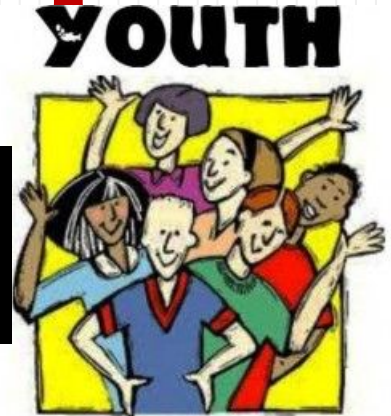






# What opportunities do young people have nowada



**PROGRAMS**





**Take part in  
exchange  
programmes**



**Travel around the  
world**



**Study abroad**







A blue line-art illustration of a rocket ship on the left and a planet with rings on the right, with two stars scattered around them. The background is a light blue grid.

# Culture Shock



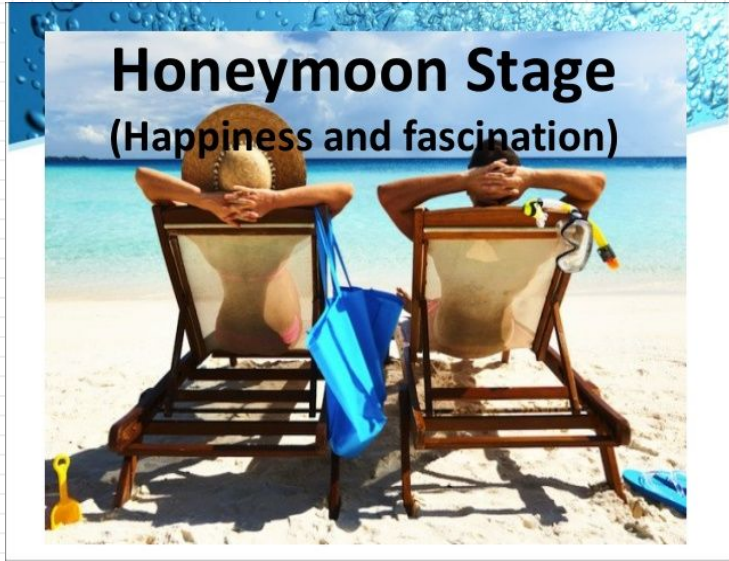






# Step 1: Honeymoon Stage

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Person is excited and experience a new lifestyle. You are stimulated and enriched. During this stage, you still feel close to everything familiar back home.

