## HUNGER AND OBESITY IN AMERICA

The documentary film "A Place at the Table" (2012) shows how hunger and obesity poses serious economic, social and cultural implications for the United States and introduces solutions to the problem.

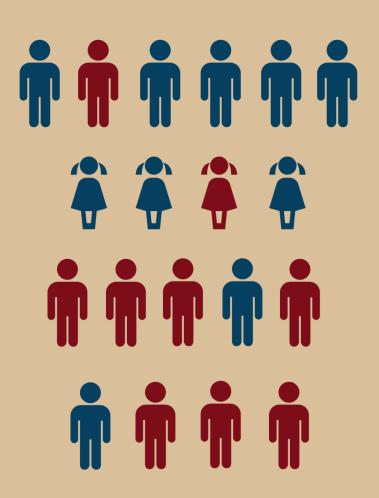
It includes the insights from those who suffer it, sociologists, activists, politics, doctors, ordinary citizens like pastors and teachers and even an Oscar-winning actor.





FOOD INSECURITY – the situation when people have no idea when and how their next meal is going to come in.

#### FUN FACTS



1 out of 6 Americans is food insecure

1 out of 4 children in America is food insecure

4 out of 5 Americans think food insecurity is a problem in America

3 out of 4 Americans said government is not doing enough to solve it

#### STORIES OF PEOPLE WHO ARE FOOD INSECURE

#### ROSIE

'I have hunger pains, and sometimes when I see my teacher, I have a vision of banana, and my classmates are apples'

#### **BARBIE**

The assistance programs are very hard to qualify for – there is no definition for starving families there'

#### **TREMONICA**

'Many people believe there is a huge gap between hunger and obesity. In fact, they are neighbors'

'Usually, when people hear the word *hungry*, they imagine dying children in Southern Africa. But hunger is right here, in America. It can be next door and you will never know, because people are afraid to talk about it'

Hunger and obesity are different sides of the same coin – food insecurity.

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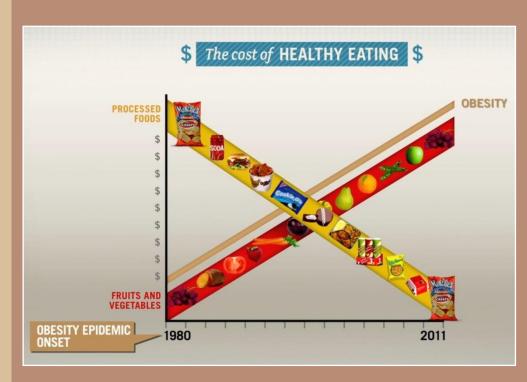
## FOOD DESERTS – areas where people have to travel great distances and spend several hours on the way to shop at a

hours on the way to shop at a fully-stocked supermarket, where they can find vegetables and other nutritious food.

'If you want fruits, there are just no stores. What you can find easily is cookies, ice creams and cheeps'



Relative price of fruits and vegetables has gone up by 40% since the previous century.







The budget of public schools is 2 dollars and 68 cents per child to feed. Most schools report they actually have only 1 dollar.

#### 1 IN EVERY 2

children receive federal food assistance

Any kind of nutritional deprivation, especially in the first two years of life, can have lifelong consequences for a child.



### 'IN THIS COUNTRY, THE MOST BASIC HUMAN NEED MUST BECOME A HUMAN RIGHT'

LEGISLATION CHANGES

COMPLEX AID SYSTEM **CHARITY** 

'We don't have a food policy in this country to address hunger'

The cost of hunger and food insecurity to the U.S. economy is 167 billion dollars per year.

'If another nation was doing it to us, to our children, we would be at war.

That's insane'

'Hunger is a political condition – we have the resources to end it, but we lack the political will'



# THANK YOU FOR YOUR ATTENTION