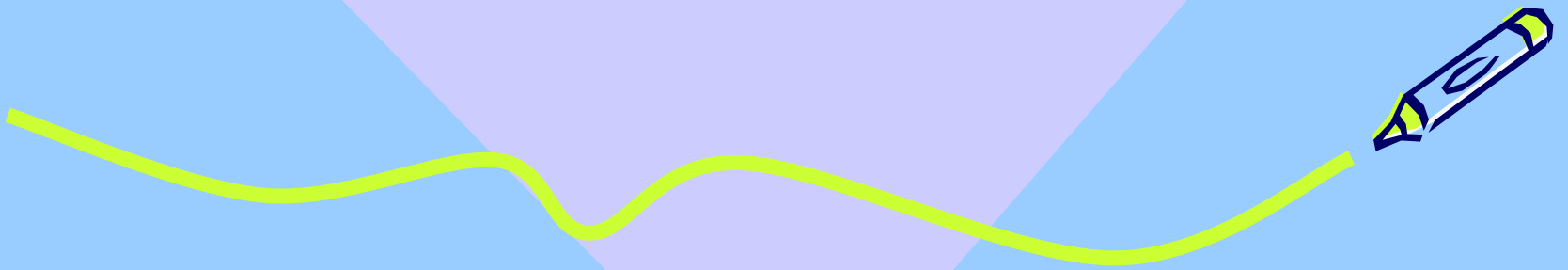
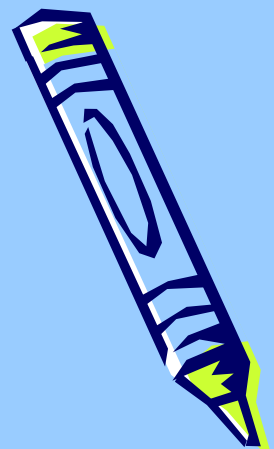


**Present
simple and continuous**



Present simple

- Form: I/you/we/they work.
He/she/it works.
I/you/we/they don't work.
He/she/it doesn't work.
Does he work? Do they work?



Use: we use the present simple tense to:

-give information about permanent activities

They go to school every day .
They *don't* go to the cinema.
- Do they go to restaurant ?
- No, they *don't*.



-describe a state that doesn't change:

(He **looks** like his father.)

-talk about routine activities, repeated actions or habits:

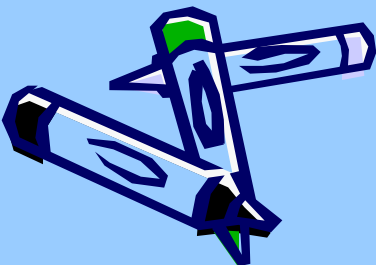
(I often **travel** abroad on business.)

- Timetable and programs:

(The airplane arrives at 8 pm.)

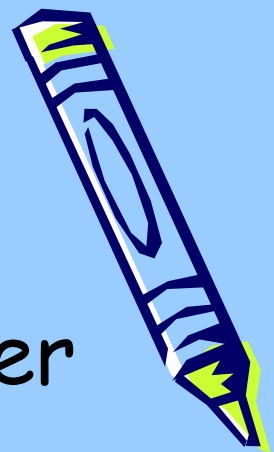
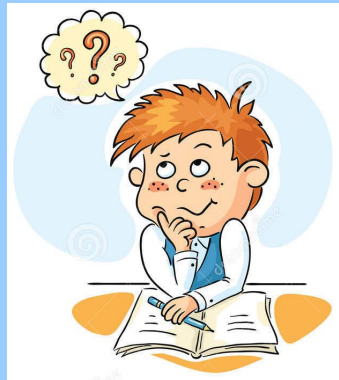
- When we talk about feelings and emotions

(I don't like basejumping because it's too dangerous)

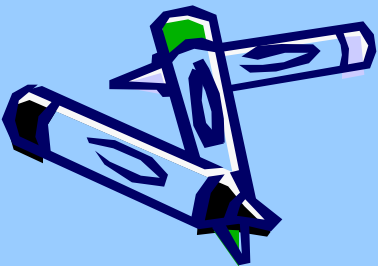


-some verbs are always used in the present simple (not with -ing):

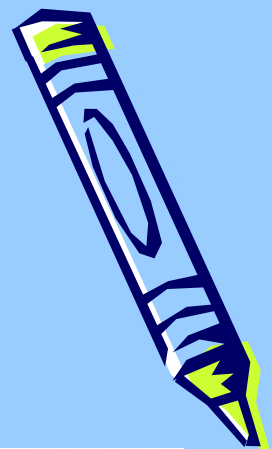
What do you mean? I remember her name.



Full list of stative verbs you can find at the end of your books (GR1)



Present continuous



- Form:

✓	I	AM		working.
	He, She, It	IS		
	We, You, They	ARE		
✗	I	AM NOT		working.
	He, She, It	IS NOT/ISN'T		
	We, You, They	ARE NOT /AREN'T [ɑ:nt]		
?	What	AM	I	doing? working?
	Where	IS	he, she, it	
	When Why How	ARE	we, you, they	



Use: - describe activities in progress at the moment of speaking

(She is talking to him on the phone right now.)

- describe temporary situations:

(The delegation is staying at the Hilton until Friday.)

- refer to future arrangements:

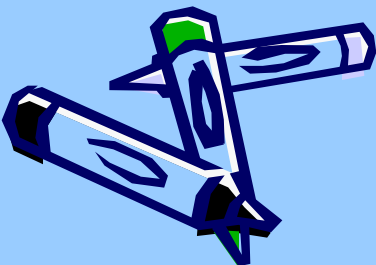
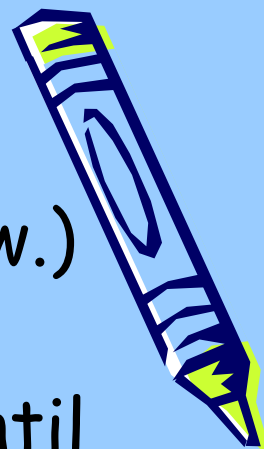
(He is starting a new job next week.)

- describe changing situation:

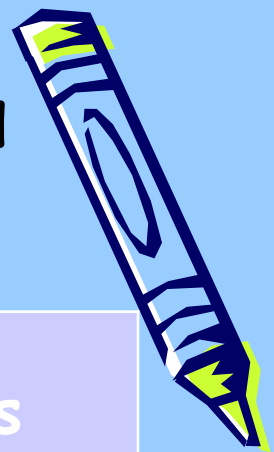
(We are developing a new marketing strategy.)

- sometimes with "ALWAYS" to show emotional state (as usual anger) caused by an action repeated too often:

Harry and Sally are always arguing!



Time markers which will help you



Present Simple	Present Continuous
Usually, often, always, every day/week/year/etc, sometimes, never, seldom, in the morning/afternoon, at night, on Friday, in April...	Now, at the moment, at present, these days, nowadays, still, today...

