



NJK “Astana medical University”

# *Polyclinics*

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*A polyclinic, is a place where a wide range of health care services (including diagnostics) can be obtained without the need for an overnight stay.  
Polyclinics are sometimes co-located with a hospital.*



*A typical polyclinic is an outpatient facility that houses general medical practitioners (GPs) such as doctors and nurses to provide ambulatory care and some acute care services but lacks the major surgical and pre- and post-operative care facilities commonly associated with hospitals. Besides GPs a polyclinic can house outpatient departments of some medical specialties i.e. gynecology, dermatology, ophthalmology, ENT, neurology, pulmonology, cardiology, endocrinology etc. In some university cities polyclinics house outpatient departments of all the teaching hospital in one building.*



*If a person falls ill he will ring up his local polyclinic and call in a doctor.  
When his condition isn't very poor and he has no high temperature, he will go  
to the local polyclinic and a physician will exam him there.*



*Many specialists including therapists, neurologists, surgeons and others work at the polyclinic. During the medical examination a physician usually asks his patient what he complains of and according to the complaint carries on the medical examination. The physician listens to the patient's heart and lungs and measures his blood pressure and if necessary ask the patient to take the temperature. The laboratory findings which include blood analyses, the analyses of urine and other tests help a physician to make correct diagnoses and administer a proper treatment.*



*In addition to their consulting hours at the polyclinic local physicians go out to the calls to examine those patients who are seriously ill and whose condition is bad. Such sick persons receive a sick-leave. They usually follow a bed regimen.*

*Any physician of the polyclinic knows his patients very well because he treats only a definite number of patients*



*At the local polyclinic every patient has his personal patient's card which is filled in by his physician. Everything about the patient-the diagnoses of the disease, the administrations made by the doctor, the course of the disease, the changes in the patient's condition after the treatment are written down in the card.*





*Thank you for your attention*