



Chicory

Cichorium intybus

The flower heads are bright blue, rarely white or pink. It flowers from July until October.



First recorded usage of Chicory was in ancient Egypt where it is believed that it offers health benefits for liver and gallbladder.




Chicory are prized for its leaves, roots and buds which are edible. Chicory leaves are used for salad and other meal preparation, while chicory roots are used as coffee substitute and additive



Chicory is a woody plant that can grow to about 10 to 100 cm tall.



A white ceramic cup filled with dark coffee sits on a matching white saucer. The cup and saucer are placed on a light-colored wooden tray. To the left of the cup, a single blue flower with a green stem and leaves is placed on the saucer. The background is a blue textured surface.

In the United States chicory root has long
been used as a substitute for coffee in
prisons

The chicory flower is often seen as inspiration for the Romantic concept of the Blue Flower



**THANK YOU
FOR YOUR
ATTENTION**