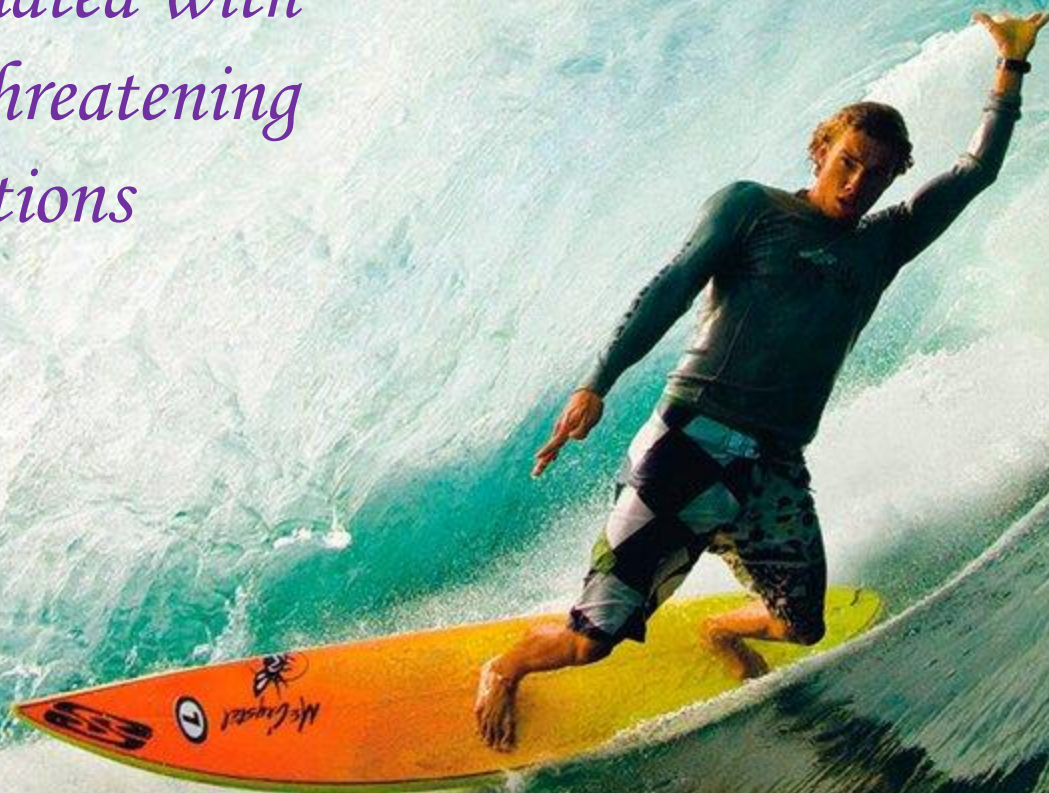


Extreme sports

A wide-angle photograph of a snowy mountain slope. The sun is low on the horizon, creating a bright glow and long shadows. In the foreground, a ski binding is visible on the right side. The snow is textured with tracks and shadows.

made by Kirill Chertkov

Extreme sports —
sports that are usually
associated with
life-threatening
situations



People do extreme sports to relieve stress.





*There
are
many
types
of
extreme
sports.*

The most popular are

- Diving*
- Rafting*
- Skydiving*
- Surfing*
- Skateboarding*
- Mountain biking*
- BASE jumping*



I would like to talk about skateboarding



Skateboarding was founded in California in 1950.

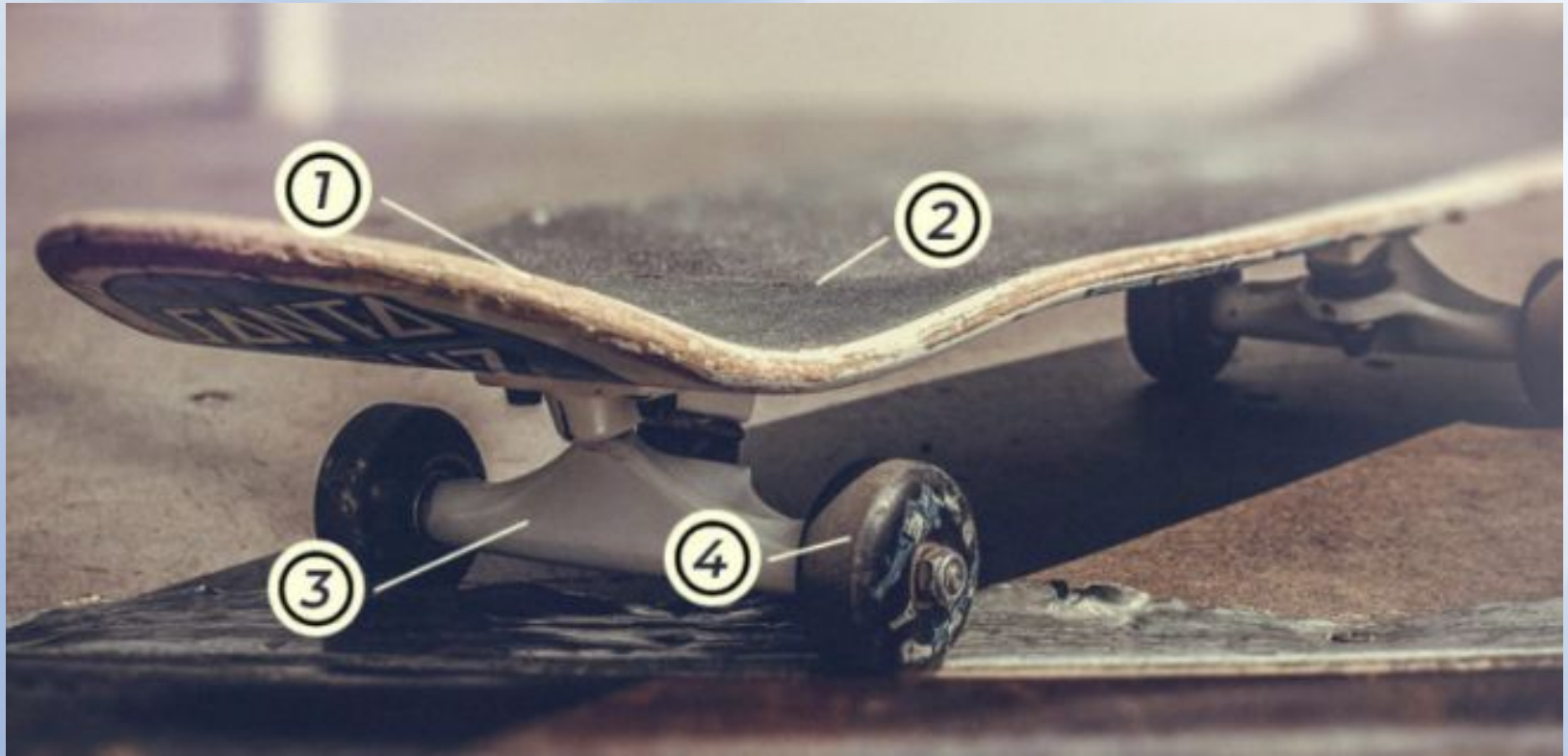


It was invented by surfers who had nothing to do when there were no waves in the ocean.



Surfboard manufacturers began producing small batches of boards with wheels in 1962.

The skateboard was improved in 1970



1 – dec 3 – suspension

2 – griptape 4 – wheel

In our time, special platforms have been created in large cities.

