

Sevastopol State University

JUDO



Subject: English language

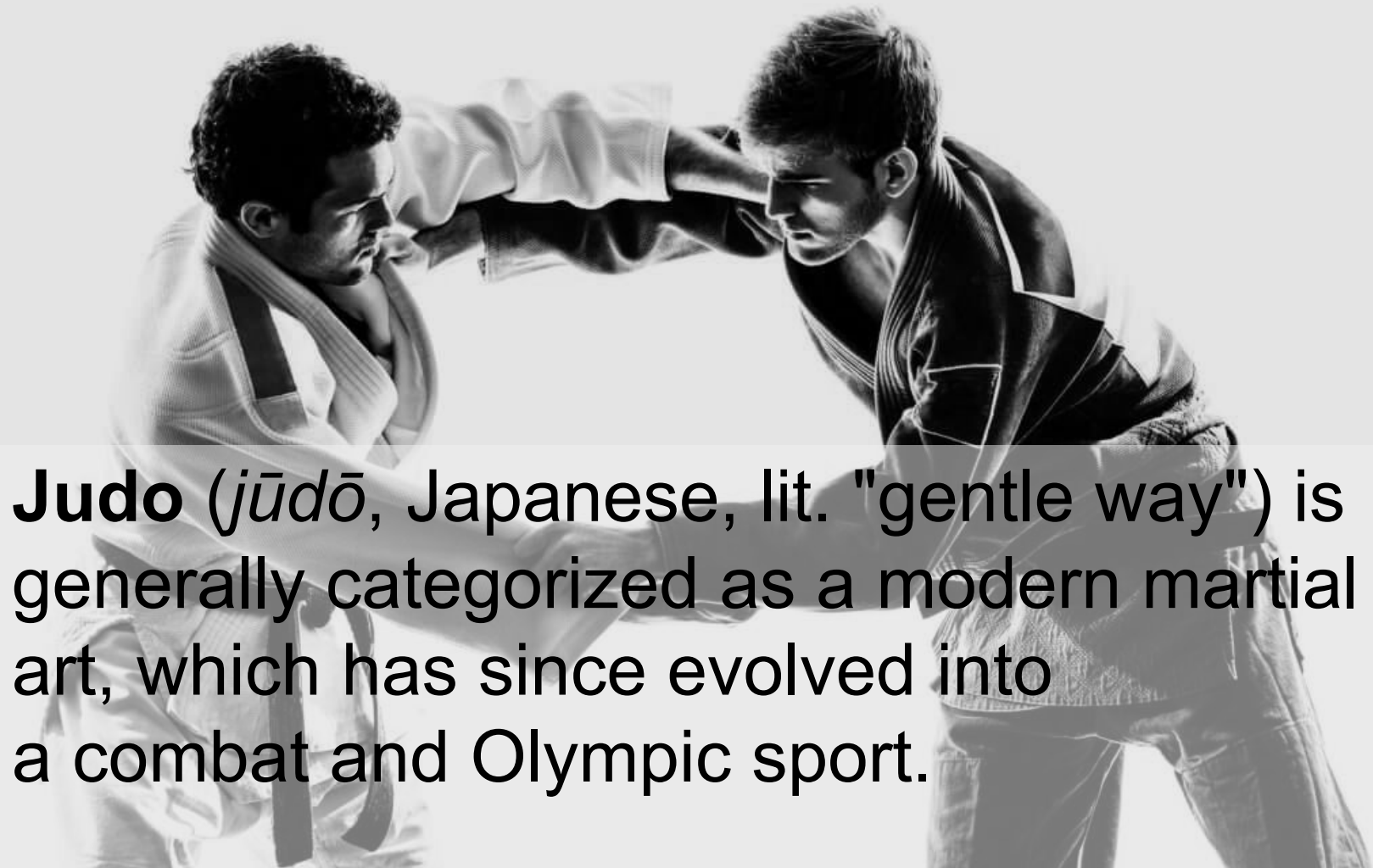
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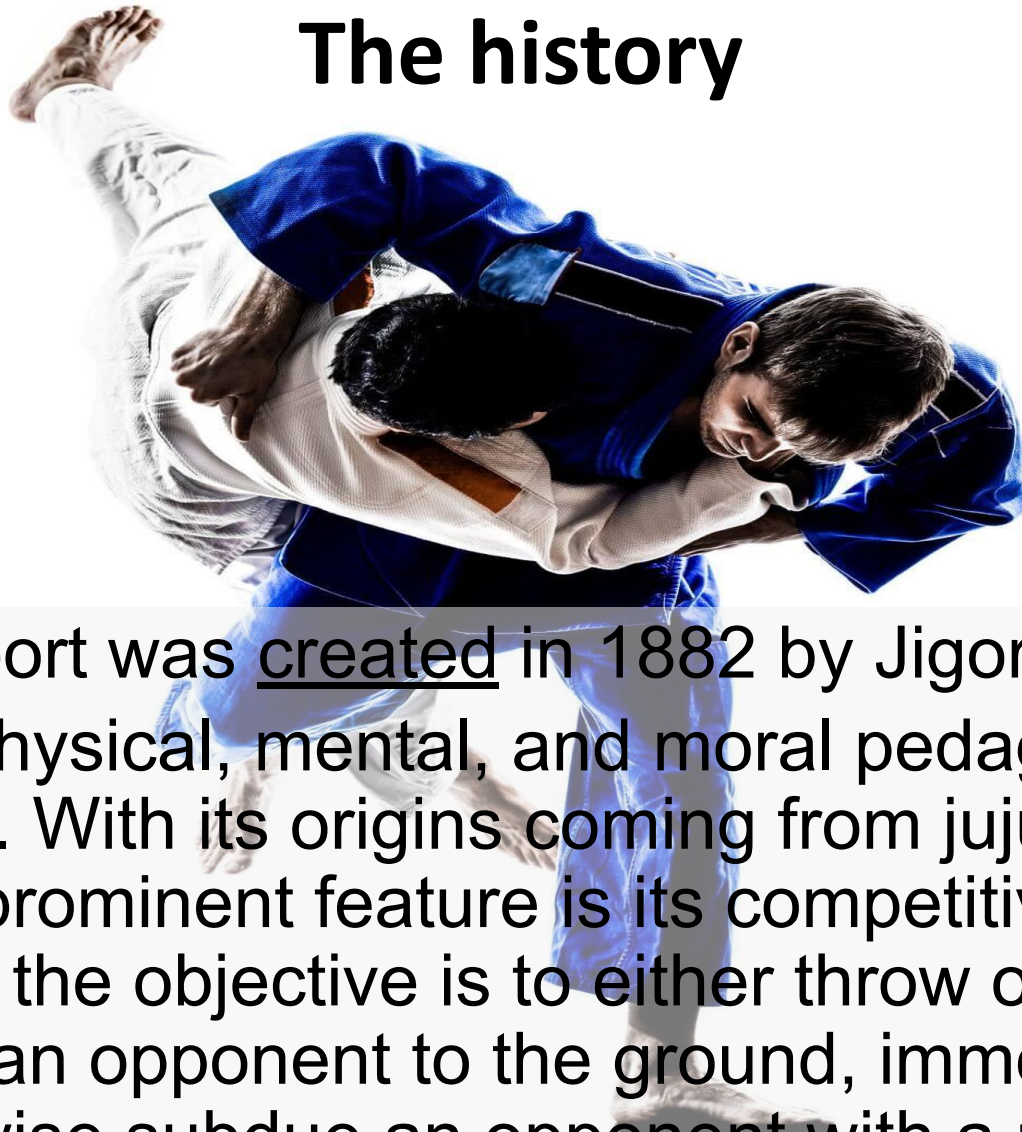
Sevastopol, 2020

What is judo?

A black and white photograph of two men in judo gi (uniforms) sparring. The man on the left is in a defensive stance, leaning forward with his arms extended. The man on the right is in an offensive stance, leaning forward with his right arm extended towards the other man's head. The background is a plain, light color.

Judo (*jūdō*, Japanese, lit. "gentle way") is generally categorized as a modern martial art, which has since evolved into a combat and Olympic sport.

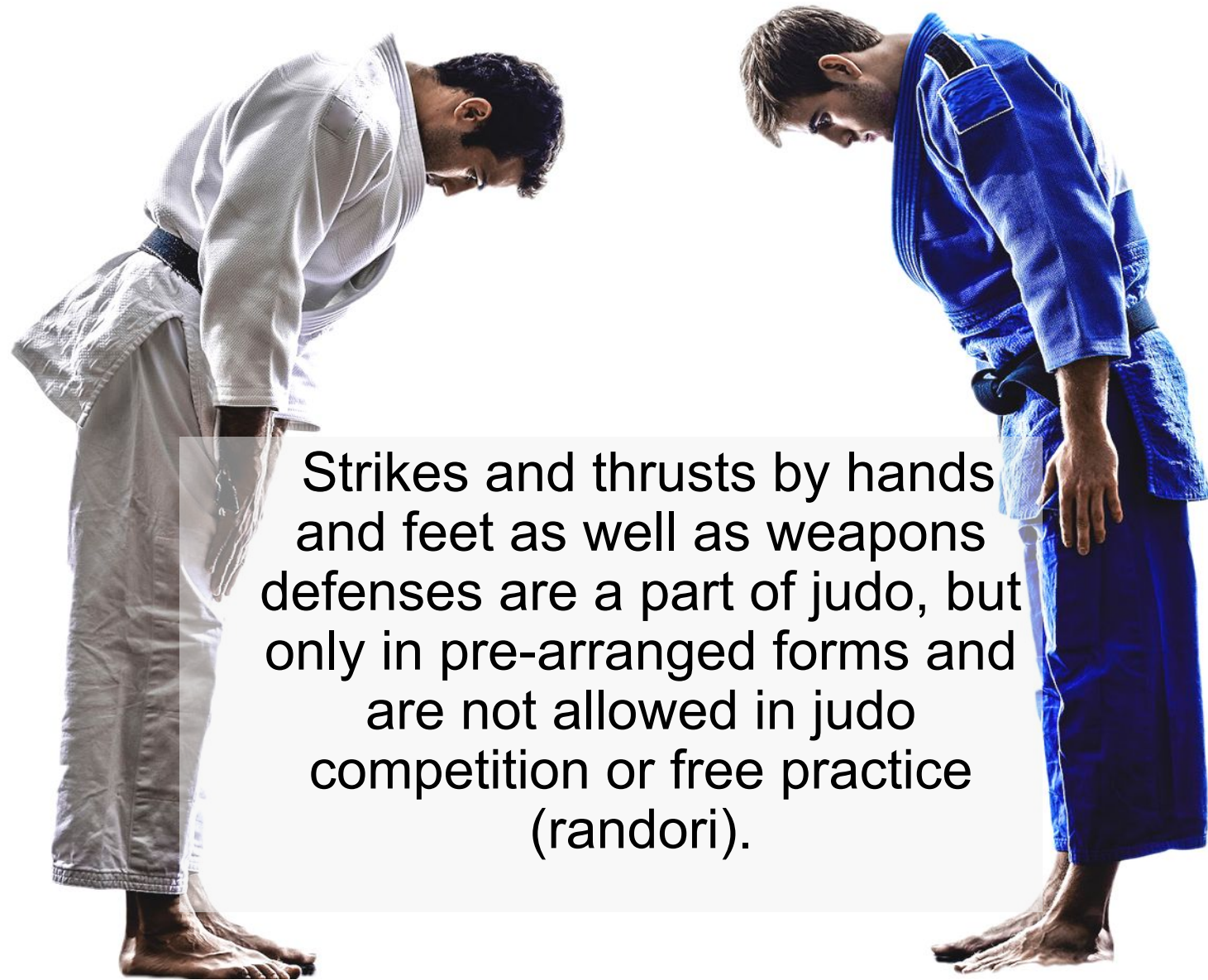
The history



The sport was created in 1882 by Jigoro Kano as a physical, mental, and moral pedagogy in Japan. With its origins coming from jujutsu, judo's most prominent feature is its competitive element, where the objective is to either throw or take down an opponent to the ground, immobilize or otherwise subdue an opponent with a pin, or force an opponent to submit with a joint lock or a choke.

Jigoro Kano- the founder of Judo





Strikes and thrusts by hands and feet as well as weapons defenses are a part of judo, but only in pre-arranged forms and are not allowed in judo competition or free practice (randori).

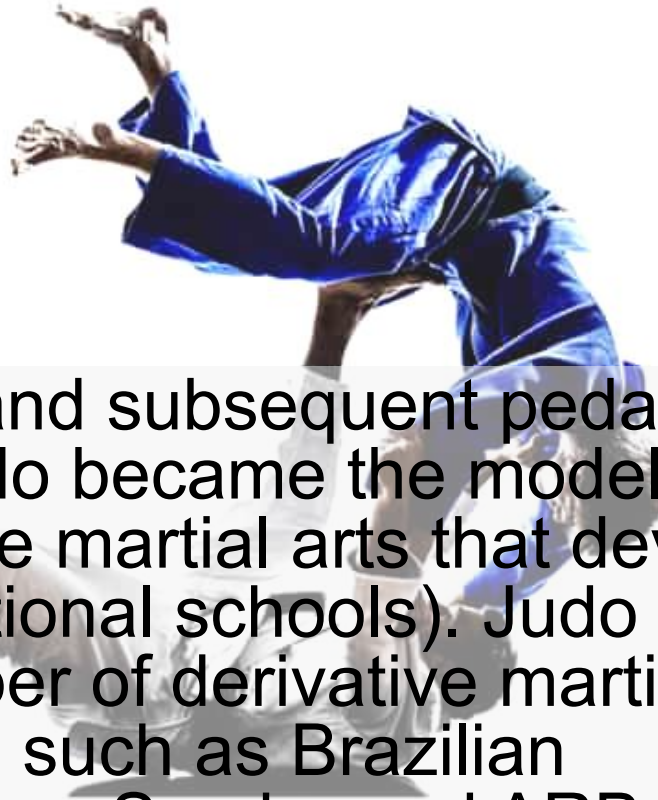


It was also referred to as Kanō Jiu-Jitsu until the introduction to the Olympic Games. A judo practitioner is called a "judoka", and the judo uniform is called "judogi".



In 1929 the first European international judo competitions between the English club Budokwai and athletes from the clubs of Frankfurt am Main and Wiesbaden took place in Germany.

The influence of judo on the other sports



The philosophy and subsequent pedagogy developed for judo became the model for other modern Japanese martial arts that developed from koryū (traditional schools). Judo also spawned a number of derivative martial arts across the world, such as Brazilian jiu-jitsu, Krav Maga, Sambo and ARB.

Thank you for your attention!

Have a nice day!