## Lesson 23

Vocabulary: food
Grammar: countable and uncountable nouns Speaking: eating habits

Write the words.

bread


3 $\qquad$

4 $\qquad$


## What's your breakfast like?



# Dominic from Bath in the UK 

I have breakfast at home. I have cereal, fruit, and yoghurt, and I drink espresso coffee with hot milk. I usually have orange juice, too.
I like my breakfast.
I think it's very healthy.


On Saturdays, my friends and I have a typical American breakfast. We don't have it at home, we go to a restaurant. We eat eggs, potatoes, sausages, and toast, and we drink orange juice and coffee. I don't have a big breakfast during the week, only toast and coffee. But I really like my breakfast on Saturdays!


In my family we have a traditional Japanese breakfast. It isn't very different from lunch and dinner. We have rice, fish, and miso soup, and we drink green tea. Today a lot of Japanese people have a European breakfast, and they don't drink tea, they drink coffee. I prefer our traditional breakfast.
c (2)28)) Read and listen about Louisa and Ken. Complete the chart.

|  |  | Dominic | Louisa |
| :--- | :--- | :--- | :--- |
| Ken |  |  |  |
| Drink | coffee, hot milk, orange juice |  |  |
| Food | cereal, fruit, yoghurt |  |  |

(2) 301$)$ ) Listen to four people. What's their favourite meal of the day? Complete column 1 in the chart with breakfast, lunch, or dinner.

|  | 1 Favourite <br> meal |
| :--- | :--- |
| Chris |  |
| Josh |  |
| Jackie |  |
| Steve |  |

## Check answers.

## Chris breakfast Josh dinner <br> Jackie lunch Steve breakfast

(2) 30 )) Listen to four people. What's their favourite meal of the day? Complete column 1 in the chart with breakfast, lunch, or dinner.

|  |  | $\begin{array}{c}1 \text { Favourite } \\ \text { meal }\end{array}$ | 2 Where |
| :--- | :--- | :--- | :--- | \(\left.\begin{array}{c}3 Food and <br>

drink\end{array}\right]\).

## Check!

| Chris | 2 at home |
| :---: | :---: |
|  | 3 fruit juice or fruit salad, coffee, toast |
| Josh | 2 at home |
|  | 3 soup or pasta |
| Jackie | 2 at a friend's house |
|  | 3 chicken soup, meat and vegetables |
| Steve | 2 at home |
|  | 3 eggs |

## 6 SPEAKING

a Read the sentences. Tick $(\checkmark)$ if they are true about you / your country.


## My eating habits

## Always <br> Often

## for breakfast

Sometimes
Never
for lunch
Every day
for dinner

## Listen and write words

## Check!

FChecker Listen and underline the stressed syllable.
cerleal
cholcolate
saulsalges yolghurt
po|ta|toes vege|ta|bles
break|fast sand|wich

## LISTENING

Checker Listen to six speakers talking about food. Match the speakers with the meals.

| 1 | $b$ | a a traditional breakfast <br> b a healthy breakfast |
| :--- | :--- | :--- |
| 2 | - | c lunch at work |
| 3 | - |  |
| 4 | d lunch in a restaurant |  |
| 5 | - | e a big dinner |
| 6 | f food from other countries |  |

\#5Alist

## Describing food likes/ dislikes

structures to describe your preferences


I like apples


I like apples


I don't like peaches
and
pears.


I don't like bananas.
pears.

## I like wine ____ beer.



## I don’t like muesli, ___ I like crisps.



5o is




## I don't like cucumbers

 onions.



$$
1
$$

## My food likes, dislikes

 I love... and... I love ... and I quite like ... I hate ... and ... I really/ quite like ... and ... I don't like ... or...I love ...and..., but I don't like ...or... I love ... but I hate...

