Egor Krivonosov Faculty of medicine



Ecological Disaster

EVERY YEAR:

- 4.3 million hectares of land
- More than 10 million tons of wood for drying tobacco
- 5 million tons of CO2
- 30 000 tons of nicotine



Nicotine kills!

50-100 mg – lethal dose

30 000 tons per year KILLS 600 000 000 000

Why do we do this?

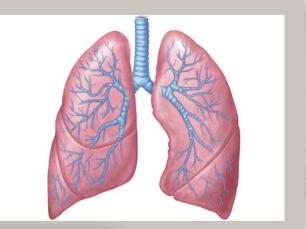
Imitation
Trying something
new
Relaxation

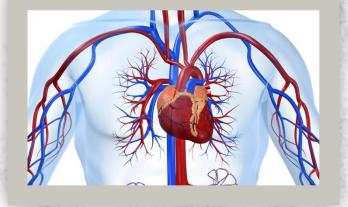
EVERY cigarette you smoke causes harm!

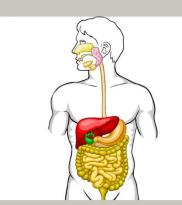
Smokers're in danger!

5 000 000 deaths per year associated with diseases of:

- Lungs
- Cardiovascular system
- Digestive system







Smokers're in danger!

- 5 million deaths in the WORLD (official population of Saint-Petersburg!)
- 400 000 deaths in RUSSIA
- Every 6 seconds 1 person dies from smoking

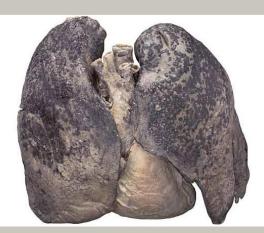
THE MAIN PREVENTABLE CAUSE OF DEATH IN THE WORLD!!!

Respiratory system diseases

Damage to the respiratory epithelial

Bronchitis

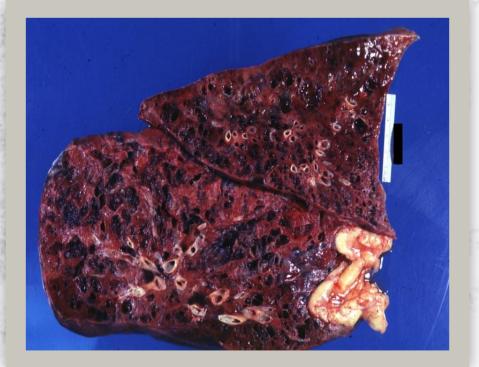
Lung cancer



Pulmonary emphysema

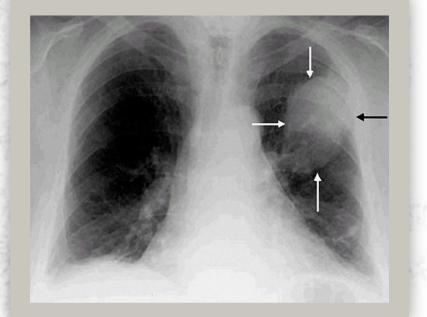
Pulmonary emphysema

- Respiratory failure
- Heavy dyspnea
- leads to death if continue to smoke



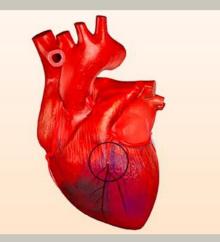
Lung cancer

 20 times higher risk! Cigarette smoke contains 60 carcinogens! The longer you smoke, the higher the risk



Cardiovascular system

- Heart attack
- Stroke
- Gangrene

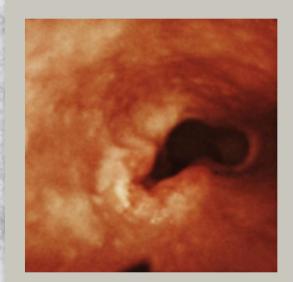






Digestive system

- Cancer of the esophagus
- Gastritis
- Ulcer
- Stomach cancer



Other problems of smoking

Passive smoking is more dangerous than active!

Take care of other people!

THANK YOU FOR YOUR ATTENTION!

