



# Eco-Mind

**Speaker:**  
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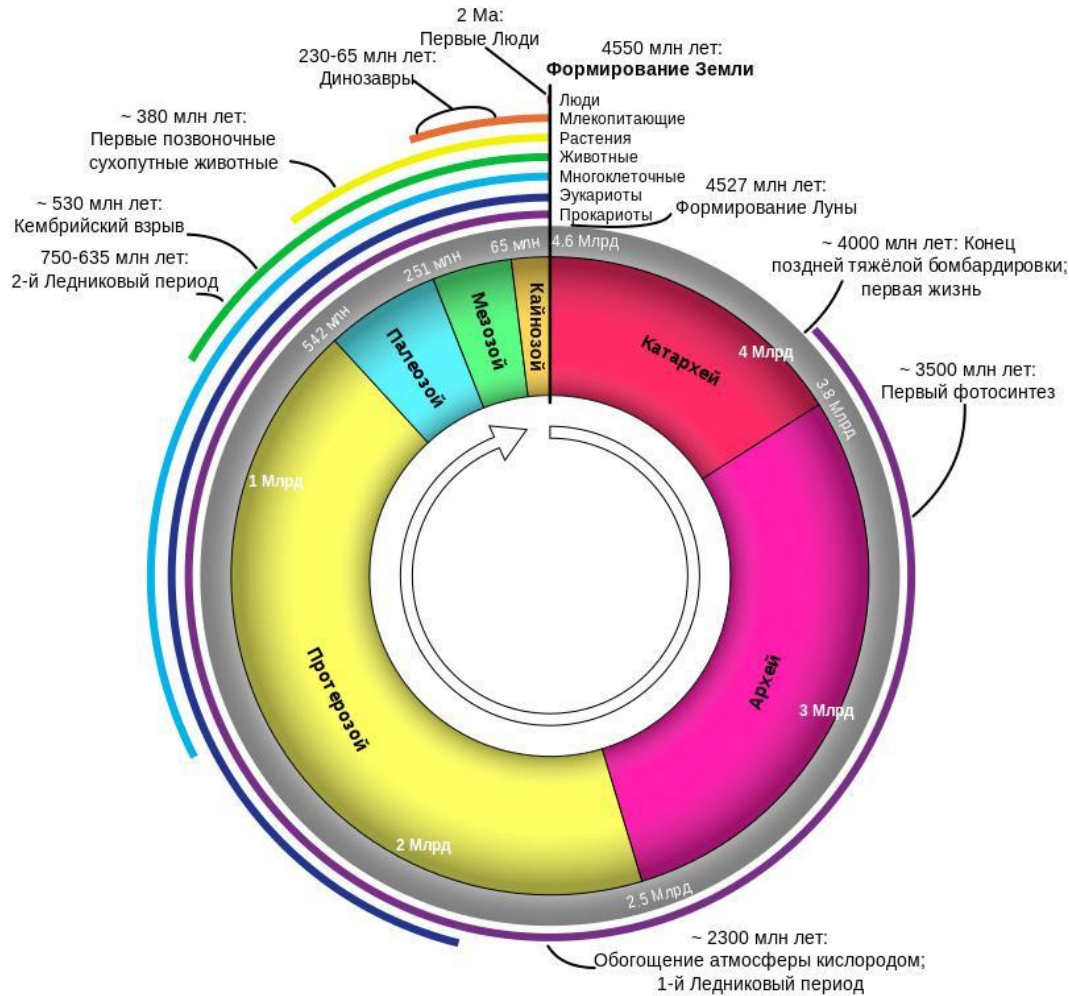






# Challenge of time:

## Saving Earth or Saving Ourselves?





# What is wrong?

- Broken cycle
- Pollution
- exhaustible resources
- Depletion of ecosystems







- Change of world trends. What is a real price of comfort?

- Eco debt day:

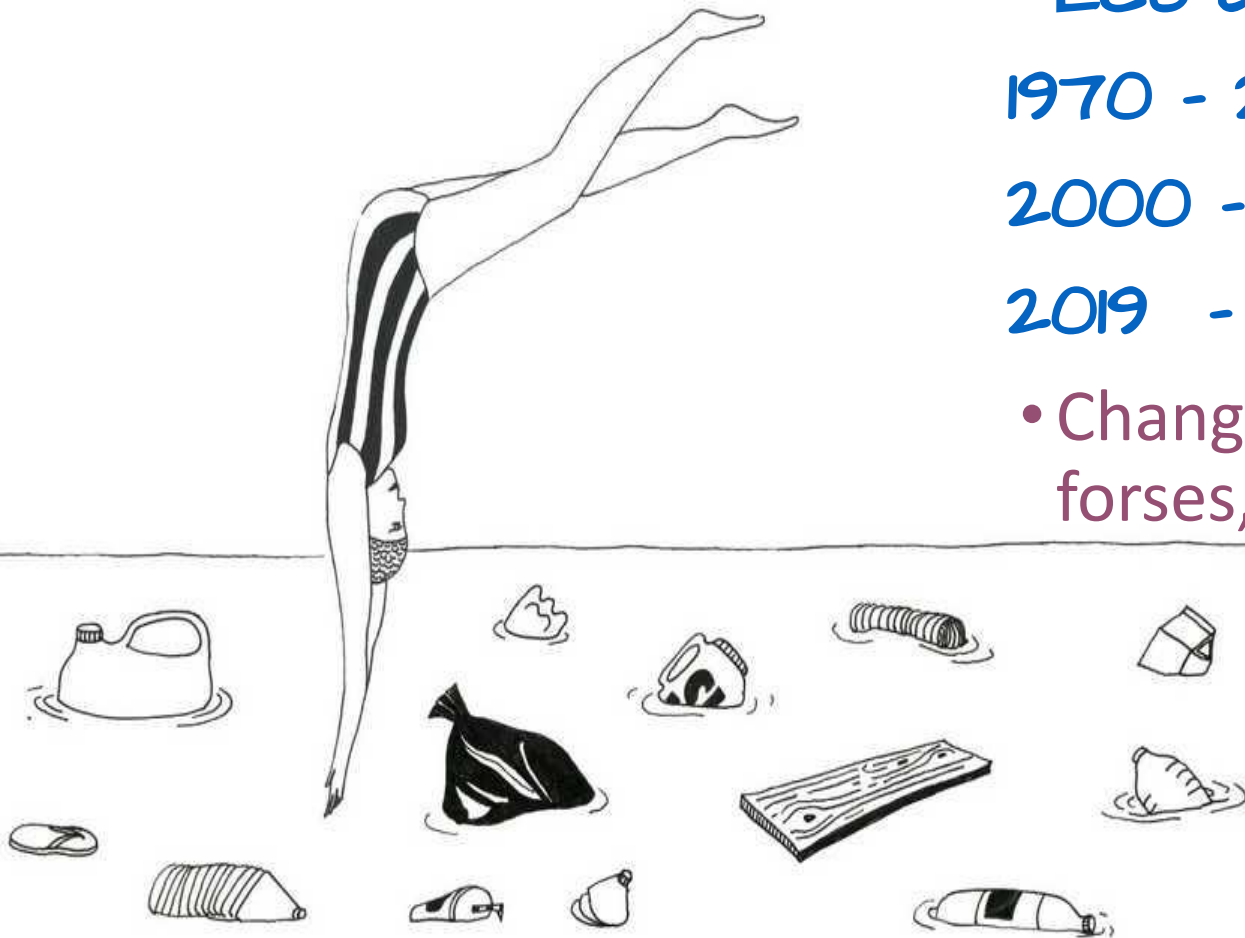
1970 - 23th of December

2000 - 4<sup>th</sup> of October

2019 - 29<sup>th</sup> of July.

- Change of world trends in past: military forces, religion, the power of capitalism...

what will be a new model?





# «Everything is connected with everything» Barry Comenar

Most of people do not see the problem:

**Mental local action globally**





Mindfulness – way to change:

# Mental global action Local

Questions to yourself:

- Way to travel – what is the fuel?
- Packaging: how long to use? What happens after?
- Food: how was it grown?
- Food: the effect of cattle breeding
- Dress: how much I really need?
- Fair-trade: how much was paid to producers of my staff?
- Wood products - will the forest be renewed?
- To buy or rent? To keep or to share?







You means much! *To lead by example!*





- Eco-speakers
- Clean-up days every 4<sup>th</sup> Saturday
- Five bison tree sticks
- Building sharing
- Hunting for wheels
- Let us do it!
- Caps of kindness
- On-line course «Up-grade you eco-life»