

Kazakh-Russian Medical University

Independent Work

Theme: The Physical Examination

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PLAN

- Definition
- The Physician–Patient Interaction
- Questions

Definition

- Physical examination is the process of evaluating objective anatomic findings through the use of observation, palpation, percussion, and auscultation. The information obtained must be thoughtfully integrated with the patient's history and pathophysiology.



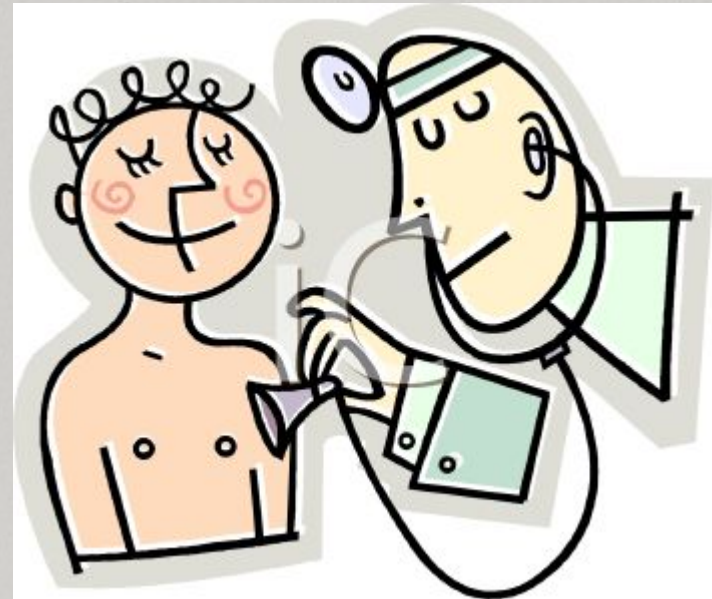
Moreover, it is a unique situation in which both patient and physician understand that the interaction is intended to be diagnostic and therapeutic. The physical examination, thoughtfully performed, should yield 20% of the data necessary for patient diagnosis and management



The Physician–Patient Interaction

- Aside from the hospital room and office, physical examination may occur in a variety of other settings where it is difficult to establish privacy and quiet. The best resource available to the physician to set the stage for the physical examination is to communicate respect and a genuine interest in the patient's welfare.

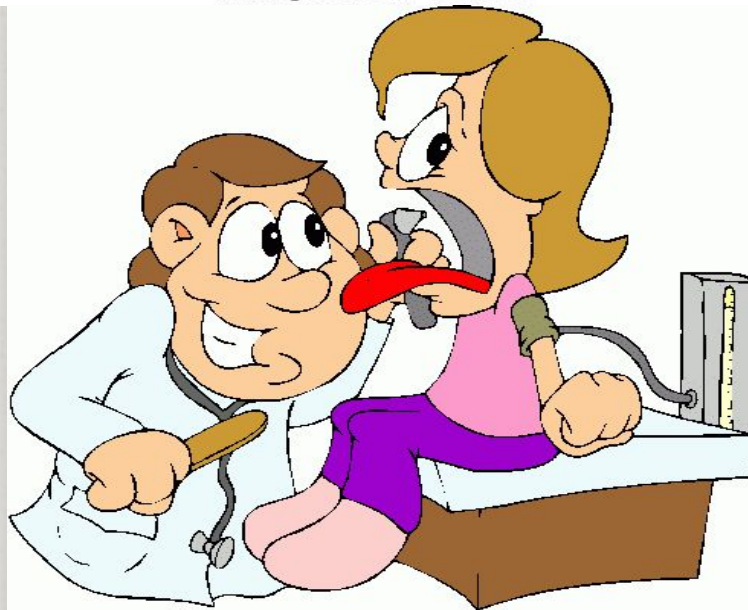
- o The patient should be addressed politely and asked to perform the required maneuvers of the examination, a technique far preferable to imperative language such as, "I want you to. ..." Patients should be prepared for unpleasant portions of the examination.



O Aside from explanations and reassurance, it is not necessary to maintain a continuous conversation with the patient during the examination. Avoid embarrassing the patient. Be certain that draping material is used appropriately and that personal areas are not subjected to undue exposure.



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0 An examination that ends abruptly may diminish the value of the doctor–patient relationship and may destroy its therapeutic content. The patient may benefit from a brief summary of relevant findings and may require reassurance about what has and has not been found.

Questions

1. What is it physical examination?
2. Physical examination should be given as per cent of diagnosis?
3. What accounts for the physical examination?
4. Where can I consider a physical exam for the patient?
5. How to behave during the inspection of the patient?
6. How to behave during the inspection of the doctor?
7. Inspection therapy treatment can destroy the contents?
8. What speech can gather information related to the physical examination?
9. What kind of things aspects of the patient's habits can be established?
10. The information obtained from the survey should be thoughtful integrated with the patient's history and how well?