



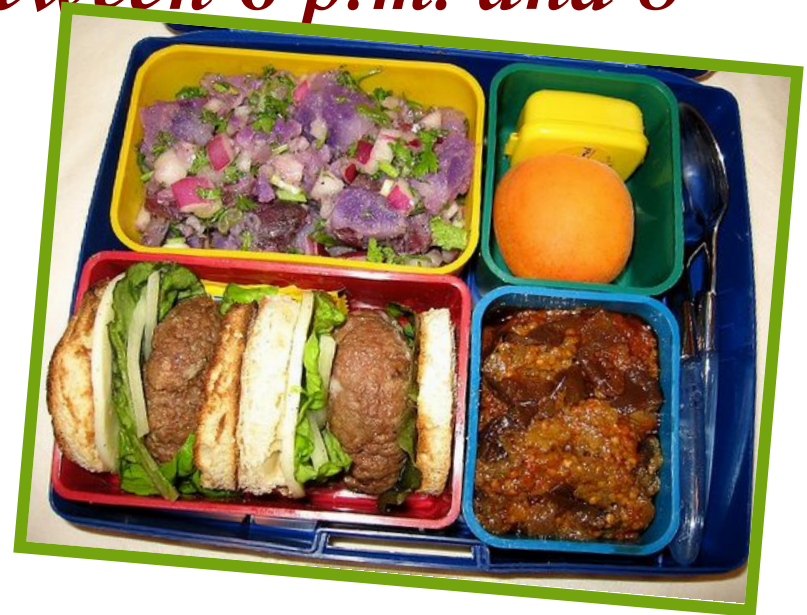
British Food

The English proverb says:
“Every cook praises his own broth”.
One can not say English cookery is bad,
but there is not a lot of variety in it in
comparison with Europe cuisine. The
English are very particular about their
meal.



The usual meals in England are:

- ☐ Breakfast - between 7 a.m. and 9 a.m.*
- ☐ Lunch - between 12:00 and 1:30 p.m.*
- ☐ Afternoon tea – between 3 p.m. and 5 p.m.*
- ☐ Dinner (supper) - between 6 p.m. and 8 p.m.*



The Traditional English Breakfast



Traditionally, people enjoyed a substantial hot meal for breakfast: eggs, bacon, sausage, grilled or fried tomatoes, fried

They usually drink tea, coffee or juice. **mu**



many English people

eat

light foods: **fruit**,
yogurt, packaged
cereal with cold milk,
and **toast with a**
variety of spreads
such as **butter, jam**,





Many people eat **lunch** while at work or school. Some factories and schools have

But the **packed lunch** is the most common thing you can eat. A packed lunch normally consists of some sandwiches, a packet of crisps, an apple and a can of



Tea is very popular among the English; it may almost be called their national drink. Tea means two things. It is a drink



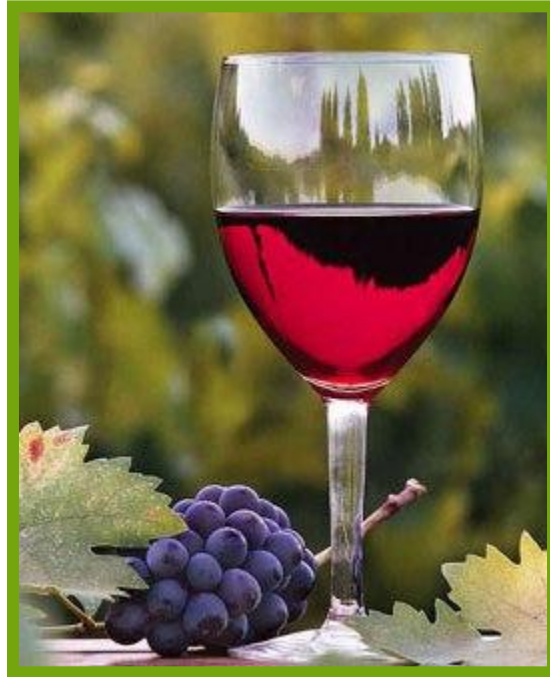
Tea is served by various sandwiches, scones and usually cakes and pastries.

Dinner is the evening meal.
The most typical thing to eat
for dinner is "**meat and two
vegetables**". The British eat a lot
of potatoes.



Traditional Drinks in England

- ✓ *Tea*
- ✓ *Coffee*
- ✓ *Bitter*
- ✓ *Wine*



English Puddings and Desserts.

What is a Pudding
? A pudding is the
dessert course of a
meal.





**Bread and
butter
pudding is
old English
favourite food**

**There are
hundreds of
variations of
sweet puddings
in England but
each pudding
begins with the
same basic
ingredients of
milk, sugar, eggs,
flour and butter.**

Favourite Children Food

**British teenagers in the survey
enjoy eating **bacon sandwiches,
baked beans, cheddar cheese
and **curry******



English food

In 1762 sandwich was invented in England.

There is town named Sandwich in the south of England. John Montagu, the Earl of Sandwich invented a small meal that could be eaten with one hand while he



Festival Food: Christmas

Turkey



Mince pie



Stuffing



Christmas pudding



Festival Food: St. Valentine's Day



Cakes



**Sweethearts
Cookies**

Festival Food: Shrove Tuesday



Semla



Pancakes

Festival Food: Good Friday

Hot cross buns



Fish

Festival Food: Easter Day

Roast Lamb



Chicken



Chocolate Eggs

Festival Food: Mothering Sunday



Simnel cake

Fish and Chips Bar



**Fish and
chips is a
traditiona
l English
street
food.**



Thank you for attention.

