

Effective Teaching Strategies



Creating Food-Safe Schools

- Requires training other members of your team.
- Trainings will vary depending on target population.
- A variety of teaching strategies are needed to be effective.

Selected Strategies for Successful Trainings

- Principles of Adult Learning.
- Active Learning.
- Instructional Strategies.

Principles of Adult Learning

- Need to know how adults learn best.
- Adult learners have special needs.
- Six characteristics of adult learners.

Adult Learners . . .

- Are autonomous and self-directed.
- Have a foundation of life experiences and knowledge.
- Are goal-oriented.
- Are relevancy-oriented.
- Are practical.
- Need to be shown respect.

For each characteristic, there are implications for you, the trainer.

1. Adult learners are autonomous and self-directed.

Implications:

- Involve participants.
- Serve as facilitator.
- Determine interests of learners.

2. Adult learners have a foundation of life experiences and knowledge.

Implications:

- Recognize expertise of participants.
- Encourage participants to share their experiences and knowledge.

3. Adult learners are goal-oriented.

Implications:

- Be organized.
- Have clear objectives.

4. Adult learners are relevancy-oriented.

Implication:

- Explain how training objectives relate to training activities.

5. Adult learners are practical.

Implication:

- Show relevance of training to job.

6. Adult learners need to be respected.

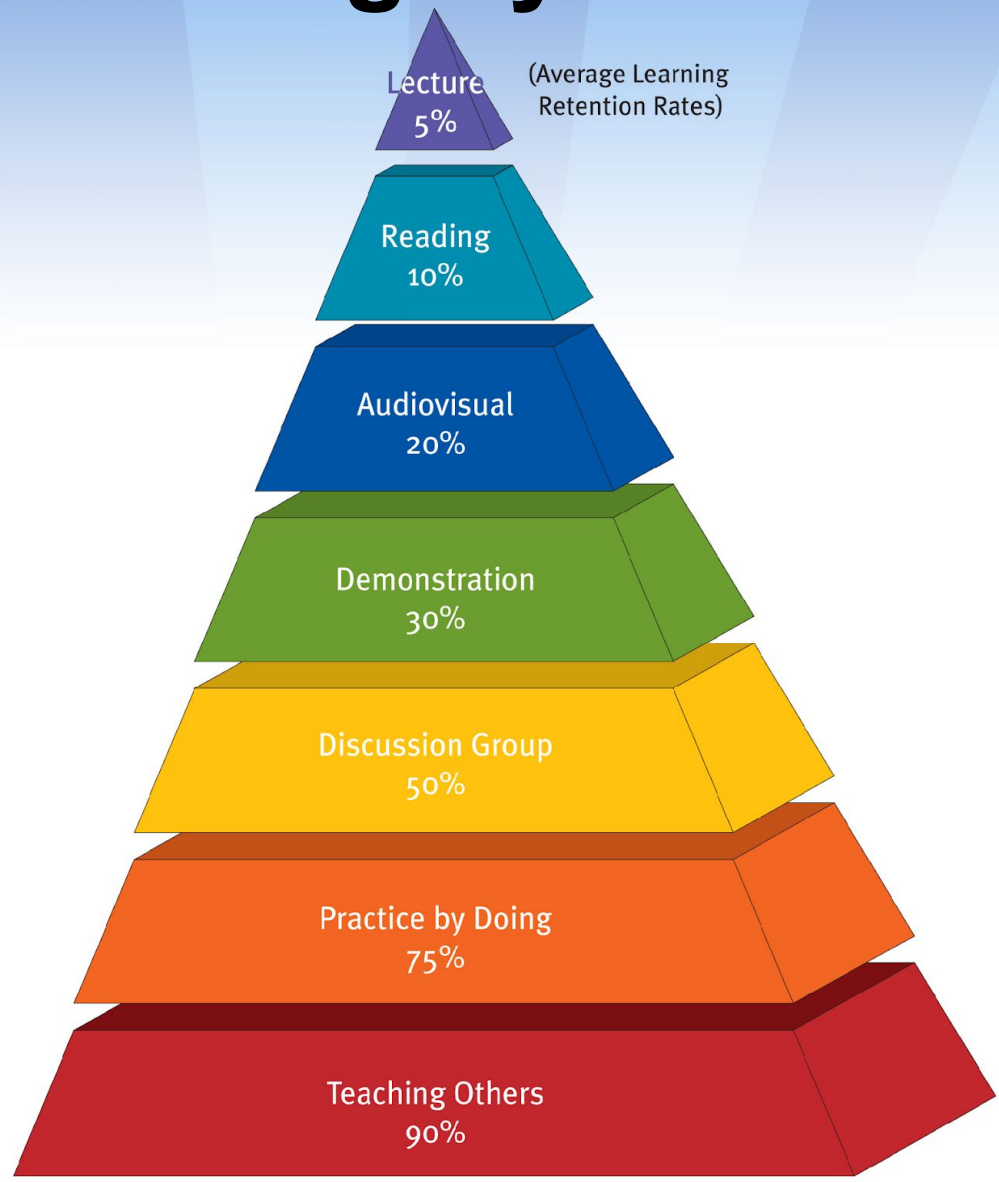
Implications:

- Acknowledge the wealth of knowledge and experiences the participants bring to the training.
- Treat the participants as equals rather than subordinates.

Active Learning

- Learning is not a spectator sport.
- The more actively engaged the learner is, the more learning takes place.
- Different instructional methodologies have greater rates of retention.

Learning Pyramid*



* National Training Laboratories for Applied Behavioral Sciences, Alexandria, VA.

Instructional Strategies

- Quiz.
- Games.
- Role-playing.
- Brainstorming.
- Group problem-solving.
- Lecture.

Instructional Strategies to be considered

- Simulation.
- Case Study.

Summary

- Apply principles of adult learning theory.
- Make learning active.
- Use strategies modeled in today's training.