

**A good health is  
above wealth**



# Match

An apple a day

makes a man healthy,  
wealthy and wise

Early to bed, early  
to rise

in a health body

Healthy mind

but all without health is  
nothing.

Health is not all

keeps the doctor away.



E

n

g

l

i

s

h

An apple a day keeps  
the doctor away

Early to bed, early to rise  
makes a man healthy,  
wealthy and wise

Healthy mind in a health  
body

Health is not all  
but all without  
health is nothing.



E

n

g

l

i

s

h

В здоровом теле –  
здоровый дух

Здоровье не все,  
но все без здоровья  
ничто

Кто рано ложится и  
рано встает,  
здоровье, богатство  
и ум наживет

Кто яблоко в день  
съедает, у того врач  
не бывает

## Translate words

Healthy ['helθi]

Vitamins ['vitəmins]

To keep to a diet ['daiət]

A sore throat [sɔ: θrəʊt]

To cough [kɔf]

Medicine ['medsin]

A patient [peɪjnt]



A surgeon ['sɜ:ɔʒən]

A veterinarian [,vetəri'neəriən]

A pediatrician [,pi:diə'triʃ(ə)n]

A headache ['hedeɪk]

A stomachache ['stʌməkeɪk]

An earache ['iəreɪk]

 To hurt back [hɜ:t bæk]

E

n

g

l

i

s

h

To cut hand [kʌt hænd]

Regular exercise [ˈregjʊlə ˈeksəsaɪz]

Sleep enough [lˈnʌf]

Vegetables [ˈvedʒɪtəbls]

Get up early [ˈə:li]

Ray [rei]

a pain [peɪn]



E

n

g

l

i

s

h

# Give the name

A PERSON WHO NEEDS A MEDICAL  
HELP.....



E

n

g

l

i

s

h

# A PERSON WHO TREATS CHILDREN ...



E

n

g

l

i

s

h



YOU CAN FIND THEM IN FRUITS AND VEGETABLES. THEY ARE NECESSARY FOR GOOD HEALTH



E n g i s h

# A PAIN IN YOUR HEAD

*MedicalPlanet.su*  
- медицина для вас.



E

n

g

l

i

s

h

YOU ARE FAT. YOU SHOULD.....



E n g i s h

# Modal verbs *must, should*

Modal verb	Negative form	Question
...should + V Должен, следует	...shouldn't + V Не следует	Should...V?
...must + V Должен, обязан	...mustn't + V нельзя	Must...V?

После should, shouldn't, must, mustn't **T** ❌



*find mistakes and translate*

You **must to** take this medicine.

You **should** call a doctor.

You **mustn't** get out the house.

You **shouldn't to** get out of bed.



E

n

g

l

i

s

h

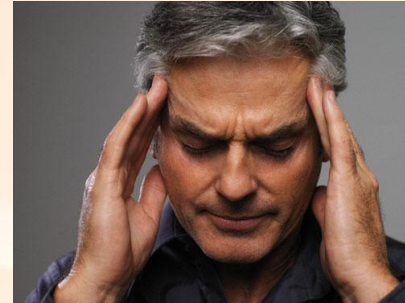
FILL IN THE GAPS WITH **SHOULD, SHOULDN'T, MUST, MUSTN'T**



Ruth



Teddy



Fred

Ruth ..... eat a lot of sweets.

Teddy ..... drink tea with lemon.

Fred ..... take medicine.



FILL IN THE GAPS WITH **SHOULD, SHOULDN'T, MUST, MUSTN'T**



Sam



Frankie



Jack

Sam .....

snacking.

Frankie..... stay in bed.

Jack ..... carry heavy things.



# SHOULD OR SHOULDN'T DO TO BE HEALTHY

## Should

Sleep enough  
Be friendly  
Eat healthy food  
Go in for sports  
Go to bed early  
Clean teeth  
Take a cold shower  
Eat vitamins



## Shouldn't

Work on computer too long  
Smoke  
Take too much medicine  
To snack  
Go to bed late  
Eat too many sweets





# THIRTEEN HEALTHY HABITS

1. Eat breakfast every morning.
2. Eat Fish
3. Sleep enough
4. Make social connections
5. Do exercises
6. Care for your teeth
7. Have a hobby



E

n

g

l

i

s

h

# THIRTEEN HEALTHY HABITS

8. Protect your skin
9. Eat healthy between meals
10. Drink water
11. Drink tea
12. Take a walk every day
13. Have a plan



E

n

g

l

i

s

h

# COMPLETE THE SENTENCES

**Begin with these phrases:**

- To be healthy you should.....
- It's important.....
- You shouldn't forget about.....
- I wish everybody.....



Be healthy!!!  
Thank you for the  
lesson!!



E

n

g

l

i

s

h