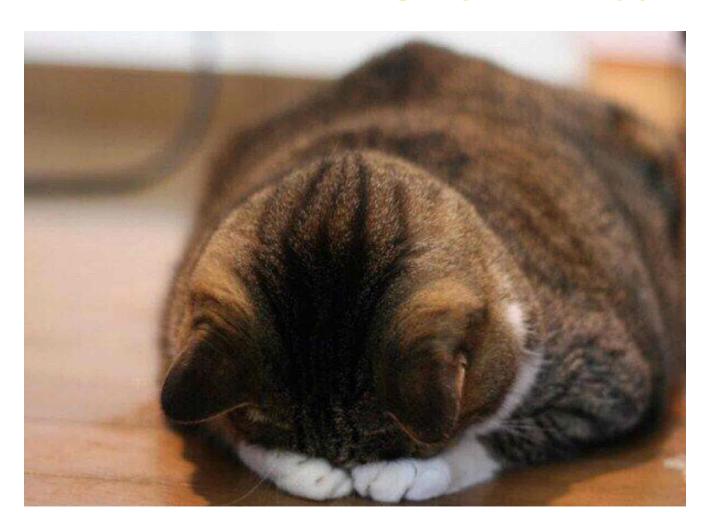
How to get rid of love addiction?



This instruction will help you cure a broken heart!

First, you must understand that this love is not mutual. This is not a tragedy, this happens.



Secondly, you must leave this person alone. Do not write to him, do not call, do not check his social networks.



Then you have to get distracted. The world does not revolve around one person.



Finally, you have to start a new life. Ahead of you will find many interesting discoveries!



Never drink alcohol if you are sad. It will only worsen your mood and state of mind.



Try to exercise regularly. It will distract you from thoughts of a broken heart and strengthen your body.



It is important to engage in your image. Be sure that a beautiful smile, athletic body, healthy skin and hair, new clothes will make your life more enjoyable.



Try to find a new hobby. It will be exciting and you will be able to make new friends.



Be sure that you will not be alone. On Earth, another 7 billion people. In addition, you have friends and family and they will always be there.



Always visit new places and meet new people. Perhaps there you will meet true love.

