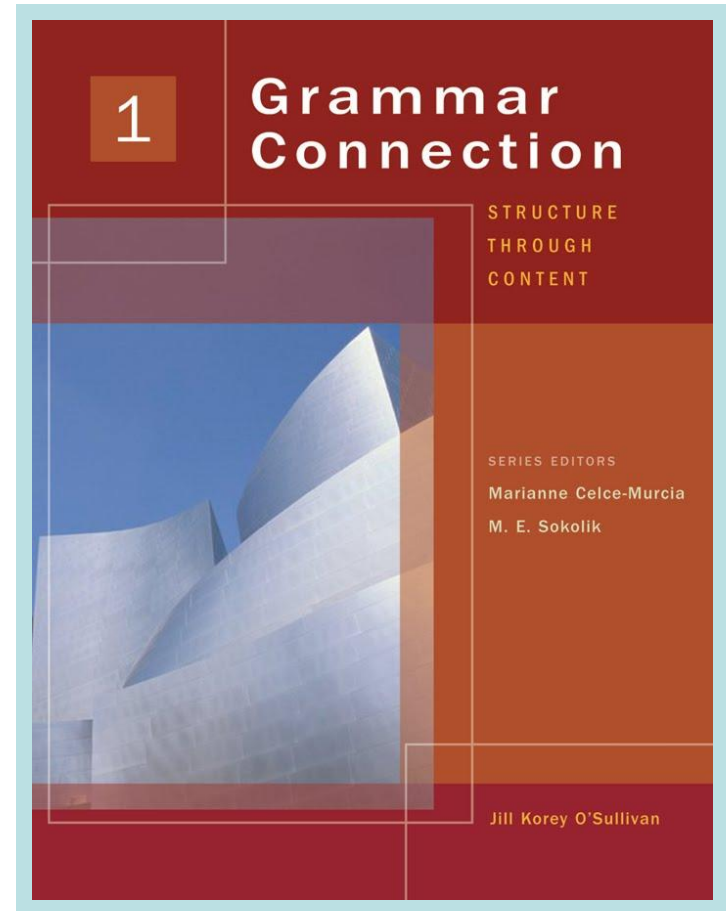




## Lesson Plan

- Adverbs of Frequency
- *How Often* Questions and Frequency Expressions



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# Grammar in Content



## Read about Lisha.

I always have this problem. I put off work, and usually rush to finish it. I never seem to change. But sometimes, I don't mind it.



# Adverbs of Frequency



Complete the chart.

Note: Your simple present tense examples will be different.

Frequency words		Examples with <i>be</i>	Examples with the simple present tense	
Always	100%	He is <b>always</b> late.	I <b>always</b> study in the library.	
Usually		You are <b>usually</b> early.	He <b>usually</b> wakes up at 7:00.	
Often		They are <b>often</b> busy.	She <b>often</b> works late.	
Sometimes		We are <b>sometimes</b> in a rush.	They <b>sometimes</b> relax at home.	
Rarely		My mother is <b>rarely</b> angry.	I <b>rarely</b> exercise.	
Never		0%	I am <b>never</b> wrong.	The shop <b>never</b> closes.

# Notes



Use adverbs of frequency to describe how often something happens.

**Put adverbs of frequency after the verb *be*.**

*I am **often** on time. She is **never** in the library.*

**Put adverbs of frequency before all other verbs.**

*They **rarely** eat ham. He **usually** doesn't study.*

# Exercise A



Raise your hand if you agree.

1. I always study hard for tests.
2. I sometimes wake up early.
3. I am never late for class.
4. I usually eat hot dogs.

# Grammar in Content



**Read about Tim's sleep.**

Hi, Linda! How are you?

I'm good, thanks. how are you?

How often do you get eight hours of sleep?

I'm really tired.

And how often do you go out with friends?

I sleep eight hours once a week.

That's not very good.

Um. Every night.



# Negative Statements with *Be*

Look at the chart.

Questions with <i>how often</i>	Frequency expressions	
How often do you go out with friends?	Once	a year / a month / a week / a day
How often do you exercise?	Twice	
	Three Times	
How often do you go to the doctor?	every day / every night / every week / every month / every year	

Practice asking and answering *how often* questions using frequency expressions.



Using frequency expressions:

You can answer *how often* questions with just a frequency expression, or with a complete sentence that has a frequency expression.

*How often do you go to the doctor?*

*I go to the doctor once a year.* OR *Once a year.*



# Exercise B



**Ask your partner how often he or she does the following things. Then, switch roles.**

- 1. eat hamburgers**
- 2. go to a party**
- 3. read a newspaper**
- 4. have a birthday**
- 5. get a headache**

Example:

*How often do you eat hamburgers?*

*Once a week.*

# Exercise C



**Answer the following questions with an adverb of frequency or a frequency expression.**

- 1. Are you always early to class?**
- 2. How often are you late to class?**
- 3. How often do you see your friends outside of class?**
- 4. When do you get eight hours of sleep?**

# Review



Frequency words		Examples with <i>be</i>	Examples with the simple present tense
Always	100% ↑ ↓ 0%	He is <b>always</b> late.	I <b>always</b> study in the library.
Usually		You are <b>usually</b> early.	He <b>usually</b> wakes up at 7:00.
Often		They are <b>often</b> busy.	She <b>often</b> works late.
Sometimes		We are <b>sometimes</b> in a rush.	They <b>sometimes</b> relax at home.
Rarely		My mother is <b>rarely</b> angry.	I <b>rarely</b> exercise.
Never		I am <b>never</b> wrong.	The shop <b>never</b> closes.