



A close-up photograph of a person's legs and hands on a blue track with white lane markings. The person is wearing a red top. The word "SPORTS" is overlaid in large, bold, white letters with a slight shadow effect.

SPORTS



Types of sports





There are so many types of sports.





For example-:

**Basketball, volleyball, cricket,
badminton, table tennis, football,
lawn tennis etc.**



ABOUT SPORTS

About Basketball



- **There are seven players in basketball.**
- **In playing basketball we can stretch our body, to become taller.**
- **In basketball first we have to dribble the ball and then throw it into the basket.**
- **We have to take the ball from the other team.**
- **Basketball is a very interesting game.**

About Football



- **There are eleven players in football.**
- **In football we have to kick the ball with the help of our foot.**
- **In this game we can't touch the ball with our hands, only the goalkeeper can touch it with his hands. if any of the player touch the ball with her hand, it would be a foul.**

About weight lifting



- Weight lifting is a type of game in which we see that how much weight we can lift.
- To participate in this game we have to be a powerful person.
- This is a very interesting game I like this game

About rugby



- In this there are 15 players and two teams.
- In this game the players of the team have to take the ball to the goalpost with their hands.
- In this game the player must be a good runner so that he can take the ball and run away to the goal post very fast.

About running



- . In this the players have to run very fast to complete the race.
- In this there are no teams all the players are single.
- All the players came from different States.
- It is very interesting

About Cricket



- In this game there are two teams in every team there are eleven players.
- Both the teams are from other countries.
- The winner team is selected for the next level.

From



Ravina



Class



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Thank you