



What food is eaten by
our class-mates



- Our class-mates love to eat a delicious meal. But they do not know that not all delicious meal is useful.



Food from McDonald's



- All love the meal of quick-cooking



Chips, risks daily meal

- In many shops there are for sale almost every pupil which vitamins are not not only but also very many harmful matters. They harmful influence on health people especially children. It is possible to eat to one's fill by them but a benefit will not be. But this meal of remains popular among teenagers.



Sweetnesses



- Whoever loves sweetnesses: different long loaves, cakes, candies..
- They are such delicious in fact, that nobody can hold out.



Healthy food

- But our class-mates like yet to eat useful food : different fruits and berries with vitamins



We must think of it health
and not eat a harmful meal.
And to eat a healthy meal in
which many vitamins.

