

METHODS PSYCHOLOGY



«The mind is everything.
What you think you become».

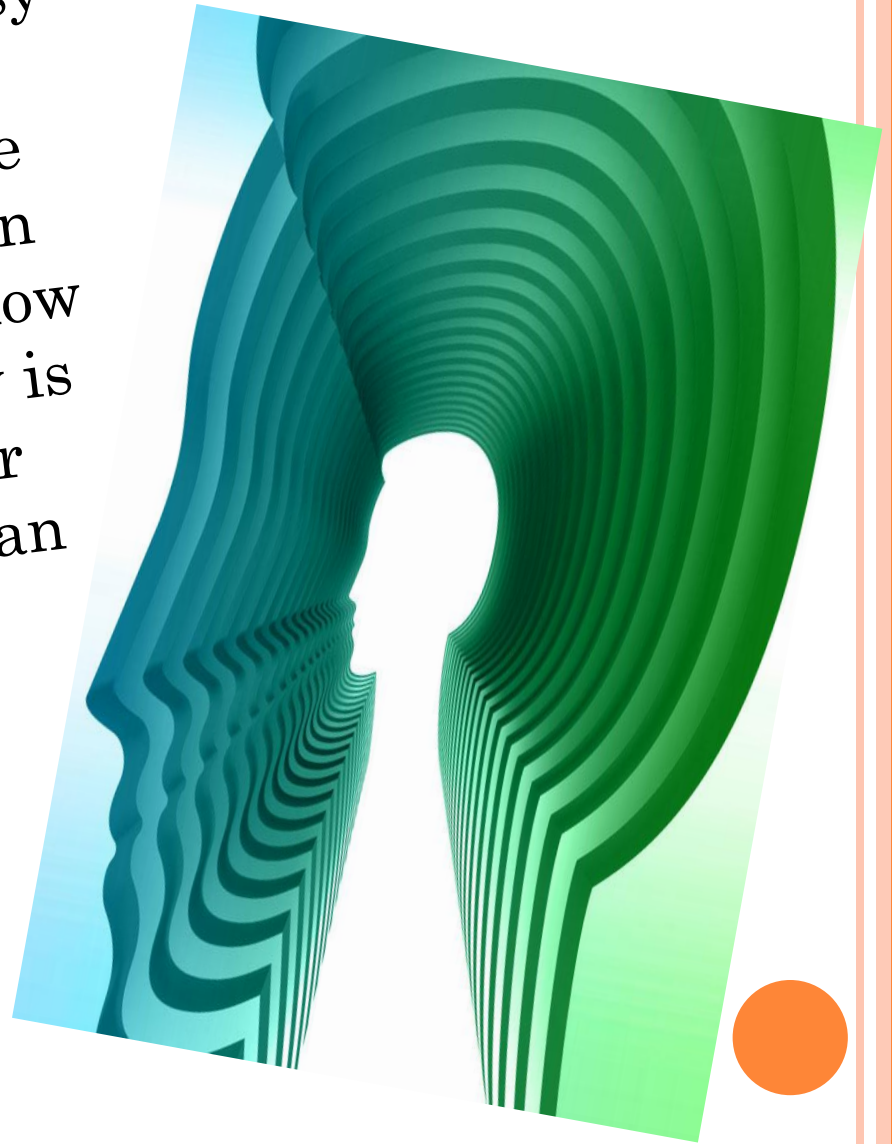
Buddha

- ❑ **Psychology is a necessary and widespread science today which helps many people. It deals with our everyday problems, helps to solve communicational problems and understand other people's needs. We socialize all the time, even when we keep quiet there is something that we want to say.**

PSYCHOLOGY



Studying human psychology makes it easy to see many things. Everyone at least once has been in a situation when he didn't know how to behave. Psychology is designed namely for understanding human behavior.



- We can point out **verbal** and **non-verbal** contact. **Verbal type** is easier to define, as it's connected with what people directly tell us.

Non-verbal type is much more difficult to lead though. It's connected with body language, with our unconscious emotions and reactions.

Body language is rather important in everyday life.





Understanding the subject of psychology throughout the history of the existence of this science has changed. Different thinkers, representatives of various schools and trends, depending on the status occupied by psychology in the knowledge system, from the explanatory principle guided by thinkers, schools and currents, the methods of cognition used to express and express a different understanding of the subject of psychology.



IN PSYCHOLOGY, BASIC AND AUXILIARY METHODS ARE DISTINGUISHED

Method of
observation

Experiment
method

Method of
conversation

Method of
interview.

Method of
expert
evaluation.



Method of observation

The main advantage of the method is that the observation is carried out in a natural situation; it does not change the usual behavior of the observed persons. Observation can be conducted both for one person, and for a group of persons. This method is convenient for studying in the kindergarten or school class.



Experiment method

The main difference and merit of the experiment is that the researcher can at will cause some kind of mental process or property, to trace the dependence of the psychic phenomenon on external conditions. This advantage of the experimental method explains its very wide application in psychology. The bulk of empirical factors in psychology was obtained experimentally. However, not every research task can be solved by experiment.





Method of conversation

Method of conversation. It is applied at different stages of the study both for conducting the initial orientation and for clarifying the conclusions obtained by other methods, especially by observation methods. A skillful application of the method can yield very valuable results.



Method of interview

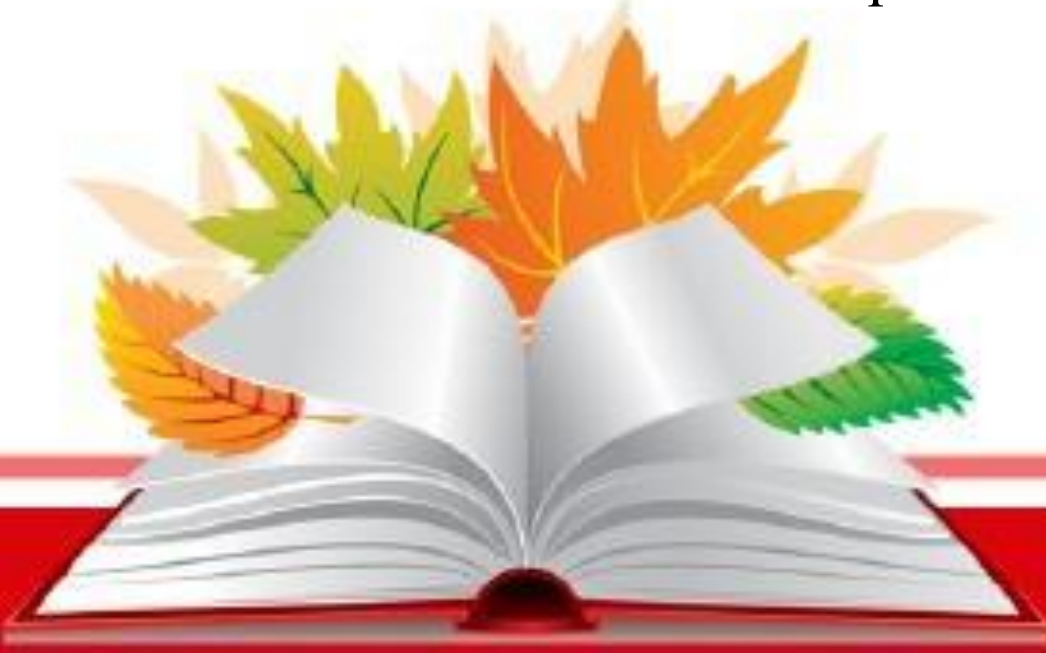
This method differs from the questionnaire method used in sociology in psychology. Like the method of conversation, the interview refers to the methods of interviewing.

Method of expert evaluation

It is widely used in the psychology of personality. As experts, competent persons who know the subjects well can act: educators of kindergartens and boarding schools, class leaders, craftsmen and others.

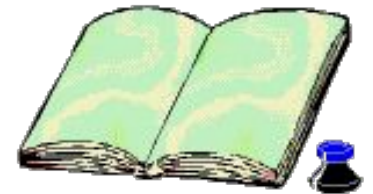
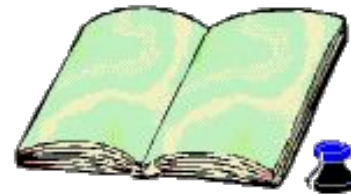
Test method

Tests are specialized methods of psychodiagnostic examination, using which one can obtain an accurate quantitative or qualitative characteristic of the phenomenon under study. From other methods of research, the tests differ in that they presuppose a clear procedure for the collection and processing of primary data, as well as the originality of their subsequent interpretation.





□ In addition to these methods designed to collect primary information, various methods and techniques for processing these data and their logical and mathematical analysis are widely used in psychology to obtain secondary results, that is, the facts and conclusions resulting from the interpretation of the processed primary information.





**THANK YOU
FOR
ATTENTION!**