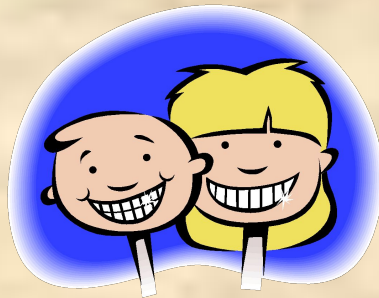


Teeth and healthy eating



There are **four** different types of teeth.



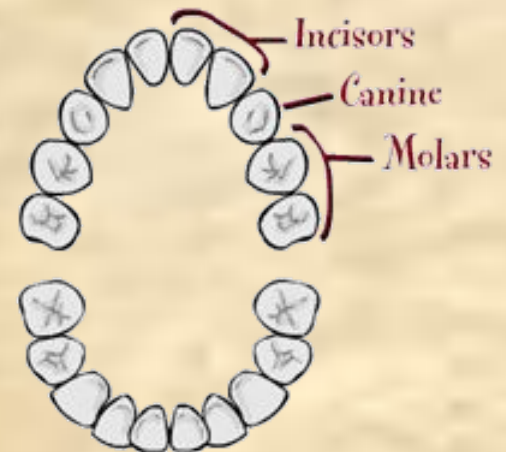
Incisors and canines



molar



pre molar

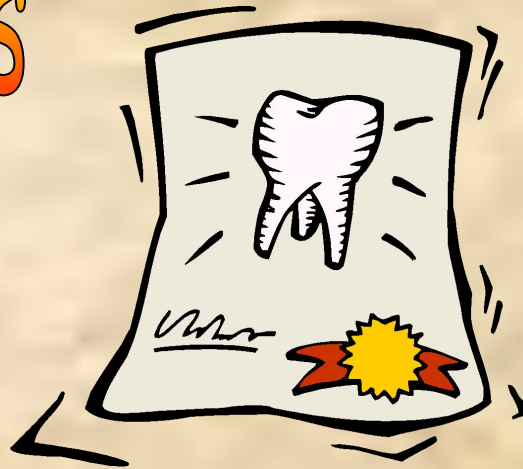


First teeth-sometimes called "Baby Teeth"

Teeth are made from a hard substance called enamel

What do the different teeth do?

incisors
cut



canines
tear

pre molars
rip

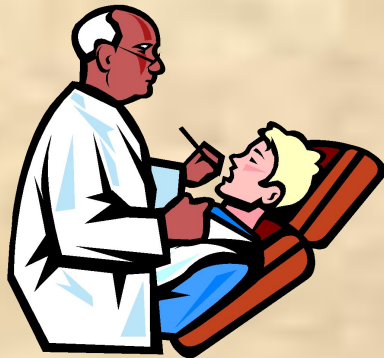
molars
chew

How can I look after my teeth?



Brush your teeth twice a day

Try not to eat too many sweets

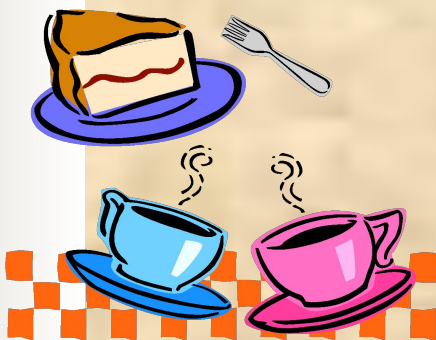


Visit the dentist twice a year

What foods are good for our teeth?



Foods that cause tooth decay



How are cavities caused?



Bacteria causes a build up of plaque.

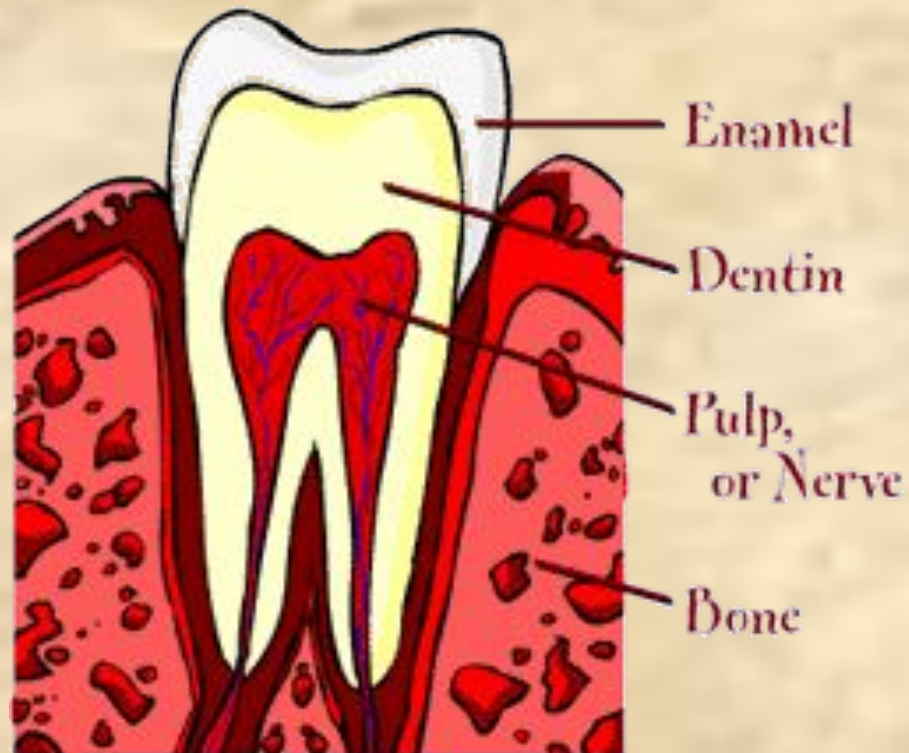


Plaque acid attacks the tooth



The tooth eventually rots away

What are the parts of a tooth?



Cross-section of a tooth

So what do I do to keep my teeth healthy?



Brush regularly



Visit the dentist



Floss



Eat sensibly



Look after your gums

Terminology

English	Russian	Kazakh
To bite	кусать	Тістеу
Canines	клыки	Сойдақ тіс
Dentine	Дентин	Дентин
Enamel	Эмаль	Тіс кіреуекесі
Flossing	Чистка нитью между зубов	Тіс арасын жіппен тазалау
Incisors	Резцы	Күрек тіс
Molars	Большие коренные зубы	Үлкен азу тіс
Premolars	Малые коренные зубы	Кіші азу тіс
Pulp cavity	Полость пульпы	Пульпа қуысы
Set	набор	Жиынтық
To emerge	Появляться, выходить	Шығу
To shed	Выпадать, сбрасывать	түсу

Thank you for watching our presentation

