

# Traditional Russian food



# RUSSIAN SWEETS



If you happen to be invited to a party at someone's house, the hostess will be offended if you don't try her cooking which will likely include: sizeable *kulebyaka* pies, small *pirozhki* pasties filled with cabbage, rice and meat.



In Russia you can find elegant and airy marshmallows which Russians call *zefir* as well as a huge variety of jelled fruits called *marmelad*.



You can also see a huge assortment of cakes which Russians call torts. Most popular are *“Bird’s milk”* and *“Praque”*.





You will also see the famous Tula gingerbreads called *pryaniki*, various kinds of crackers with raisins or poppy seeds called *sukbari*, hard bread rings called *baranki*.

