

**SPORT**

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Do you know benefits of playing sport? Please, tell your teacher more than 5 benefits of sport.



# Benefits. Read and translate.

- It is fun.
- Sports help kids develop discipline.
- Regular exercise increases quality of life.
- Sports offer many health benefits.
- Sports help develop teamwork and leadership skills.
- Kids who play sports quickly learn that sometimes you win and sometimes you lose.

# Kinds of sport

Badminton

Chess

Sky-diving

Water polo

Basketball

Football

Ice hockey

Shooting

Skiing

Swimming

Tennis

Figure skating

Table tennis

Volleyball

Бадминтон

Шахматы

Прыжки с парашютом

Водное поло

Баскетбол

Футбол

Хоккей

Стрельба

Горнолыжный спорт

Плавание

Большой теннис

Фигурное катание

Настольный теннис

Волейбол

a bicycle

a bat

a shirt

a car

a ball

a club

a stick

a parachute

boots

trainers

skates

socks

shorts

a helmet

a racquet

велосипед

бита

рубашка

автомобиль

мяч

клуб

палка

парашют

ботинки

кроссовки

коньки

носки

шорты

шлем

ракетка

What do you prefer? Explain your choice.  
What is your favorite sport?



# Please, read the text.

Physical exercise is good for mind, body and spirit. Furthermore, team sports are good for learning accountability, dedication, and leadership, among many other traits. Putting it all together by playing a sport is a winning combination. Playing a sport requires a lot of time and energy. Some may think this would distract student-athletes from schoolwork. However, the opposite is true. Sports require memorization, repetition and learning — skillsets that are directly relevant to classwork. Also, the determination and goal-setting skills sports require can be transferred to the classroom. Fighting for a common goal with a host of other players, coaches, managers and community members teaches you how to build a collective team synergy and effectively communicate the best way to solve problems on the way to a victory. This will be very helpful in life when encountering problems at work, at home, or in any arena. Exercising is a natural way to loosen up and let go of stress. Also, you will most likely make many new friends on the team who can be there for you as a support system.

# Sports in Great Britain

The British are great sport-lovers. If they are not playing or watching games, they like to talk about them. One of the most famous British games is cricket. It is often played in schools and universities all over the country. Summer isn't summer without cricket. But the game people in Britain love most of all is football, or soccer. Every Saturday from August till May a lot of fans go to watch football matches and support their favorite team. True fans travel across the country to see their team play. Manchester United has more fans than any other club. Even Royal Family love football. Prince William's favorite club is Aston Villa. The British enjoy horse-racing. A lot of people are interested in the races and risk their money on horses. The Derby is the most famous race. Queen Elisabeth enjoys watching horse-races and she can ride a horse, too! The British adore races. Britain is famous for motor-car racing, dog-racing, boat-racing and even donkey-racing! The boat race between the teams of Oxford and Cambridge is very popular in Britain. A great number of people play and watch tennis. Tennis tournaments at Wimbledon are known all over the world. The British also like to play golf, baseball, hockey, grass-hockey. Athletics (running, jumping, swimming, and boxing) is also popular. English weather is not cold enough for skiing or skating. So the British don't have a chance to enjoy a ski race or skate in a rink.

# True or false:

- Many of the games we play came from Britain.
- The British don't play games; they only like to talk about them.
- Cricket is played in summer.
- You can go to see a football match all year round.
- The word "support" means "поддержать, болеть за"
- Prince William is a footballer.
- The Queen likes sport and horses.
- The word "adore" means "не любить".
- Wimbledon is a place where the British watch football.
- The British often go skiing in winter.



# Choose the right form to complete the sentences.

- 1.They got to the shop (quicker/quickest) than we did.
- 2.Nick can run (fast/fastest) in our team.
- 3.Which song does she like (well/best) of all?
- 4.Could you read (more slowly/most slowly), please?
- 5.Of all my friends, Kate dresses (more beautifully/ most beautifully).
- 6.Can you jump (higher/highest) than usual?
- 7.Jack can ski (better/more well) than I can do it.
- 8.My friend worked (harder/more hard) last year.



Thank you!