

# Food traditions in the UK



**Разработка:** группа из 3-х человек 8а  
класса

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# Morning in the United Kingdom

**Morning in the United Kingdom starts with a traditional English breakfast, which includes scrambled eggs, sausage and/or bacon, bread, tomatoes, mushrooms, beans in tomato sauce, eggs, oatmeal, pate, cereals, soft-boiled eggs. For food served strong black tea with milk or coffee.**



# Lunch in the UK

Lunch in the UK is a sandwich with fillings, for example tuna with maize and mayonnaise, ham with cheese, chicken with sauce or egg with mayonnaise.



# five o'clock tea

The famous British tradition to drink tea at 5 pm, to which are served buns with raisins like Easter cakes, as well as jam and cream.



# For dinner in the United Kingdom

For dinner in the United Kingdom, vegetable soups-mashed potatoes (for example, tomato) are preferred, to which a slice of bread and butter is served.

Of the second course, the British like steaks from beef sirloin, different options for roasting, with garnish served by potatoes or vegetables. Sauces in English cuisine are almost not used.



# Sunday Roast Carvery

In addition, the British have a tradition of Sunday lunch (which is also common in Australia, New Zealand, the US and Canada.) Usually, such a meal is served with roasted meat (turkey, beef, chicken, pork or lamb) with vegetables, potatoes or Yorkshire Pudding (traditional pudding of Yorkshire County, prepared from batter and served up to the main course, with gravy and roast beef).



# The list of popular English dishes includes:

- Fish (often fried cod) and chips that are sold in fish and chips stores.
- Cornish pasty.
- Scotch egg (Scotch eggs).
- Cottage pie (or shepherd's pie, "shepherd's pie").
- Crackers with cheese.



# Delicacies:

- Scotland - oatmeal with meat and spices
- England - steaks
- Northern Ireland - trout







# Thanks

Fillyson  
Photography