

# IRISH CUISINE

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# PLAN

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# Main facts

Irish cuisine is a style of cooking originating from Ireland or developed by Irish people. It evolved from centuries of social and political change and mixing between the different cultures on the island, predominantly English and Irish.





# Irish stew

Common ingredients include lamb, or mutton as well as potatoes, onions, and parsley. It may sometimes also include carrots.





# Bacon and cabbage



The dish consists of unsliced back bacon boiled with cabbage and potatoes. Sometimes other vegetables such as turnips, onions and carrots are also added. Smoked bacon is sometimes used.





# Boxty

The most popular version of the dish consists of finely grated, raw potato and mashed potato with flour, baking soda, buttermilk and sometimes egg.





# Colcannon

The dish is traditionally made from mashed potatoes and kale (or cabbage), with milk (or cream), butter, salt and pepper added.





# Modern era









**THANK YOU FOR ATTENTION**