety of regimens for administration of oxytocin have been described previously but appear to be empirical.^{3–6} Furthermore, the minimum effective dose of oxytocin at cesarean delivery has not yet been established. The purpose of our study was therefore to estimate the minimum effective dose (ED₅₀) of oxytocin required to produce adequate uterine contraction at elective cesarean delivery in nonlaboring women.

MATERIALS AND METHODS

After obtaining approval from the Research Ethics Board at Mount Sinai Hospital, a randomized, single-blinded study was performed with 40 healthy term pregnant women scheduled for elective cesarean delivery. Patients were recruited between October 1, 2003, and January 21, 2004, and 20 surgeons were involved in the study. All patients with conditions that predispose to uterine atony and postpartum hemorrhage such as placenta previa, multiple gestation, preeclampsia, macrosomia, hydramnios, uterine fibroids, history of uterine atony and postpartum bleeding, or bleeding diathesis were excluded from the study. A written informed consent was obtained from the patients before enrollment in the study. All patients received 30 mL of 0.3 mol/L sodium citrate orally, 30 minutes before the institution of spinal anesthesia. Baseline blood pressure (BP) and heart rate were calculated as the mean of 3 readings, 2 minutes apart, recorded in the admitting unit using an automated noninvasive BP device. An 18G peripheral intravenous line was inserted and 10 mL/kg of lactated Ringer's solution was given as preload.

After skin disinfection and local infiltration, a subarachnoid puncture was performed in the sitting position at L₂₋₃ or L₃₋₄ interspace using a 27G Whitacre needle. Anesthetic blockade of up to a T₄ dermatomal level was

From the Departments of Obstetrics and Gynecology and Anesthesia and Pain Management, Mount Sinai Hospital, Toronto, Ontario, Canada.

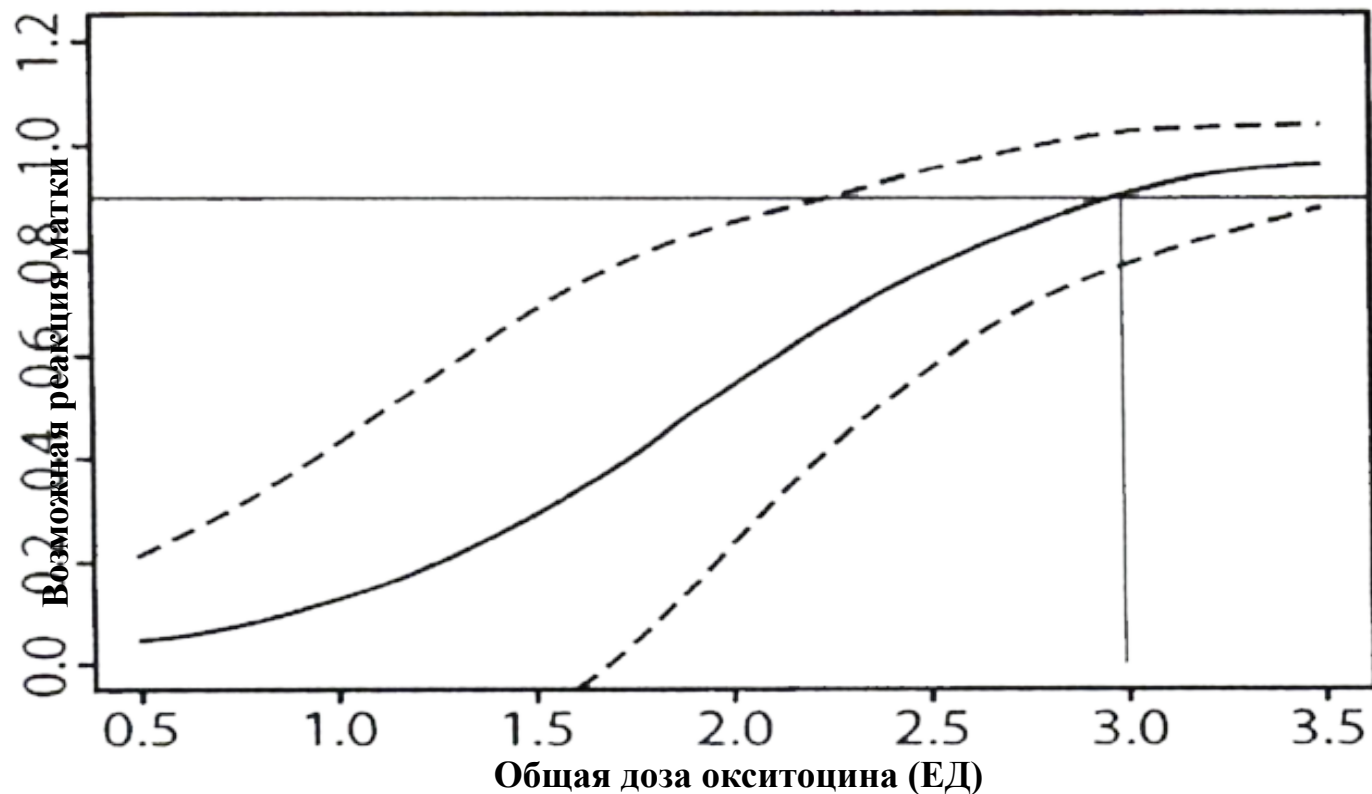
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doi:10.1097/01.AOG.0000142709.04450.d0 1005

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Минимальная потребность в окситоцине после кесарева сечения для остановки родов

Mrinalini Balki, MD, Michael Ronayne, MD, Sharon Davies, MD, Shafagh Fallah, PhD, John Kingdom, MD, Rory Windrim, MD, Jose C. A. Carvalho, MD, PhD



Введение **60** пациенткам во время операции кесарево сечения **3 ЕД** окситоцина одномоментно настолько же эффективно, как **30 ЕД** в **500 мл** кристаллоидов внутривенно капельно.

A Randomized, Double-blinded Trial of a “Rule of Threes” Algorithm versus Continuous Infusion of Oxytocin during Elective Cesarean Delivery

Vesela P. Kovacheva, M.D., Ph.D., Mieke A. Soens, M.D., Lawrence C. Tsen, M.D.

ABSTRACT

Background: The administration of uterotonic agents during cesarean delivery is highly variable. The authors hypothesized a “rule of threes” algorithm, featuring oxytocin 3 IU, timed uterine tone evaluations, and a systematic approach to alternative uterotonic agents, would reduce the oxytocin dose required to obtain adequate uterine tone.

Methods: Sixty women undergoing elective cesarean delivery were randomized to receive a low-dose bolus or continuous infusion of oxytocin. To blind participants, the rule group simultaneously received intravenous oxytocin (3 IU/3 ml) and a “wide-open” infusion of 0.9% normal saline (500 ml); the standard care group received intravenous 0.9% normal saline (3 ml) and a “wide-open” infusion of oxytocin (30 IU in 0.9% normal saline/500 ml). Uterine tone was assessed at 3, 6, 9, and 12 min, and if inadequate, additional uterotonic agents were administered. Uterine tone, total dose and timing of uterotonic agent use, maternal hemodynamics, side effects, and blood loss were recorded.

Results: Adequate uterine tone was achieved with lower oxytocin doses in the rule versus standard care group (mean, 4.0 vs. 8.4 IU; point estimate of the difference, 4.4 ± 1.0 IU; 95% CI, 2.60 to 6.15; *P* < 0.0001). No additional oxytocin or alternative uterotonic agents were needed in either group after 6 min. No differences in the uterine tone, maternal hemodynamics, side effects, or blood loss were observed.

Conclusion: A “rule of threes” algorithm using oxytocin 3 IU results in lower oxytocin doses when compared with continuous-infusion oxytocin in women undergoing elective cesarean delivery. (*ANESTHESIOLOGY* 2015; 123:92-100)

UTERINE atony can result in severe postpartum hemorrhage, gravid hysterectomy, and maternal mortality.¹ Oxytocin is the most commonly used agent for the prevention and treatment of uterine atony during cesarean delivery;² however, rapid administration and increasing doses can result in hemodynamic instability,³⁻⁶ cardiovascular collapse, and death.⁷ Moreover, the persistent use of oxytocin results in desensitization and down-regulation of its receptor, resulting in decreased uterine contractile response over time.^{8,9} Despite the demonstration of adequate uterine tone after cesarean delivery with oxytocin in low doses (<3 IU),^{10,11} the prevailing practice is the continuous infusion of doses greater than 20 to 40 IU.^{8,12,13} The recommended dose, timing, and rate of administration of oxytocin, as well as alternative second-line uterotonic agents, from major obstetric texts and professional obstetric societies are vague or nonexistent.¹⁴⁻¹⁶ The administration of oxytocin and additional uterotonic agents has been associated with significant maternal, fetal, and neonatal adverse effects.¹⁷ These side effects, particularly those associated with oxytocin, can be related to the dose and rate of administration.^{18,19}

Recently, improvements in perioperative patient outcomes have been demonstrated with the use of algorithms and more effective communication patterns.²⁰ Attention

What We Already Know about This Topic

- The dosage of uterotonic agents, primarily oxytocin, at cesarean delivery is highly variable and may frequently exceed that necessary to obtain adequate uterine tone

What This Article Tells Us That Is New

- In 60 women randomized to treatment at cesarean delivery, a single intravenous bolus of 3 IU at delivery was as effective as continuous, wide-open infusion of oxytocin, 30 IU/500 ml despite less total oxytocin delivered
- Groups did not differ in side effects associated with oxytocin

on particular tasks, such as closing the uterus or responding to uterine bleeding, may lead to inattention to the dose and pattern of uterotonic agent use. The adoption of algorithms with drugs administered on a timed basis (*i.e.*, advanced cardiac life saving) has been observed to result in improved outcomes.²¹ Moreover, active communication in the form of inquiry, the process by which information is elicited in the form of question,²² expedites the cocreation of plans and responses among health team members.²⁰

In response to these observations, we originated a clinical “rule of threes” oxytocin algorithm, which incorporates oxytocin and alternative uterotonic agents, for use during

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Vesela P. Kovacheva, M.D., Ph.D., Mieke A. Soens, M.D., Lawrence C. Tsen, M.D. A Randomized, Double-blinded Trial of a “Rule of Threes” Algorithm versus Continuous Infusion of Oxytocin during Elective Cesarean Delivery// *Anesthesiology* 2015; 123:92-100.

IOJA 2010 editorial Oxytocin protocols during cesarean delivery: time to acknowledge the risk/benefit ratio?

L. Tsen & M. Balki

- 3 ед. ударная доза
- 3 мин. Оценка
- 3 ед. доза спасения
- 3 общих дозы (1 ударная, 2 спасения)
- 3 ед/л @ 100 мл/час поддержка

International Journal of
Obstetric Anesthesia



International Journal of Obstetric Anesthesia (2010) 19, 243–245
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doi:10.1016/j.ijoa.2010.05.001

EDITORIAL

Oxytocin protocols during cesarean delivery: time to acknowledge the risk/benefit ratio?

A hormone discovered and synthesized over 50 years ago, oxytocin is currently used in the majority of births in developed countries and a growing number of births in the developing world.¹ Commonly employed to induce or augment the process of labor to effect vaginal delivery, oxytocin is also used as the first line drug to restore uterine tone and minimize postpartum blood loss following cesarean delivery. The purpose of this editorial, which is echoed in the review article by Dyer and colleagues in this issue of IOJA,² is to illuminate the risks associated with large intravenous (i.v.) bolus doses of oxytocin administered during cesarean delivery and to advocate an evidence-based, infusion approach to dosing.

The administration of oxytocin is associated with significant maternal, fetal, and neonatal adverse events. Maternal arrhythmias, hypertension, uterine hyperstimulation and hypotonia,^{3–5} fetal decreases in oxygen saturation (SaO₂) related to contraction frequency,⁶ and neonatal seizures, hyperbilirubinemia, or retinal hemorrhage⁴ have been reported following oxytocin use. During cesarean delivery, with oxytocin administered following delivery, maternal morbidity and mortality are the most relevant concerns. The 1997–99 triennial audit of the Confidential Enquiries into Maternal Deaths in the United Kingdom (U.K.), reported the deaths of two women from cardiovascular instability following an i.v. bolus of oxytocin 10 IU.⁷ Awareness of these deaths resulted in a dose reduction in the UK to an i.v. bolus of 4 IU;⁸ however, even this dose, and the method of administration, may cause hypotension, tachycardia, decreased free water clearance, peripheral flushing, nausea, emesis and signs of myocardial ischemia.^{9–11}

Although practitioners may be aware of these risks, the associated professional liability is the proverbial mountain hidden in plain sight: oxytocin remains the drug most commonly associated with preventable adverse events during childbirth, and the drug implicated in nearly half of all paid obstetric litigation claims.¹² Moreover, the United States Food and Drug Administration (FDA) has placed a black box warning restricting oxytocin use (during labor) to medical indications.¹³ Furthermore, the Institute for Safe Medication Practices (ISMP), an independent, nonprofit organization whose recommendations are utilized by

groups including the Joint Commission in evaluating medication safety, recently added oxytocin to the list of *high-alert* medications.¹⁴ This distinction, which identifies drugs “bearing a heightened risk of harm when used in error” that may “require special safeguards to reduce the risk of error”, has been applied to only 11 other specific drugs.¹⁵

In an effort to improve patient safety, the *cause célèbre* of the contemporary medical community, practitioners have questioned the high-dose, non-standardized oxytocin practices currently in use.^{17–19} The re-evaluation of oxytocin acknowledges the unpredictable therapeutic index (in which a given dose can result in either hypertonic contractions or no discernible effect, use of excessive starting doses, lack of a predetermined, lock-step protocol that precludes increasing doses on determination of insufficient lower doses, and practices that contribute to normalization of deviance (degradation of professional or technical standards based on individual experience)^{17–19} Interestingly, this call to action stops abruptly at the door of the operating room, despite literature demonstrating that common clinical practices result in unnecessary, excessive oxytocin doses. In non-laboring women undergoing cesarean delivery, a ‘ceiling effect’ of oxytocin 5 IU is witnessed, beyond which no further improvement in uterine tone and blood loss is observed;²⁰ in laboring women, high doses of oxytocin did not obviate the need for additional uterine agents.²¹ Interestingly, a small loading dose of oxytocin (ED 90 = 0.25 IU) has been determined to be sufficient in producing adequate uterine contractions during elective cesarean deliveries in non-laboring women;²² a similarly low loading dose (ED 90 = 2.99 IU) is required in laboring women.²³ Women who have received oxytocin augmentation for labor have greater blood loss despite higher oxytocin doses; this appears to originate from signal attenuation and desensitization of the oxytocin receptors, in a time and concentration dependent manner.^{24–27} Similarly, continued high-dose oxytocin exposure in the postpartum period may also lead to acute receptor desensitization and render the myometrium less responsive to additional oxytocin.²⁸

The current guidelines for the administration of oxytocin during cesarean delivery are diverse, empiric, and vague. The most recent editions of major obstetric



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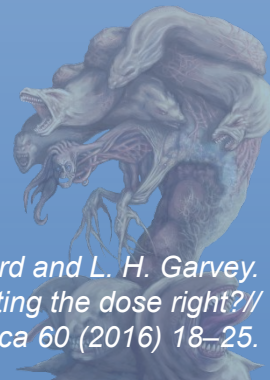
Многочисленные исследования реакции рожениц на назначение больших доз окситоцина (0 ЕД внутривенно капельно после извлечения плода), показали различные проявления гемодинамических и других эффектов мимикрии с анафилактоидными реакциями. **Необходим срочный пересмотр протоколов назначения окситоцина во время операции кесарево сечения.**



B. N. Kjær, M. Krøigaard and L. H. Garvey.

Oxytocin use during Caesarean sections in Denmark – are we getting the dose right?//

Acta Anaesthesiologica Scandinavica 60 (2016) 18–25.



ORIGINAL ARTICLE

Oxytocin use during Caesarean sections in Denmark – are we getting the dose right?

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Conflicts of Interest

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Citation

Kjær BN, Krøigaard M, Garvey LH. Oxytocin use during Caesarean sections in Denmark – are we getting the dose right? *Acta Anaesthesiologica Scandinavica* 2015

doi: 10.1111/aaas.12603

Background: In Denmark, an iv bolus of 10 IU oxytocin was traditionally given after delivery to prevent atony during caesarean sections. Randomized controlled trials have shown that lower iv bolus doses have same efficacy with fewer side effects and many countries now recommend a 5 IU maximum dose. The aims of this study were to investigate whether patients referred for allergy testing after oxytocin exposure had dose-related side effects to oxytocin rather than true allergic reactions and to investigate whether updated international recommendations on lower bolus doses had been implemented in practice.

Methods: Medical notes of patients tested with oxytocin as part of investigations in the Danish Anaesthesia Allergy Centre from May 2004 to January 2014 were reviewed retrospectively. A telephone survey of on-duty obstetricians at all Danish obstetric departments was performed and most recent online recommendations from the Danish societies of obstetrics and anaesthesia about the use of oxytocin were identified.

Results: In total 30 women were tested with oxytocin as part of investigations. None were allergic to oxytocin but 19 had symptoms consistent with dose-related side effects on iv provocation. The telephone survey revealed that iv doses of 10 IU oxytocin were still used and recommendations on the websites were not updated.

Conclusion: Too high oxytocin doses are still used in Denmark leading to dose-related side effects mimicking allergic reactions. Coordination between obstetricians and anaesthesiologists on producing common updated guidelines on the administration of oxytocin and dissemination of this information to obstetric and anaesthetic departments in Denmark is needed.

Editorial comments: what this article tells us

Major adverse responses to oxytocin in obstetric anaesthesia use were examined in this study in a Danish cohort, with a focus on possible allergic responses. None were found to have demonstrated allergies at later testing. High doses of oxytocin seem to remain common, with predictable adverse effects.



From: Changes in Blood Pressure and Cardiac Output during Cesarean Delivery:
The Effects of Oxytocin and Carbetocin Compared with Placebo
Anesthesiology. 2013; 119(3):541–551. doi:10.1097/ALN.0b013e31829416dd

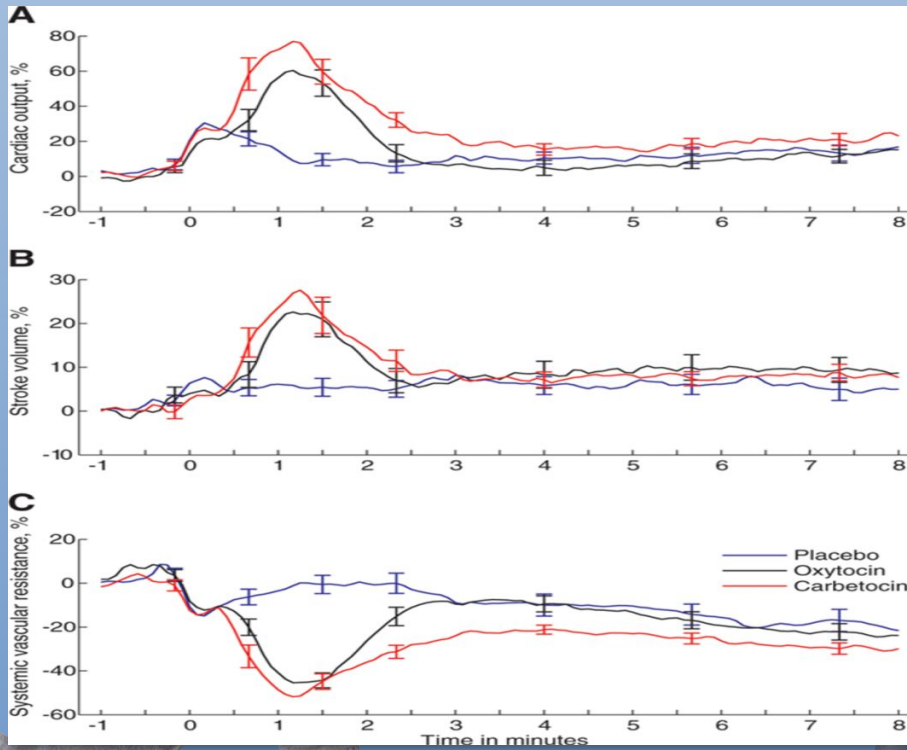
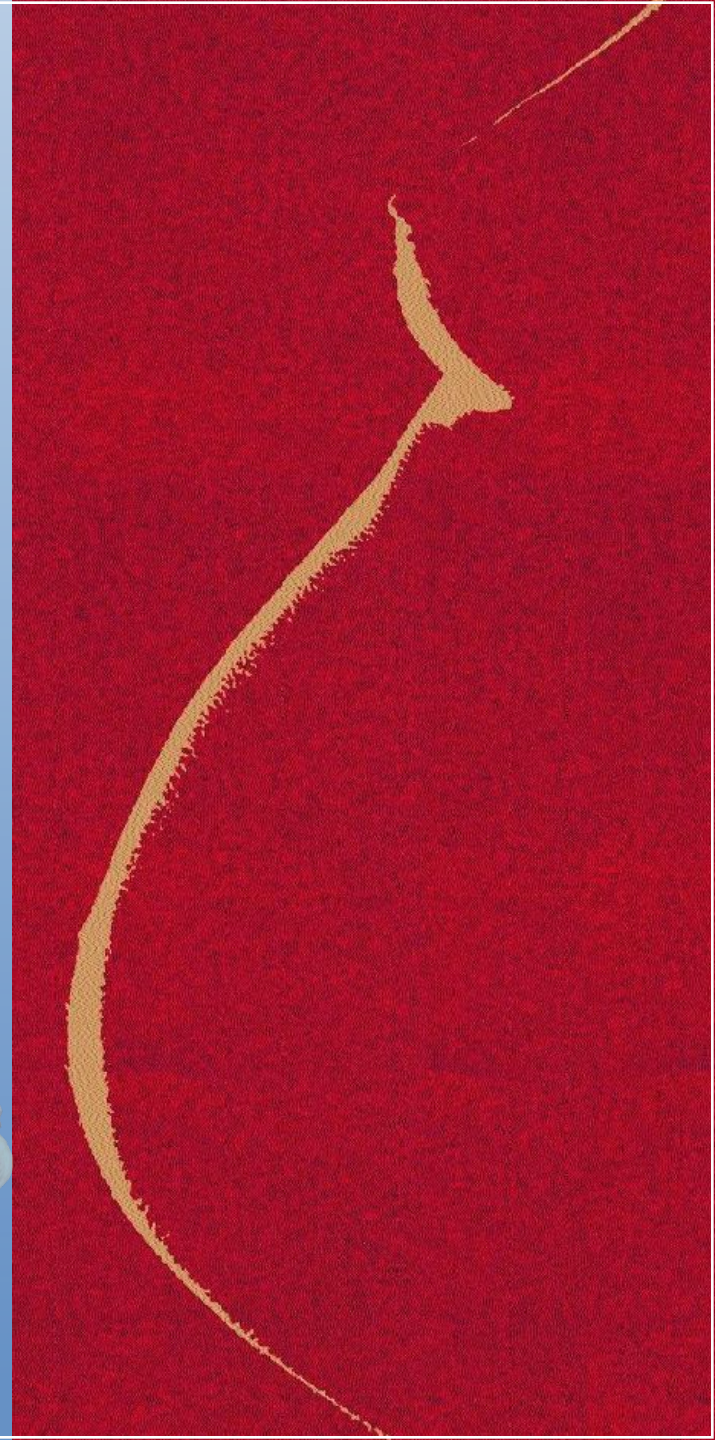


Figure Legend:

Estimated cardiac output (A), stroke volume (B), and systemic vascular resistance (C) in the three treatment groups the minute before and 8 min after intervention (intervention = time 0) presented as the percentage change from baseline representing measurements from the last 30 s before uterotomy.





From: Changes in Blood Pressure and Cardiac Output during Cesarean Delivery:
The Effects of Oxytocin and Carbetocin Compared with Placebo
Anesthesiology. 2013; 119(3):541–551. doi:10.1097/ALN.0b013e31829416dd

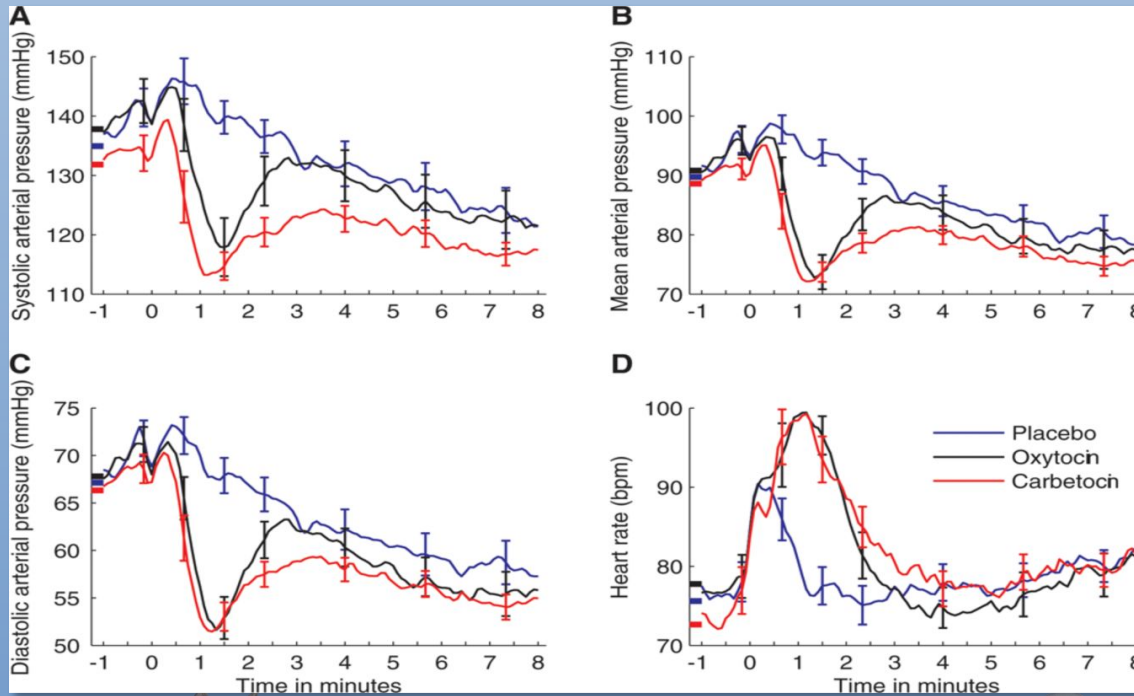
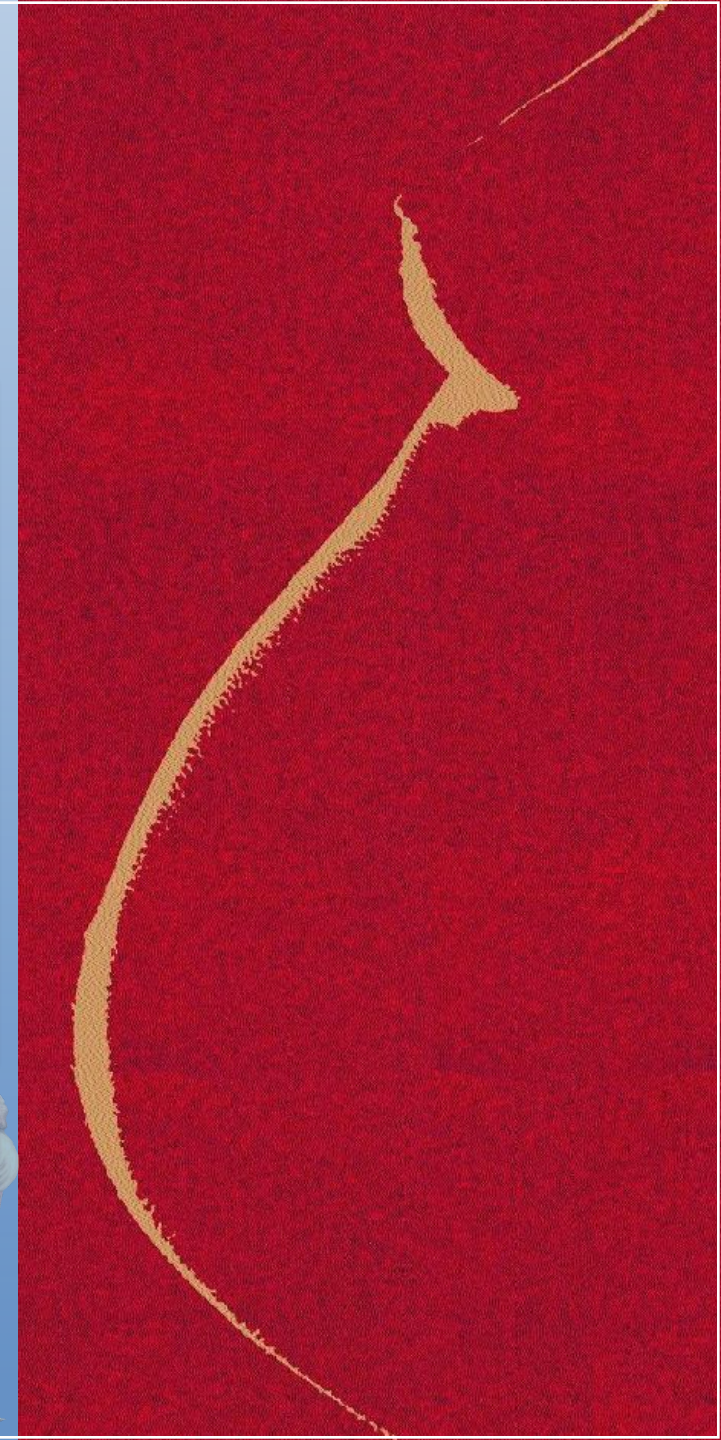
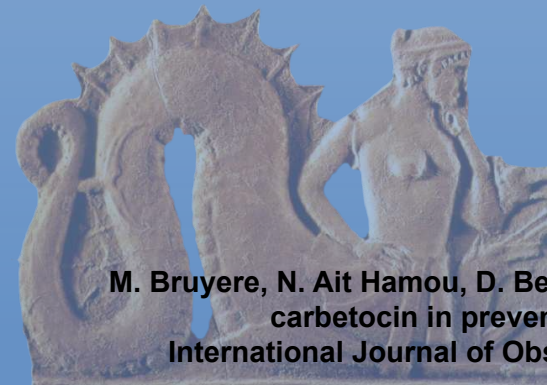
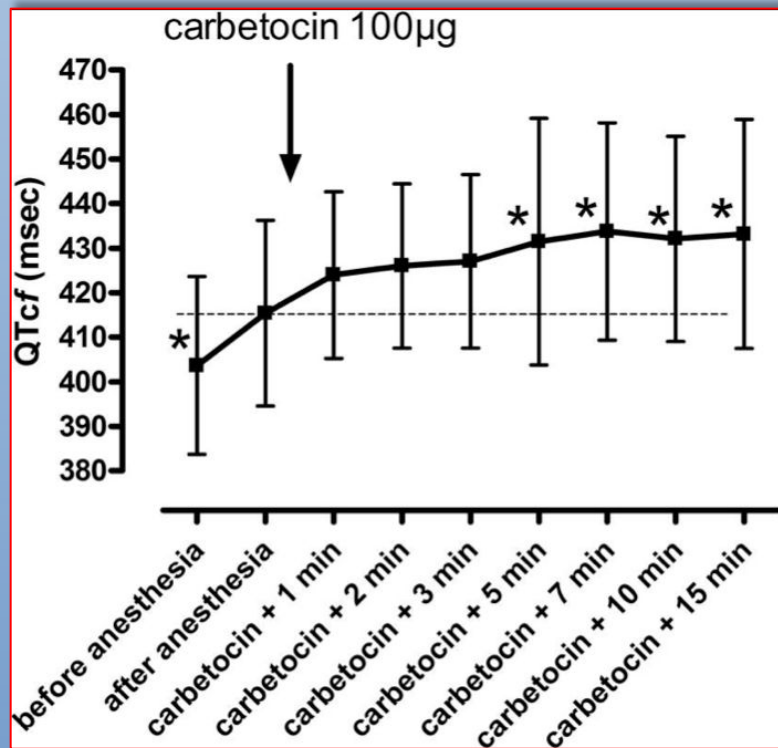


Figure Legend:

Invasive hemodynamic variables are presented as mean (SD) in the three treatment groups 1 min before and 8 min after intervention (intervention = time 0). The group means of the measurements in the last 30 s before uterotomy are indicated on the y-axis with horizontal lines. (A) Systolic arterial pressure, (B) mean arterial pressure, (C) diastolic arterial pressure, and (D) heart rate.





M. Bruyere, N. Ait Hamou, D. Benhamou. QT interval prolongation following carbetocin in prevention of post-cesarean delivery hemorrhage. International Journal of Obstetric Anesthesia. 2016 Vol. 23, (1), P. 88–89

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QT interval prolongation following carbetocin in prevention of post-cesarean delivery hemorrhage



Carbetocin is a new synthetic analog of human oxytocin that is used in the prevention of postpartum hemorrhage during caesarean delivery. It is longer lasting than oxytocin; however, it decreases arterial blood pressure and increases heart rate in similar proportions. Oxytocin has been shown to cause a transient increase in the QT interval,³ and cause changes in T-wave morphology that may predispose to cardiac arrhythmia.⁴ These effects may be caused by a direct action on conduction tissue but may also be related to indirect sympathetic effects such as a decrease in arterial blood pressure and an increase in heart rate.^{3,5,6}

This observational study assessed the electrocardiographic and hemodynamic effects of carbetocin administered during caesarean delivery. After umbilical cord clamping an intravenous bolus of carbetocin 100 µg (Pabal0, Ferring GmbH, Kiel, Germany) was administered over 10 s. A digital 12-lead electrocardiogram was obtained before induction of anesthesia, 3 min after stable anesthesia had been obtained, and then at 1, 2, 3, 5, 7, 10 and 15 min after carbetocin injection. The QT interval was measured semi-manually by a single observer and was corrected according to Fridericia's correction formula ($QTcf = QT/RR$). Sample size was calculated in order to detect a QTcf change >10 ms using a β risk at 0.20. QTcf, RR intervals and arterial blood pressure were compared by ANOVA for repeated measures and, if significant, using post-hoc analyses.

Among the 20 women enrolled (age: 31 ± 6 years, weight: 78 ± 14 kg), 85% underwent an elective procedure. Gestational age was 37 weeks and 3 days \pm 7 days. Caesarean delivery was performed because of previous caesarean delivery ($n = 7$), placenta previa ($n = 3$), cervical dystocia ($n = 2$), twin pregnancy ($n = 2$), breech presentation ($n = 2$), intrauterine growth restriction ($n = 2$), fetal cardiac rhythm abnormality ($n = 1$) and HIV infection ($n = 1$). Spinal, combined spinal-epidural and epidural anesthesia were used in 10, five and five patients, respectively. Hyperbaric 0.5% bupivacaine was used in 15 cases, 2% lidocaine in four cases and both drugs combined in one case. Fifteen women required vasopressor

support with ephedrine ($n = 10$, mean total dose 9 ± 11 mg) or phenylephrine ($n = 7$, mean total dose 60 ± 91 µg). Baseline hemodynamic characteristics before anesthesia were systolic blood pressure 134 ± 14 mmHg, diastolic blood pressure 79 ± 9 mmHg, heart rate 89 ± 14 beats/min and QTcf 403 ± 19 ms. Apgar scores were 10 in 75% (range 8–10) and 10 in 85% (range 9–10) at 1 and 5 min, respectively. Arterial blood gas measurement was obtained in 12 newborns: median pH was 7.31 (range 7.14–7.40). Mean QTcf interval values over time are shown in Fig. 1. QTcf duration was significantly longer from the post-anesthesia measurement from 5 min until the last recorded value at 15 min after carbetocin administration. The maximal increase was observed at 7 min ($+ 18 \pm 4$ ms, $P = 0.01$). Compared to the pre-anesthesia baseline measurements, all QTcf values were significantly prolonged with a maximal rise at 7 min ($+ 30 \pm 4$ ms, $P < 0.0001$). No arrhythmia occurred during the study period. Carbetocin did not modify heart rate but was associated with a 19% drop of arterial blood pressure. Compared with post-anesthesia values, the nadir was found at 15 min after carbetocin administration: -23 ± 4 and -22 ± 3 mmHg for systolic and diastolic blood pressure, respectively (both $P < 0.0001$).

Although this observational study lacked a control group, the observed QT prolongation and hemodynamic changes following carbetocin are likely to be drug-related. Firstly, the observed decrease in arterial blood pressure is close to that reported in previous studies, supporting external validity;⁷ secondly, data obtained in observational and placebo-controlled studies usually show similar drug-induced QT prolongation.⁸ However, we cannot exclude that the prolongation in QT interval might have been related to other QT prolonging factors. Apart from case

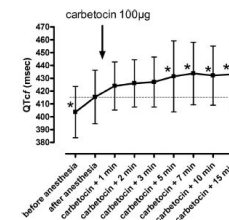


Fig. 1 Mean QTcf (\pm SD) during cesarean delivery. * $P < 0.05$ versus level after anesthesia.



РЕЦЕНЗИЯ Еще одной трагедии

В 29 нед. пациентка ночью поступила в экстренном порядке в акушерское отделение 1-го уровня с жалобами на головокружение, тошноту, рвоту.

На этапе транспортировки в стационар АД 240/120 мм рт. ст., бригадой СМП пациентке введена нагрузочная доза 5 г магния сульфата. Контроль АД 200/110 мм рт. ст.

При поступлении АД 210/110 мм рт. ст., пульс 88 уд/мин, температура тела 36.5°C. Заторможена. Зрачки ОД больше ОС.

Общее состояние тяжелое, обусловленное очаговой и общемозговой симптоматикой.

■ Хронология событий

✓ Из индивидуальной карты беременной:



РЕЦЕНЗИЯ Еще одной трагедии

В 00 час. 10 мин. за паховые сгибы согласно биомеханизму родов в тазовом предлежании извлечен плод женского пола массой 1100 гр., ростом 35 см в асфиксии 3 степени с оценкой по Апгар 3 балла, передана неонатологу.

Продолжительность операции составила 50 мин.

Общая кровопотеря 500,0 мл.

Для профилактики кровотечения в/в введено 10 МЕ окситоцина.

Введение окситоцина продолжено в течение 5 суток в послеродовом периоде в/м 2 раза в сутки.

■ Хронология событий

✓ Из индивидуальной карты беременной:



РЕЦЕНЗИЯ Еще одной трагедии

По санавиации для определения тактики дальнейшего ведения, решения вопроса о маршрутизации пациентки вызваны анестезиолог, нейрохирург, гинеколог. Учитывая, что родильница нетранспортабельна, коллегиально решено перевести женщину РАО МБУЗ ЦГБ для лечения и проведения спиральной компьютерной томографии.

По заключению СКТ подтвержден геморрагический инсульт в СМА справа с прорывом крови в желудочковую систему, с формированием гематомы, без дислокации срединных структур, с кровоизлиянием в ствол мозга, отек мозга.

Заключение нейрохирурга при повторном осмотре консультантами санавиации: оперативное лечение (наложение вентрикулярного дренажа) не показано.

Запланирован перевод в 3-й уровень.

■ Хронология событий

✓ Из индивидуальной карты беременной:



РЕЦЕНЗИЯ Еще одной трагедии

■ Патологоанатомический диагноз:

✓ Основной:

Кровоизлияние с формированием гематомы в области подкорковых узлов, промежуточного мозга и частично среднего мозга справа.

Фоновый: Гипертоническая болезнь, кризовое течение. Ожирение II ст.

Осложнения: Прорыв крови в желудочки мозга. Отек, набухание и дислокация головного мозга. Острое венозное полнокровие внутренних органов. Альвеолярный отек легких. Серозный бронхит. Посткатетеризационный пневмоторакс слева, дренирование левой плевральной полости.

Сопутствующий: Состояние после кесарева сечения при беременности 29–30 недель.

■ Хронология событий

✓ Из индивидуальной карты беременной:



РЕЦЕНЗИЯ Еще одной трагедии

На основании клинических и патологоанатомических данных обнаружено, что больная страдала гипертонической болезнью, на фоне которой развилось кровоизлияние с формированием гематомы в области подкорковых узлов, промежуточного мозга и частично среднего мозга справа (дм 6 см).

Кровоизлияние в головной мозг осложнилось прорывом крови в желудочки мозга, отеком, набуханием и дислокацией головного мозга, что и явилось непосредственной причиной смерти.

Заключение:

Смерть больной, страдавшей гипертонической болезнью, наступила от обширного глубокого кровоизлияния в головной мозг с прорывом в желудочки.

Непосредственная причина смерти – отек и набухание головного мозга с его дислокацией.

▪ Патологоанатомический эпикриз

✓ *Из индивидуальной карты беременной:*

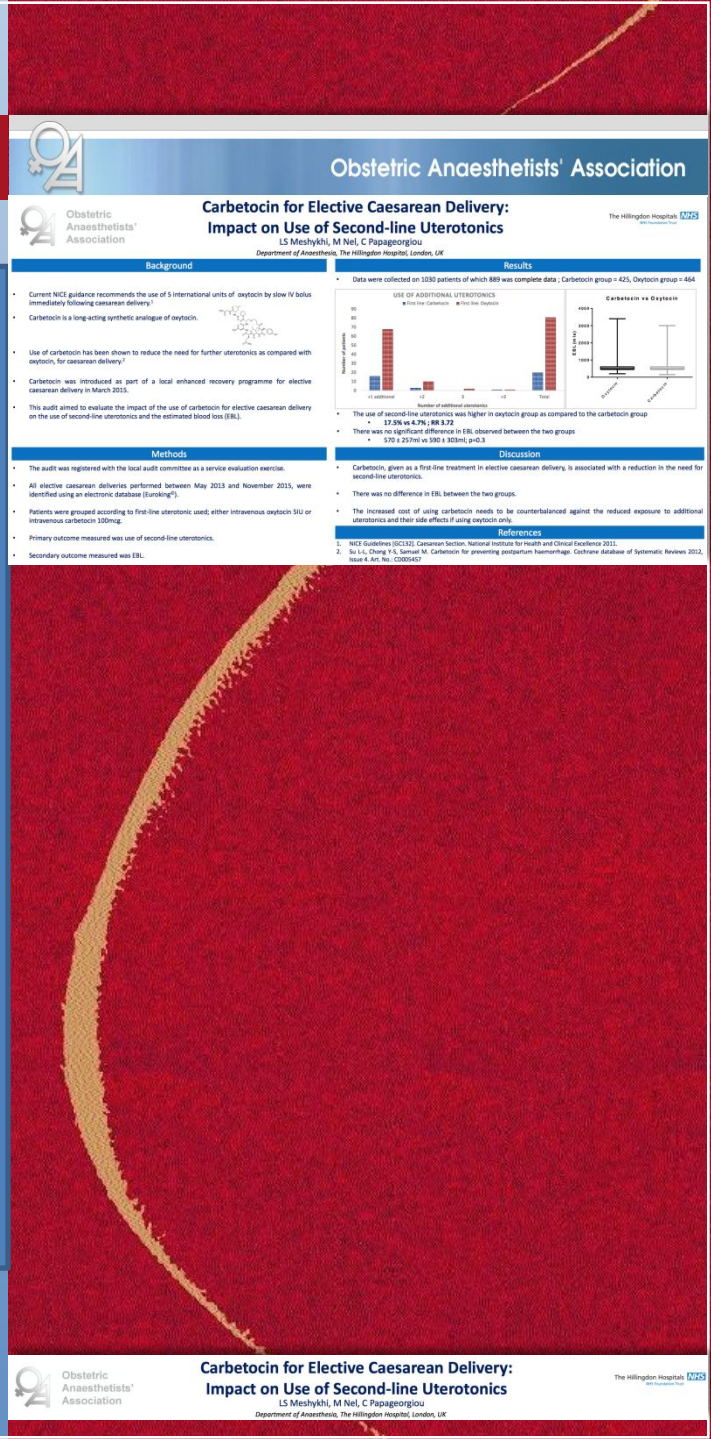


При введении **карбетоцина**, как препарата первой очереди при плановом КС, отмечалось снижение потребности в повторных введениях утеротоников

Не отмечено разницы по объему кровопотери в группах (*окситоцин и карбетоцин*)

Увеличение стоимости при лечении карбетоцином сопоставимо с уменьшением дополнительного применения утеротоников второй очереди и побочными эффектами применения только окситоцина

Meslyhi L.S., Nel M., C. Papageorgiou. Carbetocin for Elective Caesarean Delivery: Impact on Use of Second-line Uterotonics. OAA meeting May 2016, P. 12

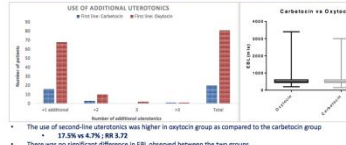


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Obstetric Anaesthetists' Association

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Carbetocin for Elective Caesarean Delivery: Impact on Use of Second-line Uterotonics
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Department of Anaesthesia, The Hillingdon Hospital, London, UK

The Hillingdon Hospitals NHS Foundation Trust

Background	Results
<ul style="list-style-type: none">Current NICE guidance recommends the use of 5 international units of oxytocin by slow IV bolus immediately following caesarean delivery¹.Carbetocin is a long-acting synthetic analogue of oxytocin.Use of carbetocin has been shown to reduce the need for further uterotonics as compared with oxytocin, for caesarean delivery².Carbetocin was introduced as part of a local enhanced recovery programme for elective caesarean delivery in March 2015.This audit aimed to evaluate the impact of the use of carbetocin for elective caesarean delivery on the use of second-line uterotonics and the estimated blood loss (EBL).	<ul style="list-style-type: none">Data were collected on 1030 patients of which 889 was complete data. Carbetocin group = 425, Oxytocin group = 464.  <p>USE OF ADDITIONAL UTEROTONICS</p> <p>Number of additional uterotonics</p> <p>• The use of second-line uterotonics was higher in oxytocin group as compared to the carbetocin group</p> <ul style="list-style-type: none">17.5% vs 4.7%, RR 3.72 <p>• There was no significant difference in EBL observed between the two groups</p> <ul style="list-style-type: none">570 ± 217ml vs 590 ± 303ml, p=0.3
Methods	Discussion
<ul style="list-style-type: none">The audit was registered with the local audit committee as a service evaluation exercise.All elective caesarean deliveries performed between May 2013 and November 2015, were identified using an electronic database (Jusisling[®]).Patients were grouped according to first-line uterotonic used; either intravenous oxytocin 30U or intravenous carbetocin 100µg.Primary outcome measured was use of second-line uterotonics.Secondary outcome measured was EBL.	<ul style="list-style-type: none">Carbetocin, given as a first-line treatment in elective caesarean delivery, is associated with a reduction in the need for second-line uterotonics.There was no difference in EBL between the two groups.The increased cost of using carbetocin needs to be counterbalanced against the reduced exposure to additional uterotonics and their side effects if using oxytocin only.
	References
	<ol style="list-style-type: none">NICE Guidelines (GC133). Caesarean Section. National Institute for Health and Clinical Excellence 2011.Su L., Cheng Y.S., Samra M. Carbetocin for preventing postpartum haemorrhage. Cochrane Database of Systematic Reviews 2012, Issue 4. Art. No.: CD009497.

OAA
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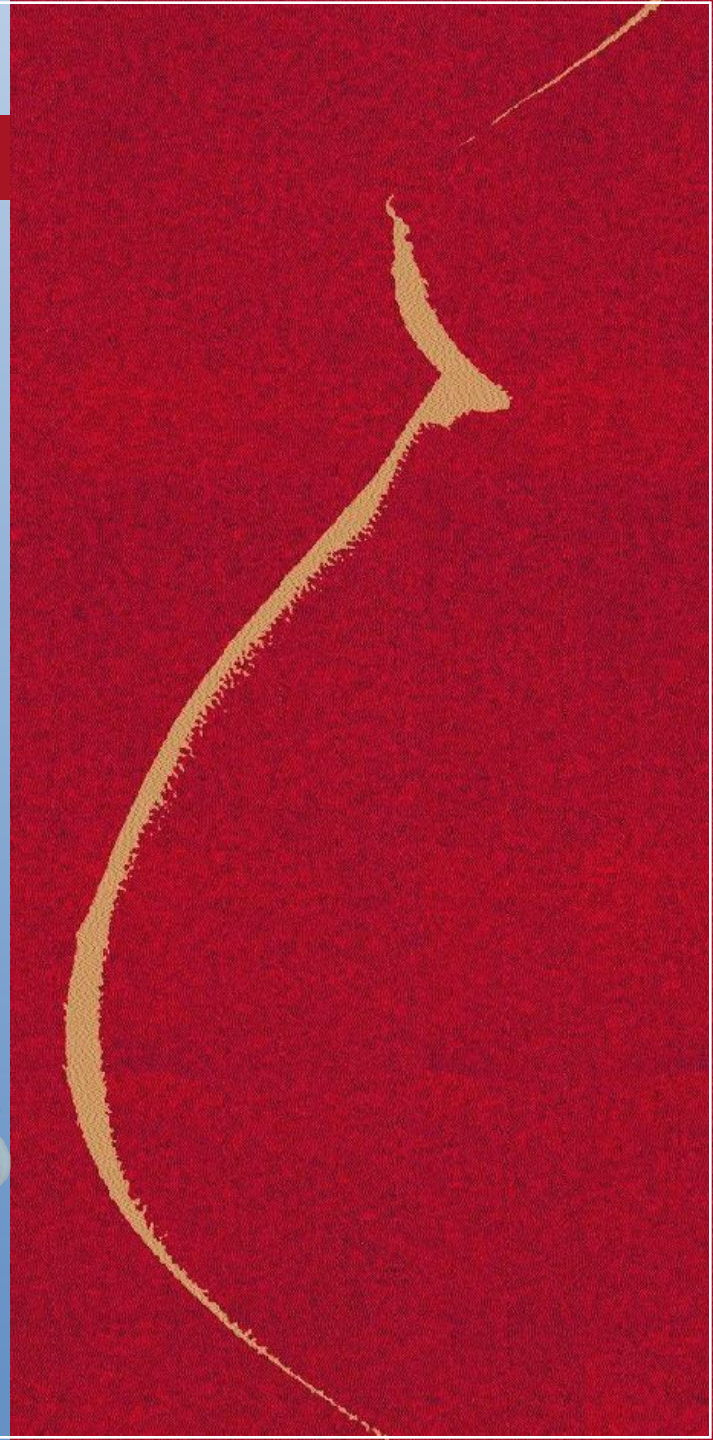
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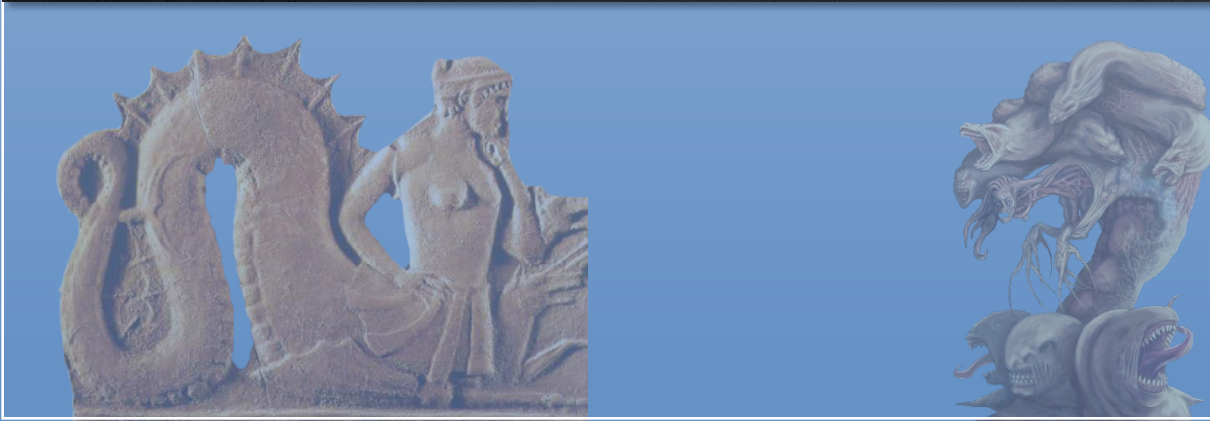
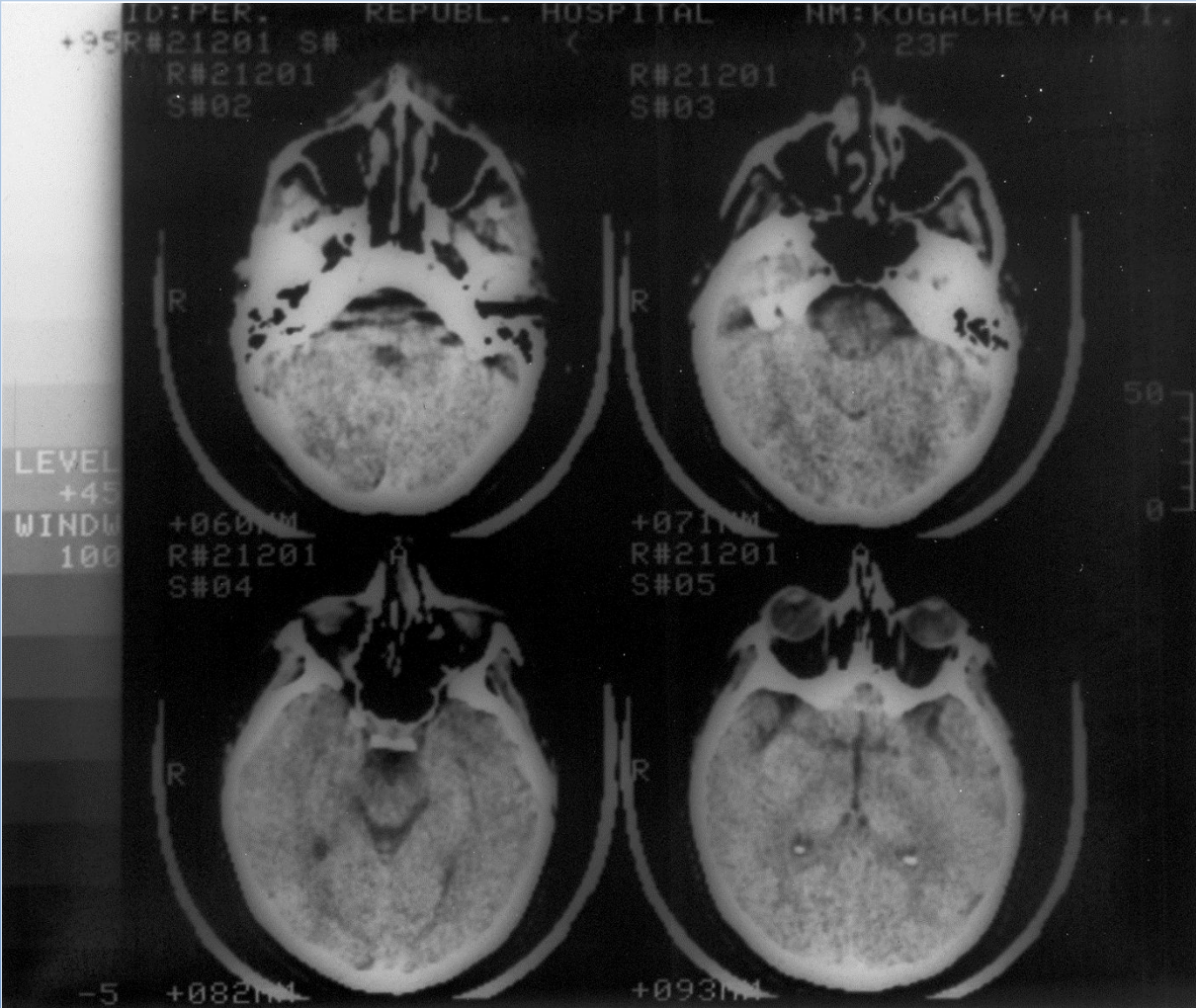
Carbetocin for Elective Caesarean Delivery: Impact on Use of Second-line Uterotonics
LS Meslyhi, M Nel, C Papageorgiou
Department of Anaesthesia, The Hillingdon Hospital, London, UK

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Метилэргометрин

- Действие опосредовано через α -рецепторы
- Гипертензия, особенно при предшествующем применении вазопрессоров
- Коронарный вазоспазм, инфаркт миокарда
- Тошнота и рвота





Метилэргометрин и near miss

Пациентка Л. 32 лет, и/б № 154, находилась в роддоме № 15 с 03.03.2012 по 19.03.2012.

Диагноз при поступлении: Беременность 37–38 недель.

Бихориальная биамниотическая двойня. Тазовое предлежание I плода. Многоводие. ПМК 1ст. Синусовая тахикардия. Rh – отрицательная кровь без явлений сенсбилизации.

Экстрагенитальная патология: С 1992 г. Миопия слабой степени.

12.03.2012 в плановом порядке произведена лапаротомия по Джоэл-Кохену. Кесарево сечение в нижнем маточном сегменте.

В 11ч 02 мин извлечена 1 живая доношенная девочка (3020/50),

Апгар 7/8 баллов

В 11ч 03 мин извлечена 2 живая доношенная девочка (2610/47),

Апгар 7/8 баллов

В/в болюсно введен метилэргометрин, 5 ед. окситоцина.

В 11ч 05 мин у появились жалобы на чувство нехватки воздуха, сухой кашель. При осмотре отмечен акроцианоз, бледность кожных покровов.

Аускультативно: в легких жесткое дыхание, тоны сердца приглушены.

АД 108/70, PS – 68 в мин.

В 13 ч на ЭКГ признаки перегрузки правых отделов сердца.

На Rg грудной клетки – **признаки отека легких.**

Аускультативно: в легких жесткое дыхание, тоны сердца приглушены.

При осмотре – акроцианоз, бледность кожных покровов.

АД 130/80, PS – 60 в мин.



Еще в 1990 г. был описан тотальный спазм
трех коронарных артерий при введении
метилэргометрина, подтвержденный
и верифицированный ангиографически



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Methylergometrine-induced coronary artery spasm causing total occlusion of all three coronary arteries

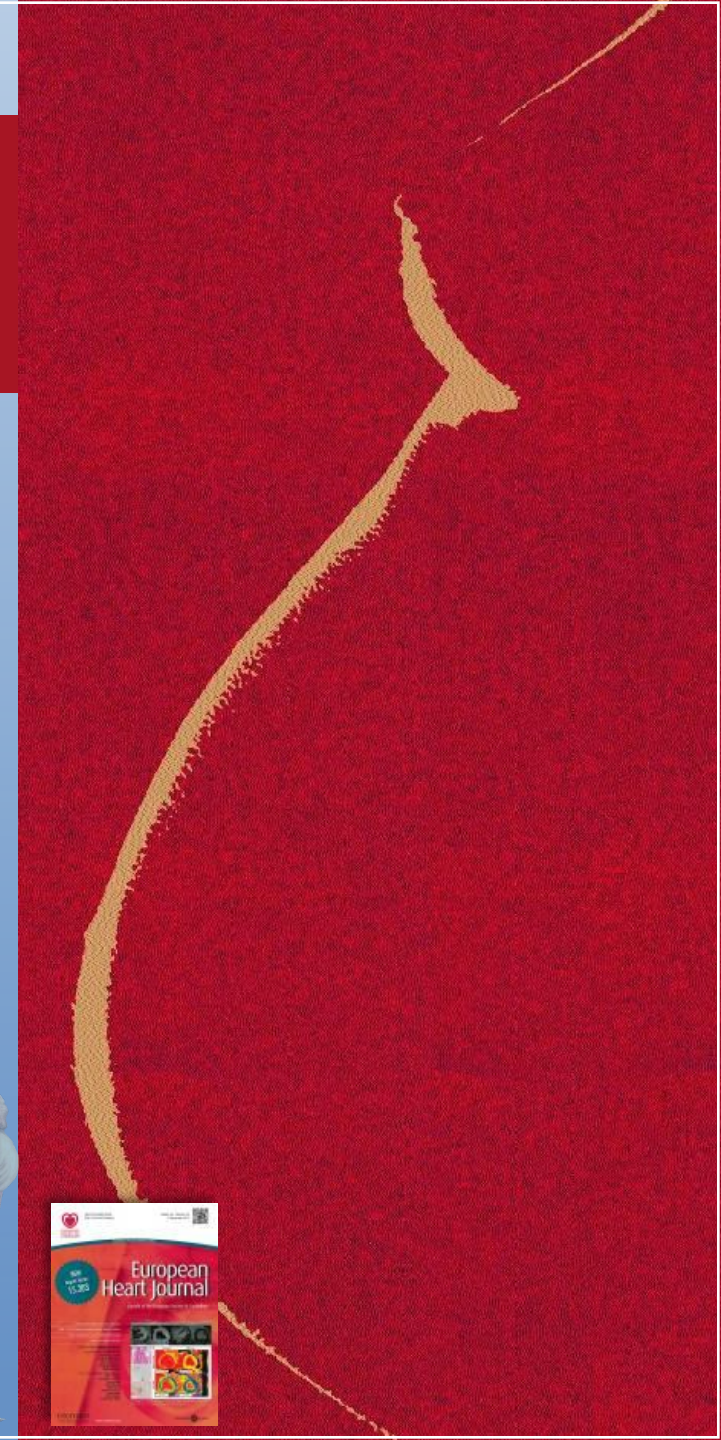
N. DANCHIN, CH. SELTON-SUTY, Y. JUILLIERE, J.-P. LETHOR, F. CHERRIER

DOI: <http://dx.doi.org/1127-1129> First published online: 2 December 1990



*Danchin N, Selton-Suty C, Juilliere Y, Lethor JP, Cherrier F.
Methylergometrine-induced coronary artery spasm causing total occlusion of all three
coronary arteries.*

Europ Heart J. 1990; 11(12):1127-9



Применение метилэргометрина увеличивает риск развития ОИМ

Метилэргометрин должен вводиться строго по показаниям, с обязательным информированием анестезиолога-реаниматолога.

Тактика ведения акушерских пациенток с ОИМ зависит от его патогенеза. В описанном нами случае, при вазоспастическом (нетромботическом патогенезе) ОИМ, проведение тромболиза или экстренной коронароангиографии нецелесообразно...

Письменский С.В., Пырегов А.В. Инфаркт миокарда после операции кесарева сечения при спинальной анестезии на фоне применения метилэргометрина и окситоцина (клиническое наблюдение) // ТОЛЯТТИНСКИЙ МЕДИЦИНСКИЙ КОНСИЛИУМ. 2015. №5-6. 59-63.

ИНФАРКТ МИОКАРДА ПОСЛЕ ОПЕРАЦИИ КЕСАРЕВА СЕЧЕНИЯ ПРИ СПИНАЛЬНОЙ АНЕСТЕЗИИ НА ФОНЕ ПРИМЕНЕНИЯ МЕТИЛЭРГОМЕТРИНА И ОКСИТОЦИНА (КЛИНИЧЕСКОЕ НАБЛЮДЕНИЕ)

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Федеральное Государственное бюджетное учреждение «Научный Центр Акушерства, Гинекологии и Перинатологии имени академика В.И.Кулакова» Минздрава России, Москва, Россия.

MYOCARDIAL INFARCTION AFTER CESAREAN SECTION UNDER SPINAL ANESTHESIA DURING TREATMENT WITH OXYTOCIN AND METILERGOMETRIN (CLINICAL OBSERVATION)

S.V. Pismensky, A.V. Pyregov

Резюме

В статье приводится клиническое наблюдение инфаркта миокарда после операции кесарева сечения, выполненного под спинальной анестезией с применением утеротоников. Считаем, что использование метилэргометрина увеличивает риск развития острого инфаркта миокарда (ОИМ), а назначение препарата должно осуществляться строго по показаниям, с обязательным информированием анестезиолога-реаниматолога. Тактика ведения акушерских пациенток с ОИМ зависит от его патогенеза. В описанном нами случае, при вазоспастическом (нетромботическом патогенезе) ОИМ, проведение тромболиза или экстренной коронароангиографии нецелесообразно, в остальном терапия стандартная. Ключевые слова: острый инфаркт миокарда, метилэргометрин, тромболиз

Abstract

The article presents a clinical observation of myocardial infarction after cesarean section performed under spinal anesthesia with the use of uterotonics. We believe that the use of metilergometrin increases the risk of acute myocardial infarction (AMI), and use of the drug should be carried out strictly according to the testimony, with the obligatory informing Anaesthetist. Management of obstetric patients with AMI depends on its pathogenesis. In the case described by us, in vasospastic (netromboticheskoy pathogenesis) of AMI, thrombolysis or emergency coronary angiography is impractical in the rest of the standard therapy.

Keywords: acute myocardial, metilergometrin, thrombolysis

Введение

У женщин детородного возраста острый инфаркт миокарда случается достаточно редко. Частота его развития во время беременности не превышает от 2 до 5 случаев на 100 000 женщин [1, 2]. Принимая во внимание тенденцию к увеличению среднего возраста беременных, а также воздействия таких распространенных ныне факторов риска, как курение, сахарный диабет и стресс, можно ожидать возрастание удельного веса данной патологии. Напомним, что беременность сама по себе способна увеличивать вероятность развития ОИМ в несколько раз [3].

Известно, что ОИМ может развиться на любой стадии беременности. Наиболее распространенная локализация инфаркта - передняя стенка и верхушка левого желудочка. Частая причина возникновения ИМ в пред- и послеродовом периоде - спонтанное расслоение стенки проксимального отдела левой передней венечной артерии. Считают, что в основе этого процесса лежат структурные и биохимические изменения стенки сосуда, обусловленные избытком прогестерона, а также эозинофилия и недостаточность плазматического фактора, стимулирующего синтез протактина и увеличение концентрации липопротеинов [4, 5, 6]. Литературные данные свидетельствуют, что до введения в рутинную практику первичных интервенционных методов лечения, смертность в остром периоде заболевания (преимущественно в III



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